

2019 UW Indoor Preview - 1/12/2019

Dempsey Indoor, Seattle WA

Meet Program

Event 3 Women 60 Meter Dash Qualificatio (40)**Saturday 1/12/2019 - 9:45 AM****Heat Winners +9 Time Qualifiers****Advance to Preliminary Round**

Dempsey: 7.15 2/25/2017 Jasmine Todd / Hannah Cunliffe
 Meet: 7.15 1/17/2015 Jasmine Todd

Lane	Name	School	Seed Time
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Heat 1 of 7 Prelims

1	Greene, Emily	Western Wash	
2	Misi, Maddie	Concordia (O)	
3	Jerome, Rachel	Trinity West	
4	Bradley, Hannah	Western Wash	
5	Richardson, Faith	Unattached	
6	Henry, Divina	Fresno State	

Heat 2 of 7 Prelims

1	Miller, Lauren	Oregon State	
2	Foster, Rhesa	Oregon	
3	Quaynor, Meyer	Simon Fraser	
4	Lindsay, Emily	Simon Fraser	
5	Igbonagwam, Peace	Seattle Paci	
6	Soliman, Renee	Seattle U.	

Heat 3 of 7 Prelims

1	Taylor, Jaleesa	Western Wash	
2	Hobbs, Briecasha	Oregon	
3	Wilson, Alisha	Tahoma TC	
4	Ries, Marie	Alaska Ancho	
5	Robinson, Jaimie	Oregon	
6	Ellis, Lexi	Oregon	

Heat 4 of 7 Prelims

1	Farner, Anna	Seattle Paci	
2	Moore, Michaela	Seattle U.	
3	D'Arpino, Venessa	Unattached	
4	Best, Ashlan	Stanford	
5	Villers, Tommi	Concordia (O)	
6	Bouyer, Jenna	Seattle Paci	

Heat 5 of 7 Prelims

1	Cook, Chaquinn	Oregon	
2	D'Arpino, Kerissa	Oregon	
3	DeBorde, Madeline	Step Ur Game	
4	Kaba, Asa	Washington	
5	VanZant, Ronni	Concordia (O)	

Heat 6 of 7 Prelims

1	Brown, Iman	Oregon	
2	Stepper, Julia	Seattle Paci	
3	Ferguson, Andira	Fresno State	
4	Yuen, Camryn	Simon Fraser	
5	Madarieta, Noelina	Fresno State	

Heat 7 of 7 Prelims

1	Smith, Savannah	Western Wash	
2	Waller, Hannah	Oregon	
3	Robinson, Kaylah	Oregon	
4	Allen, Macie	Concordia (O)	
5	Shearer, Jazlynn	South Bay Tr	
6	Vinjamuri, Rachel	Oregon	

Event 16 Women 200 Meter Dash (36)**Saturday 1/12/2019 - 3:00 PM**

Dempsey: 23.09 2/24/2017 Kendall Ellis
 Meet: 23.60 1/13/2018 Jaide Stepter

Lane	Name	School	Seed Time
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Section 1 of 8 Finals

1	Foos, Isabella	Western Wash	
2	Wilson, Taryn	Western Oreg	
3	Sloan, Emily	Oregon	
4	DesRosiers, Briyahna	Unattached	
5	D'Arpino, Venessa	Unattached	

Section 2 of 8 Finals

2	West, Bryce	Simon Fraser	
3	Pogorevc, Maja	Fresno State	
4	Vinjamuri, Rachel	Oregon	
5	Wilson, Aliya	Tahoma TC	

Section 3 of 8 Finals

1	Konrad, Grace	Trinity West	
2	Lunning, Caylah	Seattle U.	
3	Hobbs, Briecasha	Oregon	
4	Robinson, Kaylah	Oregon	
5	Osaro-Igwe, Adaji	Tahoma TC	

Section 4 of 8 Finals

1	Bradley, Hannah	Western Wash	
2	Igbonagwam, Peace	Seattle Paci	
3	Ries, Marie	Alaska Ancho	
4	Miller, Lauren	Oregon State	
5	Henry, Divina	Fresno State	

Section 5 of 8 Finals

1	Wheaton, Elleyse	Fresno State	
2	Murphy-Cook, Maya	Portland	
3	Richardson, Faith	Unattached	
4	Bley, Grace	Seattle Paci	
5	Bouyer, Jenna	Seattle Paci	

Section 6 of 8 Finals

2	Kaba, Asa	Washington	
3	Jackson, Khadejah	Oregon	
4	Stepper, Julia	Seattle Paci	
5	Quaynor, Meyer	Simon Fraser	

Section 7 of 8 Finals

1	Lindsay, Emily	Simon Fraser	
2	Greene, Emily	Western Wash	
3	Moore, Amanda	Trinity West	
4	Rusnak, Hannah	Washington	
5	Kirk, Caitlin	Portland	

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Section 8 of 8 Finals...(Event 16 Women 200 Meter Dash (36))

3	Moore, Michaela	Seattle U.
4	Sears, Hailey	Western Oreg
5	Corbitt, Claire	Oregon State

Event 10 Women 400 Meter Dash (26)**Saturday 1/12/2019 - 1:20 PM**

Dempsey:	52.03	2/23/2013	Phyllis Francis
Meet:	52.50	1/13/2018	Jaide Stepter

Lane	Name	School	Seed Time
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Section 1 of 6 Finals

1	Bluschke, Renate	Simon Fraser
2	Efonye, Kimberley	Fresno State
3	Apostol, Imani	Washington
4	Pogorevc, Maja	Fresno State
5	King, Sarah	George Fox

Section 2 of 6 Finals

1	Olinski, Tarisa	Oregon State
2	Altamirano, Bethanie	Western Oreg
3	Burke, Grayson	Western Oreg
4	Atlas, Tylantiss	Alaska Ancho
5	Smith, Savannah	Western Wash

Section 3 of 6 Finals

1	Hurley, Karlie	Concordia (O)
2	Bley, Grace	Seattle Paci
3	West, Bryce	Simon Fraser
4	Frometa, Monique	Fresno State
5	Wheaton, Elleyse	Fresno State

Section 4 of 6 Finals

1	Foos, Isabella	Western Wash
2	Alston, D'Rhema	Alaska Ancho
3	Shulman, Mirannda	Western Wash
4	Troescher, Rebecca	Seattle Paci
5	Konrad, Grace	Trinity West

Section 5 of 6 Finals

3	Yonkman, Michaela	Western Oreg
4	Deleissegues, Chloe	Seattle U.
5	Omar, Shakila	Western Wash

Section 6 of 6 Finals

3	Krill, Rachel	Oregon State
4	Brooks, Ashley	Concordia (O)
5	Villers, Tommi	Concordia (O)

Event 12 Women 600 Meter Run (35)**Saturday 1/12/2019 - 2:00 PM**

Dempsey:	1:26.34	1/16/2016	Raevyn Rogers
Meet:	1:26.34	1/16/2016	Raevyn Rogers

Lane	Name	School	Seed Time
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Section 1 of 6 Finals

1	Feldmeier, Brooke	USA
2	Wilson, Carolyn	Stanford
3	van der Wyk, Tracee	Cal Coast Tr
4	Mongiovi, Missy	Stanford
5	Derby, Hannah	Washington
6	Tjernagel, Raquel	Washington

Section 2 of 6 Finals

1	Foster, Morgan	Unattached
2	Makin, Kelly	Washington
3	Knight, Akeilia	Alaska Ancho
4	Goecke, Nicole	Washington
5	Lester, Carly	Washington
6	Ackerley, Mikelle	Washington

Section 3 of 6 Finals

1	Rainsberger, Katie	Washington
2	Woods, Olivia	Western Oreg
3	Jordan, Maureen	Fresno State
4	Aniteye, Vanessa	Alaska Ancho
5	Seaton, Sam	Stanford
6	Jimenez, Sophie	Fresno State

Section 4 of 6 Finals

1	Sande, Ashley	Washington
2	Mejia, Carmen	Unattached
3	Eke, Chisom	Washington
4	Rubio, Siobhan	Seattle U.
5	Asper, Leanne	Unattached
6	Gayles, Giana	Stanford

Section 5 of 6 Finals

1	Jeschke, Yvonne	Alaska Ancho
2	Stevens, Sara	Fresno State
3	Bechen, Emily	Portland
4	Fuiten, Tara	Portland
5	Dolan, Caroline	Portland

Section 6 of 6 Finals

1	Fjelstul, Bailey	Concordia (O)
2	Greene, Morgan	Gonzaga
3	House, Molly	Western Wash
4	Shields-Brown, Mairin	Simon Fraser
5	Bayly, Rachel	Western Oreg
6	Vasquez, Brianna	Gonzaga

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Meet Program**Event 14 Women 800 Meter Run (25)****Saturday 1/12/2019 - 2:35 PM**Dempsey: 2:02.29 1/28/2017 Kate Grace
Meet: 2:03.05 1/18/2003 Diane Cummins

Lane	Name	School	Seed Time
Section 1 of 3 Finals			
1	Fedronic, Justine	Roka	
2	Woods, Olivia	Western Oreg	
3	Wiebe, Devan	Ocean Athlet	
4	McCormick, Danielle	Alaska Ancho	
5	Townsend, Addy	Simon Fraser	
6	Dodd, Sophie	Simon Fraser	
7	Mussatto, Alana	Unattached	
8	Grujic, Zorana	Washington S	
Section 2 of 3 Finals			
1	Grujic, Jelena	Washington S	
2	Victor, Grace	Washington S	
3	Ackerley, Natalie	Washington S	
4	Leather, Ellie	Fresno State	
5	Cvancara, Ruth	Alaska Ancho	
6	Ledsham, Rebecca	Oregon State	
7	Diggs, Whitney	Unattached	
8	Berkson, Maddy	Unattached	
Section 3 of 3 Finals			
1	Willems, Elena	Washington S	
2	Kaufman, Krystal	Seattle Paci	
3	Furhman, Maddie	Oregon State	
4	Chilton, Emily	Simon Fraser	
5	Lindsay, Nicole	Simon Fraser	
6	Richardson, Dalen	Concordia (O	
7	Bailly, Kaitlyn	Concordia (O	
8	Weltzin, Kayla	Trinity West	
9	Shannon, Jennifer	Trinity West	

Event 6 Women 1000 Meter Run (13)**Saturday 1/12/2019 - 11:10 AM**Dempsey: 2:40.14 2/12/2017 Mariah Kelly
Meet: 2:40.25 1/17/2015 Shannon Rowbery

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Klosterhalfen, Konstanze	Nike OP	
2	van der Wyk, Tracee	Cal Coast Tr	
3	Ejore, Susan	Oregon	
4	Mejia, Carmen	Unattached	
5	Foster, Morgan	Unattached	
6	Mires, Baylee	Unattached	
7	Schroeder, Erica	Washington	
8	Postma, Ellie	Seattle U.	
9	Gehrich, Amanda	Oregon	
10	McCulloch, Shona	Washington	
11	Heisterman, Madison	Washington	
12	O'Hara, Emily	Seattle U.	
13	Gowen, Toni	Western Oreg	

Event 8 Women 1 Mile Run (54)**Saturday 1/12/2019 - 11:35 AM**Dempsey: 4:27.27 1/28/2017 Brie Felnagle
Meet: 4:27.86 1/17/2015 Shannon Rowbery

Lane	Name	School	Seed Time
Section 1 of 5 Finals			
1	Schadler, Allie	Washington	
2	Klosterhalfen, Konstanze	Nike OP	
3	Mackey, Katie	Brooks Beasts	
4	Butterworth, Lindsey	New Balance	
5	Lawrence, Mel	Oiselle	
6	Yee, Regan	Langley Must	
7	Burdon, Lilli	Washington	
8	Rainsberger, Katie	Washington	
9	Mehra, Rebecca	Oiselle	
10	Tsolis, Tori	Unattached	
Section 2 of 5 Finals			
1	Bowden, Philippa	Oregon	
2	O'Keeffe, Olivia	Washington	
3	Berkson, Maddy	Unattached	
4	Townsend, Addy	Simon Fraser	
5	Carson, Lindsay	Langley Must	
6	Gehrich, Amanda	Oregon	
7	Smith, Jessica	Unattached	
8	Hamlin, Emily	Washington	
9	Nock, Paige	Simon Fraser	
10	Donaghu, Ella	Stanford	
Section 3 of 5 Finals			
1	Mount, Juliana	Oregon State	
2	Chiotti, Taylor	Oregon	
3	Ryan, Kaitlin	Stanford	
4	Thompson, Miranda	Unattached	
5	Pagano, Catherine	Stanford	
6	Schlepp, Geneva	Washington S	
7	Fehr, Jasmine	Portland	
8	Takeuchi, Brigette	Oregon State	
9	Lilly, Kate	Seattle Paci	
10	Smart, Mikaela	Trinity West	
11	Leather, Ellie	Fresno State	
12	Martens, Mirelle	Trinity West	
Section 4 of 5 Finals			
1	McNulty, Abbie	Stanford	
2	Roxby, Megan	Simon Fraser	
3	Erikson, Ellie	Portland	
4	Smith, Julia	Speed Unlimi	
5	Lyons, Maddy	Portland	
6	Knapp, Grace	Western Oreg	
7	McPhee, Jordan	Gonzaga	
8	Mitchell, Kaylee	Seattle Paci	
9	Smith, Natalie	Portland	
10	Williams, Joanna	Trinity West	
11	Koger, Aundrea	Western Wash	
12	Holmberg, Dania	Seattle Paci	

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Section 5 of 5 Finals...(Event 8 Women 1 Mile Run (54))

1	Beatty, Kiyena	Washington S
2	Barr, Jane	Western Wash
3	Peterson, Emily	Portland
4	Schultz, Katelyn	Portland
5	Washenberger, Kelsey	Seattle Paci
6	McGraw, Amber	Seattle Paci
7	Pederson, Nicole	Concordia (O
8	Gillett, Claire	Gonzaga
9	Legard, Ally	Gonzaga
10	Foster, Molly	Gonzaga

Event 18 Women 3000 Meter Run (59)**Saturday 1/12/2019 - 3:35 PM**

Dempsey: 8:34.45 1/27/2018 Sifan Hassan

Meet: 8:47.26 1/14/2017 Kate Grace

Lane	Name	School	Seed Time
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Section 1 of 3 Finals

1	Rowbury, Shannon	Nike OP
2	Lawrence, Mel	Oiselle
3	Buchalski, Allie	Brooks Beasts
4	Digby, Erica	Mile2Maratho
5	Lazarchick, Kathryn	RunCCG
6	Fulton, Eleanor	HPW
7	Mehra, Rebecca	Oiselle
8	Maxwell, Anna	Washington
9	Lee, Kirsten	Mile2Maratho
10	Pritt, Emily	Bowerman TC
11	Hinkle, Jenna	Hoka Aggies
12	Batt-Doyle, Isobel	Washington
13	Keefe, Kaili	Washington S
14	Howley, Julia	Unattached
15	Ginther, Ally	Coastal Trac
16	Kurgat, Caroline	Alaska Ancho
17	Okeago, Janet	Washington S
18	Thompson, Miranda	Unattached
19	Mack, Carrie	Oiselle
20	Bassett, Miryam	Unattached

Section 2 of 3 Finals

1	Waskom, Hannah	Washington
2	Marshall, Kiera	Washington
3	Howard, Becca	Portland
4	Mitchell, Kaylee	Seattle Paci
5	Jeptoo, Nancy	Alaska Ancho
6	Carter, Sarah	Washington
7	Jenkins, Emma	Washington S
8	Willett, Olivia	Simon Fraser
9	Berry, Melissa	Oregon
10	Chelimo, Emmanuelah	Alaska Ancho
11	Fox, Sydney	Fresno State
12	Sevsek, Julijana	Trinity West
13	Noto, Sophia	Portland
14	Lilly, Kate	Seattle Paci
15	Sevsek, Christina	Trinity West
16	Manley, Claire	Gonzaga
17	Brown, Josie	Washington S
18	Galvez, Sophia	Western Wash
19	Holmberg, Dania	Seattle Paci
20	Walter, Katherine	Seattle Paci

Section 3 of 3 Finals

1	Van Calcar, Greta	Oregon State
2	Stinger, Desi	Washington S
3	Hruska, Melissa	Washington S
4	Sodersten, Mikayla	Oregon State
5	Charlton, Calli	Simon Fraser
6	Burroughs, Riley	Alaska Ancho
7	Piercy, Aimee	Gonzaga
8	Gillman, Stella	Portland
9	Bourgeois, Lauren	Gonzaga
10	Perkins, Grace	Portland
11	Gaudin, Marie	Washington S
12	Rogers, Jenna	Gonzaga
13	Kiefer, Amanda	Gonzaga
14	McCarthy, Caroline	Gonzaga
15	Gustafson, Katherine	Gonzaga
16	Ripple, Monica	Gonzaga
17	Stein, Elle	Seattle U.
18	Haas, Lauren	Gonzaga
19	Foulk, Thea	Seattle U.

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Meet Program**Event 1 Women 60 Meter Hurdles Qualificatio (29)**

Saturday 1/12/2019 - 9:30 AM

Heat Winners + 6 Time Qualifiers

Advance to Preliminary Round

Dempsey: 7.93 3/4/2006 Virginia Powell
Meet: 7.96 1/14/2017 Sasha Wallace

Lane	Name	School	Seed Time
Heat 1 of 6 Prelims			
1	Antic, Tijana	Fresno State	
2	Kibbee, Leanne	Western Wash	
3	Jones, Allie	Stanford	
4	Brooks, Ashley	Concordia (O)	
5	Newblom, Michelle	Seattle U.	
Heat 2 of 6 Prelims			
1	Johnson, Paige	Concordia (O)	
2	Golba, Nicole	Seattle U.	
3	Seaton, Sam	Stanford	
4	Mattson, Jestena	Fresno State	
5	Sloan, Tori	Oregon	
Heat 3 of 6 Prelims			
1	Posch, Isabel	Fresno State	
2	Piercy, Jordyn	Trinity West	
3	Yonkman, Michaela	Western Oreg	
4	Adeleye, Mowalola	Trinity West	
5	Stephens, Chase	Concordia (O)	
Heat 4 of 6 Prelims			
1	Cano, Elena	Alaska Ancho	
2	Brady, Alaina	Tahoma TC	
3	Hill, Morganne	Washington	
4	House, Molly	Western Wash	
5	Corbitt, Claire	Oregon State	
Heat 5 of 6 Prelims			
1	McNairy, Saskia	Oregon State	
2	Meyer, Renick	Seattle Paci	
3	May, Kellie	Seattle Paci	
4	Vander Meulen, Janna	Unattached	
5	Moore, Tosha	Trinity West	
Heat 6 of 6 Prelims			
2	Popchock, Anna	Western Oreg	
3	Norman, Tieara	Fresno State	
4	McCarrell, Keira	Oregon	
5	Cai, Scout	Seattle Paci	

Event 20 Women 4x400 Meter Relay (20)

Saturday 1/12/2019 - 5:00 PM

Dempsey: 3:32.54 2/27/2017 Arizona / USC

Meet: 3:40.38 1/16/2016 Stanford

Gayles, Williams, Williams, Baker

Lane	Team	Relay	Seed Time
Section 1 of 4 Finals			
1	Stanford	A	
	1) Best, Ashlan	2) Mongiovi, Missy	
	3) Wilson, Carolyn	4) Gamble, Kennedy	
2	Fresno State	A	
	1) Jimenez, Sophie	2) Jordan, Maureen	
	3) Stevens, Sara	4) Leather, Ellie	
3	Western Oreg	A	
	1) Altamirano, Bethanie	2) Burke, Grayson	
	3) Wilson, Taryn	4) Woods, Olivia	
4	Oregon	A	
	1) Brown, Iman	2) D'Arpino, Kerissa	
	3) Jackson, Khadejah	4) Waller, Hannah	
5	Washington	A	
	1) Apostol, Imani	2) Hill, Morganne	
	3) Lester, Carly	4) Stavig, Sarah	
Section 2 of 4 Finals			
1	Alaska Ancho	A	
	1) Aniteye, Vanessa	2) Atlas, Tylantiss	
	3) Knight, Akeilia	4) McCormick, Danielle	
2	Western Oreg	B	
	1) Jackson, Logan	2) Popchock, Anna	
	3) Soladey, Sarra	4) Niskanen, Nicole	
3	Washington	B	
	1) Ackerley, Mikelle	2) Derby, Hannah	
	3) Stueckle, Karlee	4) Tjernagel, Raquel	
4	Oregon State	A	
	1) Miller, Lauren	2) Olinski, Tarisa	
	3) McNairy, Saskia	4) Krill, Rachel	
5	Oregon	B	
	1) Hobbs, Briearsha	2) McCarrell, Keira	
	3) Sloan, Tori	4) Vinjamuri, Rachel	
Section 3 of 4 Finals			
1	Fresno State	B	
	1) Henry, Divina	2) Efonye, Kimberley	
	3) Wheaton, Elleyse	4) Frometa, Monique	
2	Washington S	A	
	1) Ackerley, Natalie	2) Grujic, Jelena	
	3) Grujic, Zorana	4) Victor, Grace	
3	Simon Fraser	A	
	1) West, Bryce	2) Dodd, Sophie	
	3) Townsend, Addy	4) Bluschke, Renate	
4	Seattle Paci	A	
	1) Cai, Scout	2) Meyer, Renick	
	3) Bley, Grace	4) Igbonagwam, Peace	
5	Stanford	B	
	1) Jones, Allie	2) Ryan, Kaitlin	
	3) Smith, Claire	4) Pagano, Catherine	

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Section 4 of 4 Finals...(Event 20 Women 4x400 Meter Relay (20))

1	Portland	A
	1) Jones, Michal	2) Fuiten, Tara
	3) Dolan, Caroline	4) Erikson, Ellie
2	Western Wash	A
	1) Foos, Isabella	2) Harder, Mallory
	3) House, Molly	4) Omar, Shakila
3	George Fox	A
	1) Gingerich, Bthany	2) Warren, Elizabeth
	3) Calavan, Macadia	4) King, Sarah
4	Concordia (O)	A
	1) Villers, Tommi	2) Hurley, Karlie
	3) VanZant, Ronni	4) Misi, Maddie
5	Seattle U.	A
	1) Deleissegues, Chloe	2) Golba, Nicole
	3) Lunning, Caylah	4) Rubio, Siobhan

Event 22 Women High Jump (36)

Saturday 1/12/2019 - 10:00 AM

Flight 1 - Start 1.35m

Flight 2 - Start 1.55m

Dempsey: 6-04 2/25/2012 Brigetta Barrett
Meet: 6-01.50 1/16/2010 Amber Kaufman

Pos	Name	School	Seed Mark
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Flight 1 of 2 Finals

1	Swiderski, Jaelyn	Western Wash	
2	Johnson, Paige	Concordia (O)	
3	Gayles, Giana	Stanford	
4	Meyer, Renick	Seattle Paci	
5	Dawkins, Aliyah	Western Wash	
6	Cuadrado, Rowan	Seattle U.	
7	Hageman, Darian	Oregon State	
8	Mack-Wilson, Laurel	Seattle U.	
9	Pauls, Sophie	Trinity West	
10	Lybbert, Hannah	Unattached	
11	Faretta, Heather	Western Wash	
12	Fortune, Erin	Simon Fraser	
13	Hagfors, Madison	Washington S	
14	Adeleye, Mowalola	Trinity West	
15	Gebauer, Ann	Alaska Ancho	
16	Norman, Tiara	Fresno State	
17	Retter, Sarah	Western Wash	
18	Van Liew, Rachel	Seattle U.	
19	Piercy, Jordyn	Trinity West	
20	Overby, Aislinn	Washington S	
21	Bone, Chelsea	Concordia (O)	

Flight 2 of 2 Finals

1	Cai, Scout	Seattle Paci
2	Reichenbach, Rachel	Stanford
3	Riehl, Emily	Unattached
4	Lehnert, Geneva	Seattle Paci
5	Wingeleth, Ann	Oregon State
6	Hare, Ashlyn	Oregon
7	Nelson, Emma	Oregon State
8	Sloan, Tori	Oregon
9	Taylor, Maddie	Western Wash
10	Kimoto, Emma	Unattached
11	Peppers, Madison	Washington S
12	Posch, Isabel	Fresno State
13	Mattson, Jestena	Fresno State
14	Klyuchnikova, Varvara	Fresno State
15	Pace, Suzy	Washington S

Event 24 Women Pole Vault (38)

Saturday 1/12/2019 - 9:00 AM

Flight 1 @ 9:00am - Start 3.15m

Flight 2 @ 1:00pm - Start 3.60m

Dempsey: 14-11 1/28/2017 Megan Clark
Meet: 14-05.50 1/15/2011 Katerina Stefanidi

Pos	Name	School	Seed Mark
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Flight 1 of 2 Finals

1	Alkema, Chloe	Trinity West
2	Madarieta, Noelina	Fresno State
3	Ellis, Sarah	Western Wash
4	Andersen, Amanda	Western Wash
5	Paradis, Sophia	Western Wash
6	Li, Madeline	Trinity West
7	Lambert, Emma	Seattle Paci
8	Perry, Lexi	Western Wash
9	Cai, Scout	Seattle Paci
10	Walston, Skylar	Western Wash
11	Dodson, Hannah	Western Wash
12	Ely, Allyson	Washington
13	Oliquiano, Jewels	Western Wash
14	Roberts, Rachael	Western Wash
15	Licari, Madison	Seattle Paci
16	Li, Emma	Trinity West
17	Beavers, Tayla	Washington S
18	Frost, Katelyn	Washington S
19	Bright, Audrey	Oregon State
20	Graham, Cierra	Western Wash

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Flight 2 of 2 Finals...(Event 24 Women Pole Vault (38))

1	Barton, Makenna	Washington
2	Nageotte, Katie	NIKE
3	Edwards, Tory	Oregon State
4	Kramers, Kim	Washington
5	Evans, Madison	Trinity West
6	Summersett, Nicole	Stanford
7	Coombs, Emily	Washington S
8	Field, Gillette	Unattached
9	McNulty, Jackie	Stanford
10	Paradee, Anna	Western Wash
11	Dayton, Annika	Washington
12	Scharmann, Molly	Washington S
13	Malaspina, Erika	Stanford
14	Cunliffe, Chloe	Seattle Speed
15	Merritt, Kaitlyn	Stanford
16	Knasche, Anjuli	Unattached
17	Brown, Kristen	Unattached
18	Gruver, Olivia	Unattached

Event 26 Women Long Jump (36)

Saturday 1/12/2019 - 9:00 AM

Dempsey: 21-06 2/19/2013 Grace Upshaw, Brittney Reese

Meet: 21-01.25 1/16/2016 Andrea Geubelle

Pos	Name	School	Seed Mark
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Flight 1 of 3 Finals

1	Piercy, Jordyn	Trinity West
2	Fortune, Erin	Simon Fraser
3	Lyamba, Lainnie	Western Wash
4	Olson, Devon	Western Wash
5	Rusnak, Hannah	Washington
6	Dawkins, Aliyah	Western Wash
7	McCarrell, Keira	Oregon
8	Johnson, Chrisalyn	Alaska Ancho
9	Heyman, Sophia	Seattle U.
10	Cano, Elena	Alaska Ancho
11	Pauls, Sophie	Trinity West
12	VanZant, Ronni	Concordia (O)

Flight 2 of 3 Finals

1	Stephens, Chase	Concordia (O)
2	Bone, Chelsea	Concordia (O)
3	Igbonagwam, Peace	Seattle Paci
4	Cooper, Asiah	Oregon
5	Seaton, Sam	Stanford
6	Ferguson, Andira	Fresno State
7	May, Kellie	Seattle Paci
8	Kibbee, Leanne	Western Wash
9	Soliman, Renee	Seattle U.
10	Corbitt, Claire	Oregon State
11	Wilson, Darian	Western Oreg

Flight 3 of 3 Finals

1	Ellis, Lexi	Oregon
2	Jones, Allie	Stanford
3	Heath, Jelani	Washington
4	McNairy, Saskia	Oregon State
5	Wilson, Alisha	Tahoma TC
6	Meyer, Renick	Seattle Paci
7	DeBorde, Madeline	Step Ur Game
8	Lunning, Caylah	Seattle U.
9	Robinson, Jaimie	Oregon
10	Johnson, Paige	Concordia (O)
11	Brady, Alaina	Tahoma TC
12	Jerome, Rachel	Trinity West
13	Ford, Lauryn	Unattached

Event 28 Women Triple Jump (20)

Saturday 1/12/2019 - 2:00 PM

Dempsey: 45-07.75 1/27/2016 Andrea Geubelle

Meet: 43-08 1/14/2012 Erica McLain

Pos	Name	School	Seed Mark
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Flight 1 of 2 Finals

1	Stephens, Chase	Concordia (O)
2	Lyamba, Lainnie	Western Wash
3	Olson, Devon	Western Wash
4	Sanford, Jamie	Western Wash
5	Golba, Nicole	Seattle U.
6	Heyman, Sophia	Seattle U.
7	Wilson, Darian	Western Oreg
8	Cole, Brianna	Concordia (O)
9	Hinds, Alleyah	Trinity West
10	Popchock, Anna	Western Oreg

Flight 2 of 2 Finals

1	Adeleye, Mowalola	Trinity West
2	Antic, Tijana	Fresno State
3	Igbonagwam, Peace	Seattle Paci
4	Heggen, Lauren	Unattached
5	Wilford, Rieko	Unattached
6	May, Kellie	Seattle Paci
7	Hageman, Darian	Oregon State
8	Nelson, Emma	Oregon State
9	Small, Aria	Stanford
10	Wingeleth, Ann	Oregon State

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Event 30 Women Shot Put (27)**Saturday 1/12/2019 - 2:00 PM**

Dempsey: 62-03.25 2/24/2018 Maggie Ewen

Meet: 57-07 1/13/2018 McKenzie Warren

Pos	Name	School	Seed Mark
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Flight 1 of 2 Finals

1	Gronbach, Mariah	Western Oreg	
2	Hunkin, Vakeaemanu	Pacific Luth	
3	Hendrix, Sylvia	Seattle U.	
4	Posch, Isabel	Fresno State	
5	Reeder, Emily	Pacific Luth	
6	Piercy, Jordyn	Trinity West	
7	Norman, Tieara	Fresno State	
8	Gianotti, Moana	Western Oreg	
9	Mattson, Jestena	Fresno State	
10	McCarrell, Keira	Oregon	
11	McFadden, Maya	Western Wash	
12	Sova, Tallia	Seattle U.	
13	Rusnak, Hannah	Washington	
14	Eddy, Chanelle	Western Wash	
15	Sprague, Kori	Concordia (O	

Flight 2 of 2 Finals

1	Stone, Ronna	Oregon	
2	Giger, Lena	Stanford	
3	Mehl, Ginny	Unattached	
4	Kelby, Makayla	Unattached	
5	Rabing, Maddie	Oregon	
6	Guthrie-Baker, Sydney	Oregon State	
7	Tensley, Joselynn	Concordia (O	
8	Salone, Jaimi	Stanford	
9	McLaughlin, Keely	Oregon State	
10	Phelps, Kiana	Oregon	
11	Torres, Yazmin	Fresno State	
12	Crockem, Taylor	Oregon State	

Event 32 Women Weight Throw (18)**Saturday 1/12/2019 - 9:00 AM**

Dempsey: 73-06 2/27/2015 Ida Storm

Meet: 64-01 1/13/2018 Valarie Allman

Pos	Name	School	Seed Mark
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Flight 1 of 2 Finals

1	Gianotti, Moana	Western Oreg	
2	Sprague, Kori	Concordia (O	
3	Tresselt, Jami	Seattle U.	
4	Guthrie-Baker, Sydney	Oregon State	
5	Thurston, Tahjnee	Fresno State	
6	Roberson, Zoe	Washington	
7	Korff, Halie	Western Oreg	
8	Tensley, Joselynn	Concordia (O	

Flight 2 of 2 Finals

1	Chibuogwu, Onyie	Washington	
2	McShane, Lindsay	Oregon State	
3	Fong, Jordan	Stanford	
4	Chappell, Hannah	Fresno State	
5	McLaughlin, Keely	Oregon State	
6	Rabing, Maddie	Oregon	
7	Torres, Yazmin	Fresno State	
8	Walker, Sydnee	Oregon	
9	Kelby, Makayla	Unattached	
10	Gronbach, Mariah	Western Oreg	

Event 4 Men 60 Meter Dash Qualificatio (38)**Saturday 1/12/2019 - 10:00 AM****Heat Winners + 9 Time Qualifiers****Advance to Preliminary Round**

Dempsey: 6.50 2/14/2015 Ryan Bailey

Meet: 6.55 1/17/2015 Joe Morris

Lane	Name	School	Seed Time
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Heat 1 of 7 Prelims

1	Miller, Jacob	Oregon	
2	Wong, Christian	Seattle Paci	
3	Tjernagel, Benjamin	Trinity West	
4	Henderson, DJ	Oregon	
5	Mah, Nathan	Simon Fraser	

Heat 2 of 7 Prelims

1	Blodgett, Codi	Western Oreg	
2	Lee, Kurtis	South Bay Tr	
3	Campbell, Enrique	Alaska Ancho	
4	Carpenter, Shayne	Seattle Paci	
5	Brindle, Calvin	Speed Unlimi	
6	Tagad, Travis	Western Oreg	

Heat 3 of 7 Prelims

1	Warner, Cody	Western Oreg	
2	Williams, Micah	Unattached	
3	Zoltak, Miles	Stanford	
4	Rinefort, Ian	Western Wash	
5	Richmond, Samuel	Washington	
6	Franco, Andrew	Stanford	

Heat 4 of 7 Prelims

1	Navarro, Gabe	Stanford	
2	Fernandez, Angelo	Western Wash	
3	Anderson, Joseph	Oregon	
4	Canady, Braxton	Oregon	
5	Edwards Jr., Eric	Oregon	
6	Blackman.Jr, Kenny	Trinity West	

Heat 5 of 7 Prelims

1	Hylton, Oshane	Alaska Ancho	
2	Chhim, Sonny	Western Wash	
3	Olatoke, Praise	Trinity West	
4	James, Tristan	Oregon	
5	Payne, Isaiah	Seattle U.	

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Heat 6 of 7 Prelims...(Event 4 Men 60 Meter Dash Qualificatio (38))

1	Powers, Tyler	Concordia (O
2	Jackman, Joshua	Alaska Ancho
3	Tran, David	Western Wash
4	Swank-Jones, Rashad	Oregon
5	Shannon, Maxwell	Oregon

Heat 7 of 7 Prelims

1	Daniel, Rieker	Oregon
2	Collins, Keane	Unattached
3	Brown, Adam	Concordia (O
4	Yamamoto, Brant	Seattle U.
5	Johnson, Noah	Western Wash

Event 17 Men 200 Meter Dash (36)**Saturday 1/12/2019 - 3:16 PM**

Dempsey:	20.84	2/13/2010	Ryan Bailey
Meet:	20.88	1/18/2014	Aaron Brown

Lane	Name	School	Seed Time
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Section 1 of 8 Finals

2	Harvey, Jonathan	Oregon
3	Franco, Andrew	Stanford
4	Daniel, Rieker	Oregon
5	Emilien, Orwin	Oregon

Section 2 of 8 Finals

1	Jackman, Joshua	Alaska Ancho
2	Blackman.Jr, Kenny	Trinity West
3	Hylton, Oshane	Alaska Ancho
4	Mafilas, Evan	Washington
5	Liu, Kevin	Washington

Section 3 of 8 Finals

1	Olatoke, Praise	Trinity West
2	Miller, Jacob	Oregon
3	McNamara, Jacoby	Oregon
4	Santana, Kemuel	Washington
5	Shellmire, Julius	Oregon

Section 4 of 8 Finals

1	Campos-Davis, Gabriel	Western Oreg
2	Witters, Ryan	Western Wash
3	Lee, Kurtis	South Bay Tr
4	Canady, Braxton	Oregon
5	Young, Christian	Washington

Section 5 of 8 Finals

1	Hughes, Kevin	Trinity West
2	Anderson, Joseph	Oregon
3	Mah, Nathan	Simon Fraser
4	Ng, Chin	Oregon
5	Welch, Bryant	Western Wash

Section 6 of 8 Finals

2	Swank-Jones, Rashad	Oregon
3	Payne, Isaiah	Seattle U.
4	Tjernagel, Benjamin	Trinity West
5	Campbell, Enrique	Alaska Ancho

Section 7 of 8 Finals

2	Snyder, Luke	Trinity West
3	Johnson, Noah	Western Wash
4	Hagen, Caleb	Step Ur Game
5	Yamamoto, Brant	Seattle U.

Section 8 of 8 Finals

2	Carrasco, Alexandro	Seattle U.
3	Powers, Tyler	Concordia (O
4	Fernandez, Angelo	Western Wash
5	Chhim, Sonny	Western Wash

Event 11 Men 400 Meter Dash (27)**Saturday 1/12/2019 - 1:40 PM**

Dempsey:	45.94	2/24/2018	Rai Benjamin
Meet:	46.39	1/18/2003	Ja'Warren Hooker

Lane	Name	School	Seed Time
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Section 1 of 6 Finals

1	Ng, Chin	Oregon
2	Brown, Adam	Concordia (O
3	Windle, Drew	Brooks Beasts
4	McNamara, Jacoby	Oregon
5	Polk, Chris	George Fox

Section 2 of 6 Finals

1	Smith, Myles	Western Wash
2	St. Romain, Nate	Simon Fraser
3	Remington, Daniel	Alaska Ancho
4	Welch, Bryant	Western Wash
5	Hughes, Kevin	Trinity West

Section 3 of 6 Finals

1	Witters, Ryan	Western Wash
2	Burgett, Issac	Western Oreg
3	Randle, TJ	Northwest U.
4	Daniels, Mark	Western Wash
5	Oglesby, Jon	Western Wash

Section 4 of 6 Finals

1	Newby, Silas	Seattle Paci
2	Lovercamp, Reid	Western Wash
3	Chhim, Sonny	Western Wash
4	Lenton, Jorrin	Simon Fraser
5	Adhemar, Joshua	Simon Fraser

Section 5 of 6 Finals

2	Cummings, Cordell	Western Wash
3	Snyder, Luke	Trinity West
4	Prevost, Sam	Trinity West
5	Kennedy, Parker	Washington

Section 6 of 6 Finals

3	Brown, Steve	Seattle U.
4	Claiborne, Kailan	Seattle U.
5	Conrad, Ben	Simon Fraser

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Meet Program**Event 13 Men 600 Meter Run (17)**

Saturday 1/12/2019 - 2:20 PM

Dempsey: 1:17.49 2/12/2017 Chris Low

Meet: 1:17.74 1/12/2013 Maurice McNeal

Lane	Name	School	Seed Time
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Section 1 of 3 Finals

1	Body, Julian	Stanford	
2	Emilien, Orwin	Oregon	
3	Greseth, Cade	Unattached	
4	Arce-Torres, Gabe	Western Oreg	
5	Stenmark, Louis	Stanford	

Section 2 of 3 Finals

1	Pixler, Nathan	Seattle U.	
2	Carmona, Max	Western Oreg	
3	Kits, Aidan	Trinity West	
4	Westlund, Isaac	Stanford	
5	Herrera, Oscar	Washington	
6	Keene, Stewart	Seattle U.	

Section 3 of 3 Finals

1	Reed, Trey	Western Oreg	
2	Bierly, Robert	Concordia (O	
3	Welch, Jack	Portland	
4	Palmer, Jason	Washington	
5	Seifert, Peter	Concordia (O	
6	Bünz, Benedikt	Unattached	

Event 15 Men 800 Meter Run (15)

Saturday 1/12/2019 - 2:50 PM

Dempsey: 1:46.36 2/13/2010 Andrew Wheatling

Meet: 1:49.10 1/19/2008 Raphael Asafo-Agyei

Lane	Name	School	Seed Time
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Section 1 of 2 Finals

1	Thomas, Derek	Aggies	
2	Kirk, Devan	Washington	
3	Kerr, Josh	Brooks Beasts	
4	Morello, Connor	Washington	
5	Maton, Daniel	Unattached	
6	Elliott, Cass	Washington	
7	Chavez-Killinger, Cobie	Portland	

Section 2 of 2 Finals

1	Knott, Curt	Western Oreg	
2	Phan, Jesse	Seattle Paci	
3	Torres, Richard	Simon Fraser	
4	Orozco, Eduardo	Alaska Ancho	
5	Franks, Macauley	Western Wash	
6	Munoz-Maines, Javier	Gonzaga	
7	Foster, Liam	Simon Fraser	
8	Llamas, Alec	Seattle Paci	

Event 7 Men 1000 Meter Run (27)

Saturday 1/12/2019 - 11:20 AM

Dempsey: 2:19.53 1/17/2015 Matthew Centrowitz

Meet: 2:19.53 1/17/2015 Matthew Centrowitz

Lane	Name	School	Seed Time
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Section 1 of 3 Finals

2	Kejelcha, Yomif	Nike OP	
3	Murphy, Clayton	Nike OP	
4	Kidder, Brannon	Brooks Beasts	
5	Stanovsek, Mick	Washington	
6	Roelle, Hans	Unattached	
7	Prakel, Sam	adidas	
8	Langstaff, Josiah	Columbia	

Section 2 of 3 Finals

1	Cortes, Isaac	Stanford	
2	Lambourne, Clay	HPW	
3	Sathyamurthy, Hari	Stanford	
4	Smith, Brian	Stanford	
5	Slenning, Alex	Washington	
6	Kucera, Nathaniel	Stanford	
7	Zarazua, Richard	Cal Coast Tr	
8	Chavez-Killinger, Cobie	Portland	
9	Guer mali, Said	Portland	
10	Beamer, Nate	Washington	

Section 3 of 3 Finals

1	Beyer, Charles	Washington	
2	Alnazer, Adam	Western Oreg	
3	Talan, Evan	Seattle U.	
4	Roux, Malcolm	Portland	
5	Cranston, Neal	Western Oreg	
6	Kanelis, Zach	Western Oreg	
7	Mosman, Hunter	Western Oreg	
8	Walsh, Simon	Western Oreg	
9	Hutton, Hunter	Western Oreg	
10	Fey, Stephen	Western Oreg	

Event 9 Men 1 Mile Run (52)

Saturday 1/12/2019 - 12:10 PM

Dempsey: 3:53.89 2/27/2016 Izaic York

Meet: 3:56.72 1/13/2007 Nick Symmonds

Lane	Name	School	Seed Time
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Section 1 of 5 Finals

2	Kejelcha, Yomif	Nike OP	
3	Murphy, Clayton	Nike OP	
4	Avila, Eric	adidas	
5	Amos, Bartelsmeyer	Unattached	
6	Atkin, Sam	Unattached	
7	Parsons, Sam	Tinman Elite	
8	Windle, Drew	Brooks Beasts	
9	Orndorf, Logan	Portland	

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Section 2 of 5 Finals...(Event 9 Men 1 Mile Run (52))

1	Pollard, Brandon	Gonzaga
2	Dwyer, David	Unattached
3	Roudolff-Levisse, Emmanuel	Portland
4	Villarma, Mason	Gonzaga
5	Hoey, Jaxson	Missson AC
6	Laccinole, Nicholas	Washington
7	Leon, Diego	Mammoth Trac
8	Cooper, Matt	Unattached
9	Teran-Solano, Michael	Portland
10	Conway, Liam	Stanford

Section 3 of 5 Finals

1	Mendez, Clayton	Stanford
2	Hurlock, Blair	Stanford
3	Kopczynski, Scott	Gonzaga
4	Vernau, Michael	Stanford
5	Zarazua, Richard	Cal Coast Tr
6	Lane, Connor	Stanford
7	Webb, Caleb	Portland
8	Crosswhite, Justin	Western Oreg
9	Schutte, Noah	Portland
10	Slenning, Alex	Washington

Section 4 of 5 Finals

1	Salomon, Dustyn	Hoka Aggies
2	Mwaura, James	Unattached
3	Stallings, Zach	Washington S
4	Bünz, Benedikt	Unattached
5	Osen, Riley	Portland
6	Ahl, Aaron	Simon Fraser
7	Pendleton, Nate	Washington S
8	Roux, Malcolm	Portland
9	Ibrahim, Faisal	Alaska Ancho
10	Parker, James	Portland
11	Wendle, Graham	Gonzaga

Section 5 of 5 Finals

1	Hebert, Jacques	Seattle U.
2	Sager, Kyler	Western Wash
3	Clarke, Ryan	Portland
4	Tan, Sean	Portland
5	Schultz, Brayden	Seattle Paci
6	Boudouris, Eli	Seattle U.
7	Wadhvani, Isaac	Trinity West
8	Otero, Colby	Seattle Paci
9	Sandoval, Jonah	Gonzaga
10	Giordano, Dominic	Concordia (O
11	Pendley-Griffin, Ansel	Seattle U.
12	Johnson, Drew	Alaska Ancho
13	Graff, Elius	Seattle Paci

Event 19 Men 3000 Meter Run (62)**Saturday 1/12/2019 - 4:15 PM**

Dempsey: 7:43.08 2/11/2012 Ryan Hill
Meet: 7:49.89 1/14/2017 Matthew Centrowitz

Lane	Name	School	Seed Time
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Section 1 of 3 Finals

1	Bruchet, Lucas	Mile2Maratho
2	Engels, Craig	Nike OP
3	Yorks, Izaic	Brooks Beasts
4	Ribich, David	Brooks Beasts
5	Leon, Diego	Mammoth Trac
6	Avila, Eric	adidas
7	Maggard, Dillon	Brooks Beasts
8	Wynne, Henry	Brooks Beasts
9	Visokay, Adam	Reebok Bosto
10	Parsons, Sam	Tinman Elite
11	Atkin, Sam	Unattached
12	Totten, Seth	rabbit/SRA E
13	Kent, Justin	Coastal Trac
14	Austin, Brogan	rabbit/Tinma
15	Thies, Jeff	Tinman Elite
16	Mazelli, Trent	Unattached
17	Dwyer, David	Unattached
18	Osen, Riley	Portland
19	Perrin, Jake	Gonzaga
20	Cornish, Tim	New Zealand

Section 2 of 3 Finals

2	Eaton, Michael	Unattached
3	Berriatua, Joseph	Tinman Elite
4	Palmer, Matthew	Jacuzzi Boys
5	Heninger, Julian	Bowerman TC
6	de Jong, Caleb	Trinity West
7	Kirui, Wesley	Alaska Ancho
8	Allegre, Peter	Portland
9	Lam, James	Trinity West
10	Colyn, Nick	Trinity West
11	Gagnon, Bennett	Gonzaga
12	Marshall, Adam	Langley Must
13	Salomon, Dustyn	Hoka Aggies
14	Equall, Chase	Washington
15	Mohn, Isaac	Washington
16	Hoey, Jaxson	Missson AC
17	Doherty, Rowan	Simon Fraser
18	Hazell, Justin	Portland
19	Hogan, Peter	Gonzaga
20	Jones, Tyler	Western Oreg
21	de Jong, Tyler	Trinity West

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Section 3 of 3 Finals...(Event 19 Men 3000 Meter Run (62))

1	Manley, Kellen	Gonzaga
2	Roche, Nicholas	Jacuzzi Boys
3	Ryan, Paul	Washington S
4	Kangogo, Edwin	Alaska Ancho
5	Hogan, Ben	Gonzaga
6	Kemboi, Felix	Alaska Ancho
7	Bradley, Stefan	Unattached
8	Kesting, Peter	Unattached
9	Jasperson, James	Western Wash
10	Vargas, Carlos	Simon Fraser
11	Guer mali, Yacine	Gonzaga
12	Fishburn, Phillip	Gonzaga
13	Sine, Riley	Northwest U.
14	Schumann, Matt	Portland
15	Lewis, Judd	Concordia (O
16	Boudouris, Eli	Seattle U.
17	Monk, Ben	Seattle U.
18	O'Leary, Ciaran	Gonzaga
19	Thompson, William	Gonzaga
20	McEachern, Cullen	Gonzaga
21	Davidson-Turner, Cal	Seattle U.
22	Wulff, Devin	Portland

Event 35 Men 60 Meter Hurdles (16)**Saturday 1/12/2019 - 10:25 AM****Top 8 Times Will Advance To Final**

Dempsey: 7.60 2/27/2016 Devon Allen
Meet: 7.65 1/13/2018 Aries Merritt

Lane	Name	School	Seed Time
Heat 1 of 4 Prelims			
1	Vollmer, Max	Oregon	
2	Canady, Braxton	Oregon	
3	Gamza, Andrey	Concordia (O	
4	Burton, Mitchell	Western Wash	
Heat 2 of 4 Prelims			
1	Harvey, Jonathan	Oregon	
2	Anderson, Joseph	Oregon	
3	Bolt, Cameron	Nau Track an	
4	Weiss, Chris	Trinity West	
Heat 3 of 4 Prelims			
1	Carpenter, Shayne	Seattle Paci	
2	Edwards Jr., Eric	Oregon	
3	Cummings, Cordell	Western Wash	
4	Torres, Austin	Oregon	
Heat 4 of 4 Prelims			
1	Okezie, Koby	Western Wash	
2	Hargett, Dalen	Oregon	
3	LaCoste, Pierce	Oregon	
4	Williams, Harrison	Stanford	

Event 21 Men 4x400 Meter Relay (18)**Saturday 1/12/2019 - 5:15 PM****Dempsey: 3:06.98 2/26/2005 Oregon****Anderson, Inico, Ikwuakor, Scherer****Meet: 3:11.37 1/17/2004 Oregon****Anderson, Lamb, Holliday, Scherer**

Lane	Team	Relay	Seed Time
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Section 1 of 4 Finals

1	Alaska Ancho	A	
	1) Remington, Daniel		2) Sramek, David
	3) Orozco, Eduardo		4) Campbell, Enrique
2	Stanford	A	
	1) Navarro, Gabe		2) Stenmark, Louis
	3) Body, Julian		4) Zoltak, Miles
3	Oregon	A	
	1) Harvey, Jonathan		2) Edwards Jr., Eric
	3) McNamara, Jacoby		4) Miller, Jacob
4	Oregon	B	
	1) Hargett, Dalen		2) LaCoste, Pierce
	3) Torres, Austin		4) Vollmer, Max
5	Washington	A	
	1) Elliott, Cass		2) Mafilas, Evan
	3) Palmer, Jason		4) Santana, Kemuel

Section 2 of 4 Finals

1	Western Oreg	A	
	1) Blodgett, Codi		2) Cranston, Neal
	3) Emile, Lashaun		4) Kanelis, Zach
2	Stanford	B	
	1) Franco, Andrew		2) Sathyamurthy, Hari
	3) Smith, Brian		4) Westlund, Isaac
3	Washington	B	
	1) Kennedy, Parker		2) Stanovsek, Mick
	3) Morello, Connor		4) Hull, Talon
4	Simon Fraser	A	
	1) Adhemar, Joshua		2) Lenton, Jorin
	3) Vargas, Carlos		4) Conrad, Ben
5	Western Wash	A	
	1) Lovercamp, Reid		2) Oglesby, Jon
	3) Okezie, Koby		4) Witters, Ryan

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Section 3 of 4 Finals...(Event 21 Men 4x400 Meter Relay (18))

1	Seattle U.	B
	1) Keene, Stewart	2) Hasty, Devin
	3) O'Connor, Ryan	4) Payne, Isaiah
2	Concordia (O)	A
	1) Brown, Adam	2) Powers, Tyler
	3) Seifert, Peter	4) Bierly, Robert
3	Trinity West	A
	1) Prevost, Sam	2) Kits, Aidan
	3) Snyder, Luke	4) Hughes, Kevin
4	Western Oreg	B
	1) Campos-Davis, Gabriel	2) Burgett, Issac
	3) Tagad, Travis	4) Knott, Curt
5	Stanford	C
	1) Mendez, Clayton	2) Cortes, Isaac
	3) Conway, Liam	4) Smith, Brian

Section 4 of 4 Finals

2	Western Oreg	C
	1) Arce-Torres, Gabe	2) Cupp, Micah
	3) Carmona, Max	4) Reed, Trey
3	Seattle U.	C
	1) Hasty, Devin	2) Milne, Lucas
	3) Pixler, Nathan	4) Talan, Evan
4	Seattle U.	A
	1) Carrasco, Alexandro	2) Claiborne, Kailan
	3) Brown, Steve	4) Sun, William

Event 23 Men High Jump (22)

Saturday 1/12/2019 - 1:30 PM

Flight 1 - Start 1.65m

Flight 2 - Start 1.85m

Dempsey: 7-07 2/13/2010 Jesse Williams
 Meet: 7-06.50 1/19/2008 Michael Mason

Pos	Name	School	Seed Mark
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Flight 1 of 2 Finals

1	Nicholson, Brandon	Alaska Ancho
2	Kuzyk, Zackary	Simon Fraser
3	Sterkel, Ethan	Western Wash
4	Manju, Iyan	Western Wash
5	Torres, Austin	Oregon
6	Weiss, Chris	Trinity West
7	Davies, Garrett	Western Wash
8	Carrizales, Emmy	Concordia (O)
9	Makrakis, Nick	Western Wash
10	Dances, Seren	Western Wash

Flight 2 of 2 Finals

1	Rex, Trevor	Stanford
2	Jacobson, Mitch	Washington S
3	Halligan, Keelan	Washington S
4	English, Max	Washington S
5	Chatten, Eric	Unattached
6	Fredrickson, Peyton	Washington S
7	Johnson, Kyley	Bowerman TC
8	Brake, Chris	Alaska Ancho
9	Wickliff, Tupre	Western Wash
10	Milligan, Ben	Oregon
11	Wolfe, Jacoby	George Fox
12	Sheeran, Beau	Washington S

Event 25 Men Pole Vault (32)

Saturday 1/12/2019 - 10:00 AM

Flight 1 @ 10:00am - Start 3.85m

Flight 2 @ 2:00pm - Start 4.75m

Dempsey: 19-00.75 1/31/2004 Tony Stevenson
 Meet: 18-08.25 1/13/2007 Brad Walker

Pos	Name	School	Seed Mark
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Flight 1 of 2 Finals

1	LaCoste, Pierce	Oregon
2	Cummings, Cooper	Western Wash
3	Barbour, Sean	Seattle Paci
4	Luccock, Dominic	Trinity West
5	Rinefort, Ian	Western Wash
6	Williams, Christian	Western Wash
7	Flintoff, Davis	Seattle Paci
8	Johnston, Glen	Trinity West
9	Augenstein, Zachariah	Trinity West
10	Weiss, Chris	Trinity West
11	Sramek, David	Alaska Ancho
12	Englar, Jacob	Washington S
13	McMurry, William	Ariz Pole Vault
14	Vollmer, Max	Oregon
15	Gingerich, Troy	Washington S
16	Bushman, Trevor	Washington S
17	Konrad, J. T.	Western Wash
18	Hernandez, Giovanni	Trinity West

Flight 2 of 2 Finals

1	Weiler, Joseph	Washington
2	Starr, Bowman	Unattached
3	Boyd, David	Trinity West
4	Black, Blaise	Washington
5	Shugart, Zachary	Washington
6	Green, Joe	Willamette S
7	Moldau, Sander	Washington S
8	Williams, Harrison	Stanford
9	Kiles, August	Unattached
10	Smith, Chase	Unattached
11	Starkey, Garrett	Ariz Pole Vault
12	Bragg, Adam	Unattached
13	Oates, Olen	Ariz Pole Vault
14	Wyatt, Audie	Unattached

2019 UW Indoor Preview - 1/12/2019

Dempsey Indoor, Seattle WA
Meet Program**Event 27 Men Long Jump (24)****Saturday 1/12/2019 - 9:00 AM**

Dempsey: 26-07.75 2/29/2008 Norris Frederick

Meet: 26-03 1/14/2012 Norris Frederick

Pos	Name	School	Seed Mark
Flight 1 of 2 Finals			
1	Smith, Aidan	Seattle U.	
2	Makrakis, Nick	Western Wash	
3	McAllister, Cyrus	Western Wash	
4	Kennedy, Parker	Washington	
5	Sterkel, Ethan	Western Wash	
6	Rinefort, Ian	Western Wash	
7	Mataya, Rudy	Western Wash	
8	Duckworth, Jeremiah	Western Wash	
9	Kuzyk, Zackary	Simon Fraser	
10	Carrizales, Emmy	Concordia (O)	
11	Shannon, Maxwell	Oregon	
12	Ringold, Jacob	Western Wash	

Flight 2 of 2 Finals

1	Sramek, David	Alaska Ancho	
2	Follett, Jake	Step Ur Game	
3	Williams, Harrison	Stanford	
4	Tran, David	Western Wash	
5	Christensen, Carson	Tahoma TC	
6	Manju, Iyan	Western Wash	
7	Chhim, Somit	Western Wash	
8	Dances, Seren	Western Wash	
9	Hurte, Imari	Unattached	
10	Brown, Denzel	Trinity West	
11	Collins, Keane	Unattached	
12	Richmond, Samuel	Washington	

Event 29 Men Triple Jump (14)**Saturday 1/12/2019 - 2:00 PM**

Dempsey: 54-06.50 2/1/2003 Julien Kapek

Meet: 53-11 1/16/2016 Eric Sloan

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Chhim, Somit	Western Wash	
2	Brake, Chris	Alaska Ancho	
3	Newby, Silas	Seattle Paci	
4	Omilana, Fisayo	Stanford	
5	Brown, Denzel	Trinity West	
6	Nicholson, Brandon	Alaska Ancho	
7	Duckworth, Jeremiah	Western Wash	
8	Davydenko, David	Unattached	
9	Ringold, Jacob	Western Wash	
10	Claiborne, Kailan	Seattle U.	
11	Taylor, Jaylen	Washington	
12	Johnson Jr., Montineze	Unattached	
13	Lee, Dominic	Unattached	
14	Makrakis, Nick	Western Wash	

Event 31 Men Shot Put (20)**Saturday 1/12/2019 - 2:00 PM**

Dempsey: 70-05.25 3/1/2008 Ryan Whiting

Meet: 64-01.75 1/14/2017 David Pless

Pos	Name	School	Seed Mark
Flight 1 of 2 Finals			
1	Hargett, Dalen	Oregon	
2	Collins, Karsten	Western Oreg	
3	Kennedy, Parker	Washington	
4	Torres, Austin	Oregon	
5	Collins, Owen	Western Oreg	
6	LaCoste, Pierce	Oregon	
7	Weiss, Chris	Trinity West	
8	Luccock, Dominic	Trinity West	
Flight 2 of 2 Finals			
1	Bridge, Seth	Concordia (O)	
2	Vollmer, Max	Oregon	
3	Malquist, Ben	Western Wash	
4	Steffey, Chris	Western Oreg	
5	Child, Mont	Western Oreg	
6	Elder, Brett	Concordia (O)	
7	Jensen, Connor	Concordia (O)	
8	Koch, Josh	Concordia (O)	
9	Padilla, Jose	Washington	
10	Wilson, Jonah	Washington	
11	Nichols, Sam	Concordia (O)	
12	Bridge, Caleb	Concordia (O)	

Event 33 Men Weight Throw (16)**Saturday 1/12/2019 - 12:00 PM**

Dempsey: 77-05.25 2/27/2015 Conor McCullough

Meet: 75-04.75 1/15/2011 Michael Mai

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Child, Mont	Western Oreg	
2	Mason, Elijah	Washington	
3	Jensen, Connor	Concordia (O)	
4	Denniston, Joe	Concordia (O)	
5	Knight, Trey	Unattached	
6	Jost, Connor	Washington	
7	Ellingson, Landon	Stanford	
8	Briere, Jared	Oregon	
9	Bridge, Caleb	Concordia (O)	
10	Young, Alexander	Velaasa	
11	Tharp, Austin	Oregon	
12	Lydum, Max	Oregon	
13	Koffman, Jake	Stanford	
14	Collins, Karsten	Western Oreg	
15	Bridge, Seth	Concordia (O)	
16	Koch, Josh	Concordia (O)	

2019 UW Indoor Preview - 1/12/2019**Dempsey Indoor, Seattle WA****Meet Program****Event 5 Mixed 60 Meter Dash (15)****Saturday 1/12/2019 - 11:00 AM****Lane Name School Seed Time****Section 1 of 3 Finals**

1	Scherbinin, Vadim	M	Men-57
2	Dickson, Tom	M	Men-65
3	Atkins, Ronald	M	Men-44
4	Jenkins, Willis	M	Men-43
5	Waller, Michael	M	Men-60

Section 2 of 3 Finals

1	Liu, Edwin	M	Men-62
2	Edwards, George	M	Men-61
3	Hofford, Glen	M	Men-55
4	Gennarelli, Tom	M	Men-50
5	Van Ryswyk, Len	M	Men-55

Section 3 of 3 Finals

1	Leslie, Will	M	Men-73
2	Williams, Keysa	W	Women-38
3	Ahearn, Leo	M	Men-62
4	Johnston, Gabrielle	W	Women-50
5	Hundley, Clyde	M	Men-72