

**BIG SOUTH XC CHAMPIONSHIPS**

Kernersville, NC

Ivey M. Redmon Sports Complex

Weather: 45 degrees and rain

Host: High Point University

Friday, October 26, 2018

**OFFICIAL MEET REPORT**

printed: 10/26/2018 12:44 PM

**Race #1**  
**Womens 5k Championship**
**Final Results**
**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Avg.	Spread
1 High Point	23	1-3-4-7-8(12)(15)	18:31	0:52.9
2 Campbell	55	2-9-11-16-17(20)(23)	18:58	1:04.9
3 Charleston Sthrn	91	6-10-22-25-28(32)(36)	19:31	1:38.9
4 UNC-Asheville	106	5-14-21-27-39(42)(47)	19:46	2:12.6
5 USC Upstate	160	13-29-35-40-43(53)(56)	20:25	1:50.2
6 Radford	181	24-26-38-41-52	20:39	1:26.4
7 Presbyterian	209	19-30-46-50-64(66)(69)	21:04	3:06.2
8 Winthrop	212	18-33-45-51-65	21:07	3:25.5
9 Hampton	245	31-34-57-61-62	21:25	1:41.0
10 Longwood	246	37-44-48-58-59(60)(63)	21:19	1:05.8
11 Gardner-Webb	293	49-54-55-67-68	22:14	2:19.1

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	2.5K
1 Heinst, Famke	SO	416	High Point	1	17:53.8	5:45.3	3:34.8	9:08.0
2 Koekemoer, Shanley	FR	20	Campbell	2	18:19.2	5:53.4	3:39.8	9:08.9
3 Ickes, Lindsey	FR	419	High Point	3	18:34.3	5:58.3	3:42.9	9:25.6
4 Geis, Zoe	JR	414	High Point	4	18:35.4	5:58.6	3:43.1	9:26.1
5 Wincheski, Clara	FR	826	UNC-Asheville	5	18:36.2	5:58.9	3:43.2	9:19.0
6 Inman, Caroline	FR	119	Charleston Sthrn	6	18:39.6	6:00.0	3:43.9	9:28.8
7 Case, Keaton	JR	411	High Point	7	18:44.3	6:01.5	3:44.9	9:26.1
8 Hellman, Julia	SO	417	High Point	8	18:46.7	6:02.3	3:45.3	9:25.5
9 Botha, Lize	JR	14	Campbell	9	18:48.3	6:02.8	3:45.7	9:26.9
10 Mills, Makannah	FR	121	Charleston Sthrn	10	18:48.7	6:02.9	3:45.7	9:35.4
11 Louw, Michaela	SO	21	Campbell	11	18:50.6	6:03.5	3:46.1	9:27.5
12 Jakobs, Franziska	SO	420	High Point	(12)	18:57.8	6:05.9	3:47.6	9:27.2
13 Pierstorff, Krysta	SR	923	USC Upstate	13	19:07.2	6:08.9	3:49.4	9:39.8
14 Coleman, Kelly	SR	816	UNC-Asheville	14	19:21.7	6:13.5	3:52.3	9:45.5
15 Bagus, Sydney	SO	410	High Point	(15)	19:23.0	6:14.0	3:52.6	9:40.4
16 Jackson, Roshae	SR	19	Campbell	16	19:23.7	6:14.2	3:52.7	9:28.8
17 Fitch, Madeline	JR	17	Campbell	17	19:24.1	6:14.3	3:52.8	9:42.5
18 Henson, Harper	JR	1012	Winthrop	18	19:30.1	6:16.2	3:54.0	9:31.3
19 Hart, Sally	SR	615	Presbyterian	19	19:37.7	6:18.7	3:55.5	9:49.5
20 Cranford, Hannah	FR	16	Campbell	(20)	19:39.1	6:19.1	3:55.8	9:40.9
21 Nichols, Madeline	FR	823	UNC-Asheville	21	19:45.4	6:21.2	3:57.1	9:50.7
22 Thornhill, Bethany	JR	124	Charleston Sthrn	22	19:46.1	6:21.4	3:57.2	9:51.9
23 Bowen, Ali	SR	15	Campbell	(23)	19:46.6	6:21.5	3:57.3	9:55.1
24 Dinger, Charis	JR	413	High Point	-	19:49.8	6:22.6	3:58.0	9:51.4
25 Bond, Kayland	FR	708	Radford	24	19:58.9	6:25.5	3:59.8	9:59.2
26 Willemse, Zanelle	FR	125	Charleston Sthrn	25	20:00.9	6:26.1	4:00.2	9:58.2
27 Harper, Camryn	FR	415	High Point	-	20:03.2	6:26.9	4:00.6	10:09.4
28 Rodriguez, Madelyn	FR	22	Campbell	-	20:03.4	6:26.9	4:00.7	9:41.8
29 Lyons, Percie	SR	712	Radford	26	20:07.2	6:28.2	4:01.4	10:04.3
30 Brewer, Megan	SR	815	UNC-Asheville	27	20:13.3	6:30.1	4:02.7	10:01.7

**BIG SOUTH XC CHAMPIONSHIPS**

Kernersville, NC

Ivey M. Redmon Sports Complex

Weather: 45 degrees and rain

Host: High Point University

Friday, October 26, 2018

**OFFICIAL MEET REPORT**

printed: 10/26/2018 12:44 PM

**Race #1  
Womens 5k Championship****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	2.5K
31 McDowell, Javenique	SO	120	Charleston Sthrn	28	20:18.5	6:31.8	4:03.7	10:00.5
32 Davis, Mia	SO	918	USC Upstate	29	20:26.6	6:34.4	4:05.3	10:12.8
33 Bennett, Ali	JR	611	Presbyterian	30	20:28.6	6:35.0	4:05.7	10:18.8
34 Johnson, Asia	JR	308	Hampton	31	20:28.9	6:35.1	4:05.8	10:20.5
35 Baldwin, Jade	JR	13	Campbell	-	20:29.4	6:35.3	4:05.9	10:09.8
36 Cadet, Rebecca	JR	117	Charleston Sthrn	(32)	20:34.4	6:36.9	4:06.9	
37 Ballou, Kelsey	SR	1008	Winthrop	33	20:36.2	6:37.5	4:07.2	10:17.1
38 Clayton, Lucy	FR	412	High Point	-	20:37.7	6:38.0	4:07.5	10:19.8
39 Rashad, Zuri	FR	310	Hampton	34	20:38.1	6:38.1	4:07.6	10:18.2
40 Thompson, Shamia	SR	924	USC Upstate	35	20:40.4	6:38.8	4:08.1	10:20.5
41 Cole, Darrian	FR	118	Charleston Sthrn	(36)	20:41.3	6:39.1	4:08.3	10:29.0
42 Williams, Casey	SO	519	Longwood	37	20:43.6	6:39.9	4:08.7	10:45.9
43 Eckert, Annsley	SO	709	Radford	38	20:46.1	6:40.7	4:09.2	10:19.0
44 Costelloe, Morgan	SO	817	UNC-Asheville	39	20:48.8	6:41.5	4:09.8	10:11.3
45 Bradshaw, Marcy	SO	915	USC Upstate	40	20:51.0	6:42.3	4:10.2	10:31.0
46 Fernandez, Elise	FR	710	Radford	41	20:55.9	6:43.8	4:11.2	10:32.5
47 Appleton, India	FR	814	UNC-Asheville	(42)	20:56.0	6:43.9	4:11.2	10:07.0
48 Cherono, Stecy	FR	917	USC Upstate	43	20:57.4	6:44.3	4:11.5	10:18.0
49 Gordon, Lindsey	FR	516	Longwood	44	21:02.2	6:45.9	4:12.4	10:47.6
50 Graham, Ashley	SR	1011	Winthrop	45	21:05.5	6:46.9	4:13.1	10:31.2
51 Keen, Julia	FR	618	Presbyterian	46	21:08.4	6:47.8	4:13.7	10:31.6
52 Decker, Samantha	FR	818	UNC-Asheville	(47)	21:09.5	6:48.2	4:13.9	10:33.3
53 Foster, Maddie	FR	515	Longwood	48	21:10.4	6:48.5	4:14.1	10:45.8
54 Jones, Hannah	JR	207	Gardner-Webb	49	21:17.1	6:50.6	4:15.4	10:35.9
55 Swanigan, Emily	JR	619	Presbyterian	50	21:20.3	6:51.7	4:16.1	10:32.8
56 DeFalco, Jesse	SO	1009	Winthrop	51	21:23.1	6:52.6	4:16.6	10:30.4
57 Phillips, Chloe	FR	713	Radford	52	21:25.3	6:53.3	4:17.1	10:39.9
58 Chavez, Alicia	JR	916	USC Upstate	(53)	21:26.0	6:53.5	4:17.2	10:35.2
59 Turlington, Amy	JR	211	Gardner-Webb	54	21:26.4	6:53.6	4:17.3	10:42.5
60 Hirsch, Samantha	FR	821	UNC-Asheville	-	21:27.8	6:54.1	4:17.6	10:33.9
61 Bolstad, Sandra	JR	206	Gardner-Webb	55	21:30.0	6:54.8	4:18.0	10:46.9
62 Leavitt, Allie	FR	921	USC Upstate	(56)	21:31.0	6:55.1	4:18.2	10:39.8
63 Palmquist, Joey	FR	922	USC Upstate	-	21:32.7	6:55.7	4:18.5	10:40.0
64 Vickers, Savannah	FR	825	UNC-Asheville	-	21:34.8	6:56.3	4:19.0	10:44.9
65 Brown, DeVonya	SO	305	Hampton	57	21:35.7	6:56.6	4:19.1	10:33.7
66 Faulk, Jessica	FR	514	Longwood	58	21:47.6	7:00.5	4:21.5	11:07.6
67 Dunaway, Cicely	FR	513	Longwood	59	21:49.4	7:01.0	4:21.9	11:06.5
68 Currey, Mary Grace	FR	511	Longwood	(60)	21:56.8	7:03.4	4:23.4	11:05.3
69 Barnes, Taylor	SO	116	Charleston Sthrn	-	22:05.2	7:06.1	4:25.0	10:57.9
70 Johnson, Shakeria	FR	309	Hampton	61	22:07.9	7:07.0	4:25.6	10:55.7
71 Foster, Tea	FR	307	Hampton	62	22:09.9	7:07.6	4:26.0	10:56.6
72 Schvaneveldt, Grace	SO	122	Charleston Sthrn	-	22:21.9	7:11.5	4:28.4	
73 Koellner, Brawnwyn	FR	920	USC Upstate	-	22:33.6	7:15.2	4:30.7	11:04.7
74 Dippold, Brooke	FR	512	Longwood	(63)	22:39.4	7:17.1	4:31.9	11:19.9
75 Devaney, Denise	JR	613	Presbyterian	64	22:43.9	7:18.6	4:32.8	11:26.8
76 Loggia, Amber	FR	1013	Winthrop	65	22:55.6	7:22.3	4:35.1	11:11.8

**BIG SOUTH XC CHAMPIONSHIPS**

Kernersville, NC

Ivey M. Redmon Sports Complex

Weather: 45 degrees and rain

Host: High Point University

Friday, October 26, 2018

**OFFICIAL MEET REPORT**

printed: 10/26/2018 12:44 PM

**Race #1  
Womens 5k Championship****Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>#</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>	<b>2.5K</b>
77 Jennette, Libby	SR	919	USC Upstate	-	23:02.2	7:24.4	4:36.4	11:31.3
78 Fricano, Ripley	SR	614	Presbyterian	(66)	23:07.5	7:26.1	4:37.5	11:29.3
79 Kanetzke, Courtney	SO	208	Gardner-Webb	67	23:16.3	7:29.0	4:39.3	11:31.0
80 Parandhamaia, Faith	FR	210	Gardner-Webb	68	23:36.2	7:35.4	4:43.2	11:46.0
81 Lambert, Kristen	FR	517	Longwood	-	25:46.1	8:17.1	5:09.2	12:56.8
82 Winn, Abigayle	SO	620	Presbyterian	(69)	28:50.1	9:16.3	5:46.0	14:27.3

**BIG SOUTH XC CHAMPIONSHIPS**

Kernersville, NC

Ivey M. Redmon Sports Complex

Weather: 45 degrees and rain

Host: High Point University

Friday, October 26, 2018

**OFFICIAL MEET REPORT**

printed: 10/26/2018 12:44 PM

**Race #2  
Mens 8k Championship****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Avg.	Spread
1 Campbell	27	1-2-4-9-11(27)(35)	25:51	1:29.2
2 Charleston Sthrn	36	5-6-7-8-10(28)(34)	26:08	0:39.2
3 High Point	75	3-13-17-19-23(24)(31)	27:03	1:58.5
4 UNC-Asheville	114	12-14-15-36-37(38)(45)	27:26	1:33.6
5 USC Upstate	124	18-20-25-29-32(39)(42)	27:46	0:32.6
6 Radford	132	16-21-22-33-40(60)	27:51	1:08.4
7 Presbyterian	215	26-43-47-49-50(65)(66)	28:45	1:26.6
8 Longwood	238	30-46-48-56-58(62)(67)	29:22	2:41.3
9 Winthrop	266	41-52-55-57-61(63)(68)	29:53	2:50.0
10 Hampton	289	44-51-59-64-71	30:50	4:41.1
11 Gardner-Webb	318	53-54-69-70-72	32:06	5:32.3

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	2K	4K	6K
1 Kipkoech, Lawrence	SR	9	Campbell	1	25:07.3	5:03.3	3:08.4	6:23.0	12:51.6	18:59.3
2 Kemboi, Amon	SO	7	Campbell	2	25:12.9	5:04.4	3:09.1	12:50.6	18:59.7	
3 Bouchrak, El Hocine	SO	400	High Point	3	25:47.3	5:11.3	3:13.4	6:23.7	12:49.9	19:13.8
4 Kirui, Kelvin	SR	12	Campbell	4	25:50.3	5:11.9	3:13.8	6:23.3	12:47.7	19:14.8
5 Akright, Andrew	SO	100	Charleston Sthrn	5	25:51.2	5:12.1	3:13.9	6:23.3		
6 Inman, Matt	SO	111	Charleston Sthrn	6	25:55.3	5:12.9	3:14.4	6:23.7		
7 Wilson, Jerryck	JR	115	Charleston Sthrn	7	26:09.3	5:15.8	3:16.2	6:22.8	19:17.8	
8 Domoney, Jaymee	SO	107	Charleston Sthrn	8	26:13.7	5:16.6	3:16.7	6:24.0	12:54.4	19:43.4
9 Gilbert, Hunter	JR	6	Campbell	9	26:24.3	5:18.8	3:18.0	6:23.8	12:52.1	19:31.5
10 Dominy, Trevor	JR	106	Charleston Sthrn	10	26:30.4	5:20.0	3:18.8	6:25.0	12:54.0	
11 Kipruto, Meshack	SR	10	Campbell	11	26:36.5	5:21.2	3:19.6	6:23.8	12:50.9	19:38.8
12 Boone, Zach	JR	802	UNC-Asheville	12	26:47.1	5:23.4	3:20.9	6:40.3	13:17.7	20:01.2
13 Smucker, Spencer	FR	409	High Point	13	26:50.4	5:24.0	3:21.3	6:44.4	13:29.9	20:12.5
14 Little, Thomas	JR	808	UNC-Asheville	14	26:51.3	5:24.2	3:21.4	6:40.1	13:18.0	20:01.3
15 Turner, Sage	JR	813	UNC-Asheville	15	27:04.1	5:26.8	3:23.0	6:40.6	13:19.4	20:02.9
16 Limo, Joe	FR	705	Radford	16	27:16.6	5:29.3	3:24.6	6:42.4	13:29.4	20:20.6
17 Pina Cardona, Siro	SO	406	High Point	17	27:20.8	5:30.1	3:25.1	13:31.5	20:20.5	
18 Johnson, Jonathan	FR	906	USC Upstate	18	27:29.1	5:31.8	3:26.1	13:29.0	20:30.9	
19 Morales, TJ	JR	405	High Point	19	27:30.5	5:32.1	3:26.3	6:44.7	13:30.5	20:27.0
20 Castano, Andrew	FR	902	USC Upstate	20	27:31.9	5:32.4	3:26.5	6:38.8	13:35.1	
21 Cisneros, Juan	SO	702	Radford	21	27:40.9	5:34.2	3:27.6	6:42.9	13:29.1	20:32.0
22 Casey, Makinnley	JR	700	Radford	22	27:44.2	5:34.8	3:28.0	6:43.8	13:34.9	20:38.5
23 Gray, Stephen	SO	402	High Point	23	27:45.8	5:35.2	3:28.2	13:31.6	20:33.1	
24 Sasso, Anthony	SO	407	High Point	(24)	27:46.8	5:35.4	3:28.4	6:45.2	13:31.3	20:27.1
25 Young, Marlin	FR	914	USC Upstate	25	27:49.2	5:35.9	3:28.7	6:42.7	13:40.8	20:49.4
26 Wise, William	JR	610	Presbyterian	26	27:49.3	5:35.9	3:28.7	6:51.4	13:50.3	20:51.6
27 Burgamy, Jacob	JR	1	Campbell	(27)	27:53.5	5:36.7	3:29.2	6:42.7	13:33.8	20:35.9
28 Eddy, Benjamin	FR	108	Charleston Sthrn	(28)	27:55.0	5:37.0	3:29.4	6:43.4	20:39.4	
29 Tardella, Michael	FR	913	USC Upstate	29	27:57.7	5:37.6	3:29.7	6:45.5	13:40.4	20:46.5
30 Church, Sage	FR	503	Longwood	30	27:59.2	5:37.9	3:29.9	6:58.0	13:54.5	20:58.0

**BIG SOUTH XC CHAMPIONSHIPS**

Kernersville, NC

Ivey M. Redmon Sports Complex

Weather: 45 degrees and rain

Host: High Point University

Friday, October 26, 2018

**OFFICIAL MEET REPORT**

printed: 10/26/2018 12:44 PM

**Race #2  
Mens 8k Championship****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	2K	4K	6K
31 Gilbert, Grant	FR	401	High Point	(31)	28:00.0	5:38.0	3:30.0	6:53.7	13:54.8	20:57.8
32 Coccia, Jacob	JR	903	USC Upstate	32	28:01.7	5:38.4	3:30.2	13:39.6	20:46.8	
33 Kidanu, Ashenafi	JR	704	Radford	33	28:03.4	5:38.7	3:30.4	6:43.7	13:39.3	20:46.4
34 Bergamasco, David	FR	1024	Charleston Sthrn	(34)	28:03.8	5:38.8	3:30.5			
35 Gallimore, Travis	JR	5	Campbell	(35)	28:04.5	5:38.9	3:30.6	20:57.0		
36 Gillespie, Blanton	SR	805	UNC-Asheville	36	28:05.5	5:39.1	3:30.7	6:44.6	13:32.8	20:48.1
37 Parker, Graham	JR	810	UNC-Asheville	37	28:20.7	5:42.2	3:32.6	6:44.4	13:32.6	20:48.8
38 Barrera, Matthew	SR	801	UNC-Asheville	(38)	28:23.3	5:42.7	3:32.9	6:54.1	13:51.4	20:59.8
39 Coccia, Jared	JR	904	USC Upstate	(39)	28:24.1	5:42.9	3:33.0	14:07.2		
40 Decker, Pete	SO	703	Radford	40	28:25.0	5:43.1	3:33.1	6:43.3	13:42.3	21:00.1
41 Metcalf-Shull, William	FR	1005	Winthrop	41	28:26.2	5:43.3	3:33.3	6:43.6	13:48.0	21:10.7
42 Burt, Brandon	FR	900	USC Upstate	(42)	28:27.0	5:43.5	3:33.4	6:54.2	14:00.3	21:15.3
43 Loy, Jonathan	FR	910	USC Upstate	-	28:32.7	5:44.6	3:34.1	13:55.9	21:11.7	
44 Sherwin, Philip	SO	408	High Point	-	28:33.1	5:44.7	3:34.1	6:53.3	13:56.3	21:12.6
45 Taber, Neel	SO	609	Presbyterian	43	28:34.7	5:45.0	3:34.3	6:51.7	14:02.6	21:17.8
46 Miller, Logan	JR	911	USC Upstate	-	28:34.8	5:45.0	3:34.4			
47 McCullough, Geoffrey	JR	303	Hampton	44	28:35.0	5:45.1	3:34.4	6:57.5	13:56.4	21:12.3
48 Todd, Jacob	SO	812	UNC-Asheville	(45)	28:37.6	5:45.6	3:34.7	6:43.8	13:45.9	21:14.2
49 Martin, Joshua	FR	112	Charleston Sthrn	-	28:49.0	5:47.9	3:36.1	6:58.6		
50 Miller, Ryan	FR	507	Longwood	46	28:54.7	5:49.0	3:36.8	6:59.3	14:06.9	21:23.4
51 Kochert, Zack	FR	604	Presbyterian	47	28:55.1	5:49.1	3:36.9	6:55.7	14:06.5	21:30.4
52 Preece, Noel	FR	510	Longwood	48	28:55.3	5:49.2	3:36.9	6:59.5	14:07.1	21:27.7
53 Plumb, Banner	SO	607	Presbyterian	49	29:05.3	5:51.2	3:38.2	6:53.1	13:58.1	21:32.7
54 Gotfredson, Duncan	SR	601	Presbyterian	50	29:15.9	5:53.3	3:39.5	7:02.7	14:17.4	21:50.5
55 Howerton, Jordan	FR	807	UNC-Asheville	-	29:23.1	5:54.7	3:40.4	6:58.1	14:13.6	21:42.4
56 Price, Coby	SO	304	Hampton	51	29:31.8	5:56.5	3:41.5	6:45.9	14:04.0	21:42.2
57 Bijeau, Blair	JR	1000	Winthrop	52	29:34.2	5:57.0	3:41.8	7:09.7	14:33.0	22:03.2
58 Levonick, Matt	FR	909	USC Upstate	-	29:35.4	5:57.2	3:41.9	7:01.0	14:29.2	22:01.3
59 Sastre, Patrick	SO	204	Gardner-Webb	53	29:38.3	5:57.8	3:42.3	14:40.1	22:16.9	
60 Martin, Ezekiel	SR	202	Gardner-Webb	54	29:40.3	5:58.2	3:42.5	7:11.9	14:38.3	22:14.6
61 Jarvis, Hunter	JR	1002	Winthrop	55	29:46.6	5:59.5	3:43.3	7:12.3	14:42.5	22:19.4
62 Hayfron, Edward	SO	404	High Point	-	30:07.2	6:03.6	3:45.9	6:48.2	13:58.1	21:40.5
63 Dollard, Chrishon	SO	505	Longwood	56	30:16.8	6:05.6	3:47.1	7:27.5	15:00.3	22:41.3
64 Thatcher, Tyler	FR	1007	Winthrop	57	30:20.0	6:06.2	3:47.5	7:13.6	14:45.7	22:30.6
65 Howell, Nick	FR	506	Longwood	58	30:40.5	6:10.3	3:50.1	6:58.1	14:08.9	22:38.7
66 Castro, Roberto	FR	803	UNC-Asheville	-	30:49.7	6:12.2	3:51.2	6:58.9	14:36.1	22:34.8
67 Burris, Tayvon	JR	300	Hampton	59	30:59.0	6:14.0	3:52.4	7:20.6	15:14.6	23:10.9
68 Spriggs, Joe	SR	706	Radford	(60)	31:01.5	6:14.5	3:52.7	7:20.9	15:05.1	23:04.6
69 Hoyt, Zac	SO	1001	Winthrop	61	31:16.2	6:17.5	3:54.5	7:22.4	15:17.3	23:14.7
70 Bapties, John	SR	501	Longwood	(62)	31:22.0	6:18.7	3:55.3	7:45.7	15:30.9	23:21.9
71 Oliver, John	SR	1006	Winthrop	(63)	31:36.4	6:21.6	3:57.1	7:18.6	15:01.7	23:08.2
72 Hike-Charles, Jamont	SO	301	Hampton	64	31:44.3	6:23.2	3:58.0	7:25.1	15:22.5	23:32.1
73 Morkus, Kiro	FR	606	Presbyterian	(65)	31:49.2	6:24.1	3:58.7	7:31.5	15:31.7	23:39.0
74 Schuetterle, Kieran	FR	608	Presbyterian	(66)	32:10.2	6:28.4	4:01.3	15:14.6	23:52.2	
75 O'Keefe, Nick	FR	508	Longwood	(67)	32:13.5	6:29.0	4:01.7	7:45.4	15:42.9	23:58.2
76 Harmon, Luke	FR	602	Presbyterian	-	32:20.0	6:30.3	4:02.5	7:33.4	15:35.1	23:54.3

**BIG SOUTH XC CHAMPIONSHIPS**

Kernersville, NC

Ivey M. Redmon Sports Complex

Weather: 45 degrees and rain

Host: High Point University

Friday, October 26, 2018

**OFFICIAL MEET REPORT**

printed: 10/26/2018 12:44 PM

**Race #2**  
**Mens 8k Championship**
**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	2K	4K	6K
77 Lane, Jake	FR	1004	Winthrop	(68)	32:25.4	6:31.4	4:03.2	7:32.5	15:38.7	23:56.1
78 Hermanns, Samuel	SR	201	Gardner-Webb	69	32:53.1	6:37.0	4:06.6	7:34.5	15:40.8	24:03.2
79 Podgaisky, Bogdan	JR	203	Gardner-Webb	70	33:06.1	6:39.6	4:08.3	7:58.6	16:16.2	24:41.1
80 Huyghue, Zaire	FR	302	Hampton	71	33:16.1	6:41.6	4:09.5	7:36.1	16:07.7	24:43.3
81 Birdsong, Jake	SR	600	Presbyterian	-	34:03.6	6:51.2	4:15.5	7:47.2	16:29.1	25:15.6
82 Sayles, Nathaniel	FR	205	Gardner-Webb	72	35:10.6	7:04.7	4:23.8	7:59.0	16:54.1	26:06.9
83 Johnson, Alex	SR	603	Presbyterian	-	35:26.4	7:07.8	4:25.8	8:13.9	16:52.5	25:49.0