

2018 GNAC Outdoor Track and Field Championship - 5/11/2018 to 5/12/2018**Western Oregon University****Results****Women 100 Meter Dash****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

McArthur Rec:	11.81	F	2015	Jamie Ashcroft, Alaska Anchorage
GNAC Records:	11.64	R	2015	Jamie Ashcroft, UAA
Qual Auto:	11.50	A	2018	DII Automatic Qualifying Standard
Qual Prov:	11.94	P	2018	DII Provisional Qualifying Standard

Name	School	Seed	Prelims	Wind	H#
Preliminaries					
1 Meyer, Renick	Seattle Pacific	12.31	P 11.89 Q	0.6	3
2 Quaynor, Meyer	Simon Fraser	12.29	12.15 Q	1.3	1
3 Weems, Erykah	Central Washington	12.68	12.21 Q	0.3	2
4 Stepper, Julia	Seattle Pacific	12.06	12.16 q	1.3	1
5 Ries, Marie	Alaska Anchorage	12.18	12.18 q	0.6	3
6 Bradley, Hannah	Western Washington	12.25	12.24 q	0.6	3
7 Houk, Becca	Seattle Pacific	12.25	12.31 q	1.3	1
8 Bley, Grace	Seattle Pacific	12.19	12.41 q	0.3	2
9 Greene, Emily	Western Washington	12.76	12.47	0.6	3
10 Vongsaveng, Mariyah	Central Washington	13.22	12.53	0.3	2
11 McLean, Kelsey	Western Washington	12.52	12.59	0.6	3
12 Doss, Aujanique	Central Washington	12.25	12.60	0.3	2
13 West, Bryce	Simon Fraser	12.65	12.61	1.3	1
14 Carter, Troi	Central Washington	12.63	12.72	1.3	1
15 Thomas, Alexia	Central Washington	12.43	12.73	0.3	2
16 Johnson, Michaela	Msu-Billings	12.39	12.75	0.3	2
17 Sears, Hailey	Western Oregon	12.79	12.79	1.3	1
18 Johnson, Tori	Concordia (Ore.)	12.76	12.83	0.3	2
19 Yuen, Camryn	Simon Fraser	12.85	12.89	1.3	1
20 Legras, Natalie	Western Oregon	13.07	13.03	0.6	3
21 Collins, Jewlz	Msu-Billings	12.66	13.12	0.6	3

Women 100 Meter Dash

McArthur Rec:	11.81	F	2015	Jamie Ashcroft, Alaska Anchorage
GNAC Records:	11.64	R	2015	Jamie Ashcroft, UAA
Qual Auto:	11.50	A	2018	DII Automatic Qualifying Standard
Qual Prov:	11.94	P	2018	DII Provisional Qualifying Standard

Name	School	Prelims	Finals	Wind	Points
Finals					
1 Meyer, Renick	Seattle Pacific	11.89	12.16	-0.3	10
2 Quaynor, Meyer	Simon Fraser	12.15	12.24	-0.3	8
3 Ries, Marie	Alaska Anchorage	12.18	12.27	-0.3	6
4 Stepper, Julia	Seattle Pacific	12.16	12.36	-0.3	5
5 Bley, Grace	Seattle Pacific	12.41	12.37	-0.3	4
6 Houk, Becca	Seattle Pacific	12.31	12.49	-0.3	3
7 Bradley, Hannah	Western Washington	12.24	12.49	-0.3	2
8 Weems, Erykah	Central Washington	12.21	12.51	-0.3	1
Preliminaries					
9 Greene, Emily	Western Washington	12.47			
10 Vongsaveng, Mariyah	Central Washington	12.53			
11 McLean, Kelsey	Western Washington	12.59			
12 Doss, Aujanique	Central Washington	12.60			
13 West, Bryce	Simon Fraser	12.61			

2018 GNAC Outdoor Track and Field Championship - 5/11/2018 to 5/12/2018**Western Oregon University****Results****Preliminaries ... (Women 100 Meter Dash)**

Name	School	Prelims	Finals	Wind	Points
14 Carter, Troi	Central Washington	12.72			
15 Thomas, Alexia	Central Washington	12.73			
16 Johnson, Michaela	Msu-Billings	12.75			
17 Sears, Hailey	Western Oregon	12.79			
18 Johnson, Tori	Concordia (Ore.)	12.83			
19 Yuen, Camryn	Simon Fraser	12.89			
20 Legras, Natalie	Western Oregon	13.03			
21 Collins, Jewlz	Msu-Billings	13.12			

Women 200 Meter Dash**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

McArthur Rec:	24.45	F	2015	Jamie Ashcroft, Alaska Anchorage
GNAC Records:	23.99	R	2007	NyEma Sims, SPU
Qual Auto:	23.56	A	2018	DII Automatic Qualifying Standard
Qual Prov:	24.46	P	2018	DII Provisional Qualifying Standard

Name	School	Seed	Prelims	Wind	H#
Preliminaries					
1 Ries, Marie	Alaska Anchorage	24.62	24.91 Q	-0.9	2
2 Smith, Savannah	Western Washington	24.83	25.07 Q	-1.5	1
3 Bley, Grace	Seattle Pacific	24.95	25.21 q	-0.9	2
4 Houk, Becca	Seattle Pacific	25.43	25.40 q	-1.5	1
5 Bradley, Hannah	Western Washington	25.46	25.42 q	-1.5	1
6 Stepper, Julia	Seattle Pacific	25.03	25.54 q	-0.9	2
7 Meyer, Renick	Seattle Pacific	24.88	25.56 q	-1.5	1
8 Quaynor, Meyer	Simon Fraser	25.12	25.58 q	-1.5	1
9 Vongsaveng, Mariyah	Central Washington	25.30	25.72	-0.9	2
10 Taylor, Lani	Seattle Pacific	25.50	25.75	-0.9	2
11 West, Bryce	Simon Fraser	25.22	25.76	-1.5	1
12 Sears, Hailey	Western Oregon	26.35	26.11	-1.5	1
13 Doss, Aujanique	Central Washington	25.25	26.12	-0.9	2
14 Sytsma, Emily	Western Washington	25.50	26.24	-0.9	2
15 Foos, Isabella	Western Washington	25.86	26.46	-1.5	1
16 Inderbitzin, Julia	Central Washington	26.96	26.69	-0.9	2

Women 200 Meter Dash

McArthur Rec:	24.45	F	2015	Jamie Ashcroft, Alaska Anchorage
GNAC Records:	23.99	R	2007	NyEma Sims, SPU
Qual Auto:	23.56	A	2018	DII Automatic Qualifying Standard
Qual Prov:	24.46	P	2018	DII Provisional Qualifying Standard

Name	School	Prelims	Finals	Wind	Points
Finals					
1 Bley, Grace	Seattle Pacific	25.21	24.70	-0.4	10
2 Ries, Marie	Alaska Anchorage	24.91	24.74	-0.4	8
3 Smith, Savannah	Western Washington	25.07	25.17	-0.4	6
4 Bradley, Hannah	Western Washington	25.42	25.20	-0.4	5
5 Houk, Becca	Seattle Pacific	25.40	25.30	-0.4	4
6 Quaynor, Meyer	Simon Fraser	25.58	25.45	-0.4	3
7 Stepper, Julia	Seattle Pacific	25.54	26.03	-0.4	2
Preliminaries					
7 Meyer, Renick	Seattle Pacific	25.56			

2018 GNAC Outdoor Track and Field Championship - 5/11/2018 to 5/12/2018**Western Oregon University****Results****Preliminaries ... (Women 200 Meter Dash)**

Name	School	Prelims	Finals	Wind	Points
9 Vongsaveng, Mariyah	Central Washington	25.72			
10 Taylor, Lani	Seattle Pacific	25.75			
11 West, Bryce	Simon Fraser	25.76			
12 Sears, Hailey	Western Oregon	26.11			
13 Doss, Aujanique	Central Washington	26.12			
14 Sytsma, Emily	Western Washington	26.24			
15 Foos, Isabella	Western Washington	26.46			
16 Inderbitzin, Julia	Central Washington	26.69			

Women 400 Meter Dash**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

McArthur Rec:	54.88	F	2017	Vanessa Aniteye, Alaska Anchorage
GNAC Records:	53.56	R	2007	Mary Pearce, UAA
Qual Auto:	53.15	A	2018	DII Automatic Qualifying Standard
Qual Prov:	55.93	P	2018	DII Provisional Qualifying Standard

Name	School	Seed	Prelims	H#
Preliminaries				
1 Aniteye, Vanessa	Alaska Anchorage	55.03	P 55.31 Q	2
2 Taylor, Lani	Seattle Pacific	55.93	56.28 Q	1
3 Bluschke, Renate	Simon Fraser	56.16	55.99 q	2
4 Knight, Akeilia	Alaska Anchorage	56.07	56.40 q	1
5 Smith, Savannah	Western Washington	57.12	57.13 q	2
6 Burke, Grayson	Western Oregon	57.43	57.85 q	1
7 Neria, Jasmyne	Central Washington	58.38	57.94 q	2
8 Sytsma, Emily	Western Washington	58.34	58.30 q	1
9 Inderbitzin, Julia	Central Washington	59.17	58.48	2
10 Collins, Jewlz	Msu-Billings	59.74	59.74	1
11 Tandecki, Taylor	Saint Martin's	1:00.00	59.77	1
12 Alston, D'Rhema	Alaska Anchorage	1:00.18	1:00.25	2

Women 400 Meter Dash

McArthur Rec:	54.88	F	2017	Vanessa Aniteye, Alaska Anchorage
GNAC Records:	53.56	R	2007	Mary Pearce, UAA
Qual Auto:	53.15	A	2018	DII Automatic Qualifying Standard
Qual Prov:	55.93	P	2018	DII Provisional Qualifying Standard

Name	School	Prelims	Finals	Points
Finals				
1 Aniteye, Vanessa	Alaska Anchorage	55.31	55.22 P	10
2 Taylor, Lani	Seattle Pacific	56.28	55.91 P	8
3 Bluschke, Renate	Simon Fraser	55.99	56.32	6
4 Knight, Akeilia	Alaska Anchorage	56.40	56.41	5
5 Smith, Savannah	Western Washington	57.13	56.49	4
6 Burke, Grayson	Western Oregon	57.85	57.74	3
7 Sytsma, Emily	Western Washington	58.30	59.00	2
8 Neria, Jasmyne	Central Washington	57.94	59.40	1
Preliminaries				
9 Inderbitzin, Julia	Central Washington	58.48		
10 Collins, Jewlz	Msu-Billings	59.74		
11 Tandecki, Taylor	Saint Martin's	59.77		
12 Alston, D'Rhema	Alaska Anchorage	1:00.25		

2018 GNAC Outdoor Track and Field Championship - 5/11/2018 to 5/12/2018**Western Oregon University****Results****Women 800 Meter Run****9 Advance: Top 2 Each Heat plus Next 5 Best Times**

McArthur Rec: 2:06.38 F 2010 Sara Porter, Western Washington
 GNAC Records: 2:02.10 R 2013 Helen Crofts, 2013
 Qual Auto: 2:07.51 A 2018 DII Automatic Qualifying Standard
 Qual Prov: 2:12.47 P 2018 DII Provisional Qualifying Standard

Name	School	Seed	Prelims	H#
Preliminaries				
1	Dodd, Sophie	Simon Fraser	2:11.15 P 2:09.14 Q	2
2	Woods, Olivia	Western Oregon	2:07.76 P 2:09.84 Q	1
3	McCormick, Danielle	Alaska Anchorage	2:06.17 P 2:09.81 Q	2
4	Phan, Chynna	Seattle Pacific	2:11.71 P 2:11.02 Q	1
5	Rose, Megan	Western Oregon	2:09.05 P 2:11.99 q	2
6	Townsend, Addy	Simon Fraser	2:06.82 2:12.69 q	1
7	Cvancara, Ruth	Alaska Anchorage	2:13.08 2:13.20 q	1
8	Lindsay, Nicole	Simon Fraser	2:15.49 2:15.31 q	1
9	Nock, Paige	Simon Fraser	2:14.02 2:15.33 q	2
10	Chilton, Emily	Simon Fraser	2:14.67 2:15.69	2
11	Konrad, Shawnee	Western Washington	2:19.35 2:20.38	2
12	Solomon, Shayla	Western Oregon	2:18.62 2:24.61	1
13	Bayly, Rachel	Western Oregon	2:22.33 2:28.35	2

Women 800 Meter Run

McArthur Rec: 2:06.38 F 2010 Sara Porter, Western Washington
 GNAC Records: 2:02.10 R 2013 Helen Crofts, 2013
 Qual Auto: 2:07.51 A 2018 DII Automatic Qualifying Standard
 Qual Prov: 2:12.47 P 2018 DII Provisional Qualifying Standard

Name	School	Prelims	Finals	Points
Finals				
1	McCormick, Danielle	Alaska Anchorage	2:09.81 2:08.25 P	10
2	Dodd, Sophie	Simon Fraser	2:09.14 2:08.29 P	8
3	Townsend, Addy	Simon Fraser	2:12.69 2:10.06 P	6
4	Woods, Olivia	Western Oregon	2:09.84 2:10.42 P	5
5	Phan, Chynna	Seattle Pacific	2:11.02 2:10.96 P	4
6	Rose, Megan	Western Oregon	2:11.99 2:13.92	3
7	Nock, Paige	Simon Fraser	2:15.33 2:15.15	2
8	Lindsay, Nicole	Simon Fraser	2:15.31 2:19.16	1
---	Cvancara, Ruth	Alaska Anchorage	2:13.20 FS	
Preliminaries				
10	Chilton, Emily	Simon Fraser	2:15.69	
11	Konrad, Shawnee	Western Washington	2:20.38	
12	Solomon, Shayla	Western Oregon	2:24.61	
13	Bayly, Rachel	Western Oregon	2:28.35	

2018 GNAC Outdoor Track and Field Championship - 5/11/2018 to 5/12/2018**Western Oregon University****Results****Women 1500 Meter Run****McArthur Rec: 4:13.81 F 1997****Jennifer Bravard, Asics Track Club****GNAC Records: 4:11.06 R 2010****Jessica Pixler, SPU****Qual Auto: 4:22.08 A 2018****DII Automatic Qualifying Standard****Qual Prov: 4:33.86 P 2018****DII Provisional Qualifying Standard**

Name	School	Seed	Finals	Points
Finals				
1 Townsend, Addy	Simon Fraser	4:22.26	4:24.59 P	10
2 Kurgat, Caroline	Alaska Anchorage	4:21.18	4:24.68 P	8
3 Van De Grift, Suzie	Western Oregon	4:28.10	4:25.85 P	6
4 Charleson, Mary	Seattle Pacific	4:30.70	4:27.85 P	5
5 Lilly, Kate	Seattle Pacific	4:30.30	4:30.29 P	4
6 Perez, Tamara	Alaska Anchorage	4:26.64	4:37.21	3
7 Phan, Chynna	Seattle Pacific	4:40.49	4:40.93	2
8 McPhee, Jordan	Seattle Pacific	4:36.47	4:43.56	1
9 Koger, Aundrea	Western Washington	4:43.05	4:45.23	
10 Soleim, Nicole	Central Washington	4:45.54	4:47.49	
11 Kettel, Hailey	Seattle Pacific	4:43.30	4:50.09	
12 Thompson, Elizabeth	Seattle Pacific	4:47.86	4:53.33	
13 Richardson, Dalen	Concordia (Ore.)	4:51.37	4:54.35	

Women 5000 Meter Run**McArthur Rec: 16:39.39 F 2010****Sarah Porter, Western Washington****GNAC Records: 15:41.21 R 2018****Caroline Kurgat, UAA****Qual Auto: 16:16.33 A 2018****DII Automatic Qualifying Standard****Qual Prov: 17:14.52 P 2018****DII Provisional Qualifying Standard**

Name	School	Seed	Finals	Points
Finals				
1 Kurgat, Caroline	Alaska Anchorage	15:41.21	16:53.43 P	10
2 Rufener, Kennedy	Western Oregon	17:13.06	17:08.51 P	8
3 Ginther, Ally	Simon Fraser	16:43.39	17:08.84 P	6
4 Foote, Alyssa	Seattle Pacific	17:01.51	17:09.87 P	5
5 Charleson, Mary	Seattle Pacific	17:13.91	17:19.29	4
6 Bassett, Rebecca	Simon Fraser	17:43.93	17:28.33	3
7 Chelimo, Emmanuelah	Alaska Anchorage	16:59.71	17:33.78	2
8 Shindruk, Alexa	Central Washington	17:00.79	17:46.98	1
9 Galvez, Sophia	Western Washington	17:25.49	17:50.29	
10 Holmberg, Dania	Seattle Pacific	17:37.61	17:54.62	
11 Walter, Katherine	Seattle Pacific	17:38.85	17:58.53	
12 Burroughs, Mariah	Alaska Anchorage	17:54.18	18:21.70	
13 Laiblin, Alexandra	Western Washington	17:51.54	18:26.55	
14 Coscia, Kimberly	Alaska Anchorage	17:38.91	18:33.09	
15 Swartz-Ireland, Tovah	Western Washington	18:05.58	18:44.54	
16 Melville, Tracy	Western Washington	17:45.64	18:50.14	
17 Shinnick, Peyton	Western Washington	18:00.17	18:58.71	
18 Danner, Bethany	Northwest Nazarene	18:20.19	19:03.65	
19 Burroughs, Riley	Alaska Anchorage	17:50.80	19:43.50	
--- Jepchumba, Zennah	Alaska Anchorage	17:14.70	DNF	
--- Lilly, Kate	Seattle Pacific		DNF	

2018 GNAC Outdoor Track and Field Championship - 5/11/2018 to 5/12/2018**Western Oregon University****Results****Women 10000 Meter Run**

McArthur Rec: 35:34.05 F 2008

GNAC Records: 32:33.24 R 2018

Qual Auto: 34:34.33 A 2018

Qual Prov: 36:37.02 P 2018

Lorene Young, Unattached

Caroline Kurgat, UAA

DII Automatic Qualifying Standard

DII Provisional Qualifying Standard

Name	School	Seed	Finals	Points
Finals				
1 Kurgat, Caroline	Alaska Anchorage	32:33.24	34:49.33 F	10
2 Galvez, Sophia	Western Washington	37:21.71	37:11.23	8
3 Shindruk, Alexa	Central Washington	34:57.08	37:19.98	6
4 Jepchumba, Zennah	Alaska Anchorage	37:16.80	38:20.19	5
5 Swartz-Ireland, Tovah	Western Washington	39:11.94	38:28.89	4
6 Melville, Tracy	Western Washington		38:59.17	3
7 Mc Nerney, Sedona	Seattle Pacific	39:11.91	39:06.76	2
8 Laiblin, Alexandra	Western Washington	37:16.26	39:22.48	1
9 Clem, Delaney	Central Washington	38:42.87	39:37.53	
10 Danner, Bethany	Northwest Nazarene		40:04.17	
11 Vaughan, Yeshi	Saint Martin's	41:38.77	40:19.02	
12 Hammons, Emily	Northwest Nazarene	40:44.46	41:28.59	

Women 100 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 6 Best Times

McArthur Rec: 13.90 F 2017

GNAC Records: 13.64 R 2018

Qual Auto: 13.45 A 2018

Qual Prov: 14.23 P 2018

Mariyah Vongsaveng, Central Washington

Mariyah Vongsaveng, CWU

DII Automatic Qualifying Standard

DII Provisional Qualifying Standard

Name	School	Seed	Prelims	Wind	H#
Preliminaries					
1 Vongsaveng, Mariyah	Central Washington	13.64	F 13.84 Q	0.5	1
2 Meyer, Renick	Seattle Pacific	14.22	P 14.14 Q	0.8	2
3 Weems, Erykah	Central Washington	14.50	P 14.20 q	0.8	2
4 Trinidad, Sidney	Central Washington	14.70	14.50 q	0.5	1
5 Stephens, Chase	Concordia (Ore.)	15.05	14.72 q	0.5	1
6 Ortega, HarLee	Central Washington	14.89	14.74 q	0.8	2
7 Hansen, Claire	Western Washington	14.96	14.76 q	0.8	2
8 Kendrick, Ariya	Saint Martin's	15.07	14.77 q	0.8	2
9 Cano, Elena	Alaska Anchorage	14.98	15.12	0.5	1
10 Miran, Ally	Northwest Nazarene	15.38	15.30	0.8	2
11 Johnson, Michaela	Msu-Billings	14.57	15.32	0.5	1
12 Conklin, Katie	Northwest Nazarene	15.40	15.66	0.5	1
13 Collins, Katie	Central Washington	15.42	15.84	0.5	1
14 Masiala, Plamedia	Central Washington	15.45	16.47	0.8	2
15 Yonkman, Michaela	Western Oregon	15.83	18.35	0.8	2

2018 GNAC Outdoor Track and Field Championship - 5/11/2018 to 5/12/2018**Western Oregon University****Results****Women 100 Meter Hurdles**

McArthur Rec: 13.90 F 2017
GNAC Records: 13.64 R 2018
Qual Auto: 13.45 A 2018
Qual Prov: 14.23 P 2018

Mariyah Vongsaveng, Central Washington
Mariyah Vongsaveng, CWU
DII Automatic Qualifying Standard
DII Provisional Qualifying Standard

Name	School	Prelims	Finals	Wind	Points	
Finals						
1	Vongsaveng, Mariyah	Central Washington	13.84	13.98 P	1.1	10
2	Meyer, Renick	Seattle Pacific	14.14	14.13 P	1.1	8
3	Weems, Erykah	Central Washington	14.20	14.58	1.1	6
4	Stephens, Chase	Concordia (Ore.)	14.72	14.68	1.1	5
5	Trinidad, Sidney	Central Washington	14.50	14.75	1.1	4
6	Kendrick, Ariya	Saint Martin's	14.77	14.83	1.1	3
7	Hansen, Claire	Western Washington	14.76	14.88	1.1	2
8	Ortega, HarLee	Central Washington	14.74	14.95	1.1	1
Preliminaries						
9	Cano, Elena	Alaska Anchorage	15.12			
10	Miran, Ally	Northwest Nazarene	15.30			
11	Johnson, Michaela	Msu-Billings	15.32			
12	Conklin, Katie	Northwest Nazarene	15.66			
13	Collins, Katie	Central Washington	15.84			
14	Masiala, Plamedia	Central Washington	16.47			
15	Yonkman, Michaela	Western Oregon	18.35			

Women 400 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

McArthur Rec: 1:00.23 F 2006
GNAC Records: 59.17 R 2015
Qual Auto: 58.92 A 2018
Qual Prov: 1:02.09 P 2018

Kasey Harwood, Oregon
Haleigh Lloyd, UAA
DII Automatic Qualifying Standard
DII Provisional Qualifying Standard

Name	School	Seed	Prelims	H#	
Preliminaries					
1	Anderson, Ali	Central Washington	1:00.95	1:02.38 Q	1
2	Trinidad, Sidney	Central Washington	1:01.97	1:02.79 Q	3
3	Weems, Erykah	Central Washington	1:00.77	1:04.30 Q	2
4	Collins, Katie	Central Washington	1:03.03	1:02.96 q	3
5	Madden, Sara	Western Oregon	1:03.39	1:03.47 q	1
6	Bone, Chelsea	Concordia (Ore.)		1:05.21 q	1
7	Notting, Megan	Simon Fraser	1:06.29	1:06.07 q	2
8	House, Molly	Western Washington	1:07.62	1:06.39 q	2
9	Niskanen, Nicole	Western Oregon	1:06.49	1:06.40	1
10	Svastisalee, Deja	Western Washington	1:06.88	1:06.79	1
11	Masiala, Plamedia	Central Washington	1:06.81	1:07.05	3
12	Jeschke, Yvonne	Alaska Anchorage	1:05.49	1:07.15	2
13	Cano, Elena	Alaska Anchorage	1:06.81	1:07.40	3
14	Miran, Ally	Northwest Nazarene	1:07.82	1:08.84	2
15	Brooks, Ashley	Concordia (Ore.)	1:08.19	1:09.24	1
16	Nickelson, Artresa	Saint Martin's	1:09.07	1:09.62	3
17	Yonkman, Michaela	Western Oregon	1:08.37	1:09.68	3

2018 GNAC Outdoor Track and Field Championship - 5/11/2018 to 5/12/2018**Western Oregon University****Results****Women 400 Meter Hurdles****McArthur Rec: 1:00.23 F 2006****GNAC Records: 59.17 R 2015****Qual Auto: 58.92 A 2018****Qual Prov: 1:02.09 P 2018****Kasey Harwood, Oregon****Haleigh Lloyd, UAA****DII Automatic Qualifying Standard****DII Provisional Qualifying Standard**

Name	School	Prelims	Finals	Points
Finals				
1 Weems, Erykah	Central Washington	1:04.30	1:00.10 F	10
2 Anderson, Ali	Central Washington	1:02.38	1:00.22 F	8
3 Collins, Katie	Central Washington	1:02.96	1:02.54	6
4 Trinidad, Sidney	Central Washington	1:02.79	1:03.38	5
5 Madden, Sara	Western Oregon	1:03.47	1:03.64	4
6 Bone, Chelsea	Concordia (Ore.)	1:05.21	1:05.57	3
7 Notting, Megan	Simon Fraser	1:06.07	1:06.68	2
8 House, Molly	Western Washington	1:06.39	1:07.04	1

Preliminaries

9 Niskanen, Nicole	Western Oregon	1:06.40		
10 Svastisalee, Deja	Western Washington	1:06.79		
11 Masiala, Plamedia	Central Washington	1:07.05		
12 Jeschke, Yvonne	Alaska Anchorage	1:07.15		
13 Cano, Elena	Alaska Anchorage	1:07.40		
14 Miran, Ally	Northwest Nazarene	1:08.84		
15 Brooks, Ashley	Concordia (Ore.)	1:09.24		
16 Nickelson, Artresa	Saint Martin's	1:09.62		
17 Yonkman, Michaela	Western Oregon	1:09.68		

Women 3000 Meter Steeplechase**McArthur Rec: 10:14.16 F 2015****GNAC Records: 10:13.01 R 2014****Qual Auto: 10:19.33 A 2018****Qual Prov: 11:04.19 P 2018****Katelyn Steen, Western Washington****Katelyn Steen, WWU****DII Automatic Qualifying Standard****DII Provisional Qualifying Standard**

Name	School	Seed	Finals	Points
Finals				
1 Dobie, Reta	Simon Fraser	10:33.81	10:43.38 P	10
2 Chelimo, Emmanuelah	Alaska Anchorage	11:00.09	10:49.33 P	8
3 Soleim, Nicole	Central Washington	10:48.96	11:00.43 P	6
4 Ribeiro, Chelsea	Simon Fraser	10:58.72	11:05.99	5
5 Burroughs, Mariah	Alaska Anchorage	10:49.95	11:06.60	4
6 Shinnick, Peyton	Western Washington	11:16.00	11:11.32	3
7 Kettel, Hailey	Seattle Pacific	11:12.08	11:16.89	2
8 Aiken, Nikki	Msu-Billings	11:30.20	11:19.43	1
9 Dorney, Lindsey	Saint Martin's	12:00.35	11:41.82	
10 Tingelstad, Isabelle	Western Oregon	12:05.83	11:45.28	
11 McKinney, Cassie	Western Oregon	12:00.73	11:45.64	
12 Hobson, Gabby	Concordia (Ore.)	11:33.08	11:50.93	
13 Fjelstul, Bailey	Concordia (Ore.)	11:39.52	11:55.10	
14 Killingbeck, Aysia	Concordia (Ore.)	12:01.09	11:55.80	
15 Townsend, Dana	Simon Fraser	11:16.61	11:58.92	
16 Dalglish, Sadie	Saint Martin's	12:08.78	12:17.35	

2018 GNAC Outdoor Track and Field Championship - 5/11/2018 to 5/12/2018**Western Oregon University****Results****Women 4x100 Meter Relay**

McArthur Rec:	46.78	F	2017	Alaska Anchorage, Alaska Anchorage
GNAC Records:	46.19	R	2017	Simon Fraser, Simon Fraser
Qual Auto:	45.41	A	2018	DII Automatic Qualifying Standard
Qual Prov:	46.85	P	2018	DII Provisional Qualifying Standard

Team	Relay	Seed	Finals	Points
Finals				
1 Seattle Pacific	A	46.33	46.60 F	10
1) Meyer, Renick	2) Stepper, Julia	3) Houk, Becca	4) Bley, Grace	
2 Western Washington	A	47.36	47.24	8
1) McLean, Kelsey	2) Bradley, Hannah	3) Smith, Savannah	4) Sytsma, Emily	
3 Central Washington	A	49.07	48.31	6
1) Vongsaveng, Mariyah	2) Carter, Troi	3) Thomas, Alexia	4) Doss, Aujanique	
4 Alaska Anchorage	A	48.37	48.46	5
1) Cano, Elena	2) Alston, D'Rhema	3) Ries, Marie	4) Aniteye, Vanessa	
5 Saint Martin's	A	49.55	49.32	4
1) Kendrick, Ariya	2) Tandecki, Taylor	3) Frazier, Alycia	4) Nickelson, Artresa	
6 Msu-Billings	A	49.33	49.54	3
1) Collins, Jewlz	2) Johnson, Michaela	3) Schwend, Shaniah	4) Beckett, Brenna	
7 Western Oregon	A	50.70	50.01	2
1) Legras, Natalie	2) Sears, Hailey	3) Yonkman, Michaela	4) Madden, Sara	

Women 4x400 Meter Relay

McArthur Rec:	3:45.64	F	2015	Simon Fraser, Simon Fraser
GNAC Records:	3:41.93	R	2017	Alaska Anchorage, Alaska Anchorage
Qual Auto:	3:40.11	A	2018	DII Automatic Qualifying Standard
Qual Prov:	3:47.90	P	2018	DII Provisional Qualifying Standard

Team	Relay	Seed	Finals	Points
Finals				
1 Simon Fraser	A	3:47.82	3:44.44 F	10
1) Lindsay, Nicole	2) Dodd, Sophie	3) Townsend, Addy	4) Bluschke, Renate	
2 Western Oregon	A	3:49.89	3:45.82 P	8
1) Burke, Grayson	2) Rose, Megan	3) Van De Grift, Suzie	4) Woods, Olivia	
3 Seattle Pacific	A	3:50.64	3:45.88 P	6
1) Cai, Scout	2) Houk, Becca	3) Phan, Chynna	4) Taylor, Lani	
4 Alaska Anchorage	A	3:43.01	3:46.94 P	5
1) Knight, Akeilia	2) McCormick, Danielle	3) Perez, Tamara	4) Aniteye, Vanessa	
5 Central Washington	A	3:50.79	3:49.81	4
1) Neria, Jasmyne	2) Collins, Katie	3) Weems, Erykah	4) Anderson, Ali	
6 Western Washington	A	3:57.97	4:00.86	3
1) Sytsma, Emily	2) Svastisalee, Deja	3) Foos, Isabella	4) Smith, Savannah	
7 Concordia (Ore.)	A	4:07.12	4:07.08	2
1) Brooks, Ashley	2) Bailly, Kaitlyn	3) Johnson, Tori	4) Bone, Chelsea	
--- Saint Martin's	A	4:13.12	FS	
1) Kendrick, Ariya	2) Pott, Tiffany	3) Tandecki, Taylor	4) Nickelson, Artresa	

2018 GNAC Outdoor Track and Field Championship - 5/11/2018 to 5/12/2018**Western Oregon University****Results****Women High Jump****McArthur Rec:** 5-10.75 F 1996**GNAC Records:** 5-10 R 2007**Qual Auto:** 1.77m A 2018**Qual Prov:** 1.67m P 2018**Camile Jampulski, Unattached****Teona Perkins, SPU****DII Automatic Qualifying Standard****DII Provisional Qualifying Standard**

Name	School	Finals	Points
Finals			
1 Taylor, Maddie	Western Washington	1.66m 5-05.25	10
2 Lehnert, Geneva	Seattle Pacific	1.61m 5-03.25	8
3 Conklin, Katie	Northwest Nazarene	J1.61m 5-03.25	4.50
3 Johnson, Tori	Concordia (Ore.)	J1.61m 5-03.25	4.50
3 Cai, Scout	Seattle Pacific	J1.61m 5-03.25	4.50
3 Stewart, Mackenzie	Simon Fraser	J1.61m 5-03.25	4.50
7 Ortega, HarLee	Central Washington	J1.61m 5-03.25	2
8 Stephens, Chase	Concordia (Ore.)	1.56m 5-01.25	.50
8 Vest, Ashley	Saint Martin's	1.56m 5-01.25	.50
10 Meadows, Shaddia	Central Washington	J1.56m 5-01.25	
10 Pott, Tiffany	Saint Martin's	J1.56m 5-01.25	
12 Fortune, Erin	Simon Fraser	1.51m 4-11.50	
12 Phommathirath, Keeley	Central Washington	1.51m 4-11.50	
12 Jeschke, Yvonne	Alaska Anchorage	1.51m 4-11.50	
12 Collins, Katie	Central Washington	1.51m 4-11.50	
12 Henry, Bridget	Western Washington	1.51m 4-11.50	
12 Petz, Amy	Simon Fraser	1.51m 4-11.50	
12 Orme, Jamie	Msu-Billings	1.51m 4-11.50	
19 Faretta, Heather	Western Washington	J1.51m 4-11.50	
19 Bone, Chelsea	Concordia (Ore.)	J1.51m 4-11.50	
21 Schwend, Shaniah	Msu-Billings	J1.51m 4-11.50	
--- Williams, Janessa	Msu-Billings	NH	

Women Pole Vault**McArthur Rec:** 13-06.25 F 2001**GNAC Records:** 13-01.75 R 2017**Qual Auto:** 4.07m A 2018**Qual Prov:** 3.64m P 2018**Becky Holliday, Clackamas CC****Anna Paradee, WWU****DII Automatic Qualifying Standard****DII Provisional Qualifying Standard**

Name	School	Finals	Points
Finals			
1 Irvine, Halle	Central Washington	3.68m P 12-00.75	10
2 Paradee, Anna	Western Washington	J3.68m P 12-00.75	8
3 Cai, Scout	Seattle Pacific	3.53m 11-07.00	6
4 Oliquiano, Jewels	Western Washington	J3.53m 11-07.00	5
5 Roberts, Rachael	Western Washington	3.38m 11-01.00	4
6 Dodson, Hannah	Western Washington	3.23m 10-07.00	3
7 Andersen, Amanda	Western Washington	J3.23m 10-07.00	2
8 Gwin, Kourtney	Northwest Nazarene	J3.23m 10-07.00	1
9 Lambert, Emma	Seattle Pacific	3.08m 10-01.25	
10 Stevens, Brittany	Central Washington	J3.08m 10-01.25	
11 Brelsford, Mariah	Western Washington	J3.08m 10-01.25	
12 Wyatt, Kayla	Central Washington	J3.08m 10-01.25	
13 Konrad, Shawnee	Western Washington	J3.08m 10-01.25	
--- Northey, Emily	Seattle Pacific	NH	

2018 GNAC Outdoor Track and Field Championship - 5/11/2018 to 5/12/2018**Western Oregon University****Results****Women Long Jump**

McArthur Rec: 19-09.75 F 1996

Julie Bright, Unattached

GNAC Records: 20-05 R 2018

Renick Meyer, SPU

Qual Auto: 6.25m A 2018

DII Automatic Qualifying Standard

Qual Prov: 5.79m P 2018

DII Provisional Qualifying Standard

Name	School	Finals	Wind	Points
Finals				
1 Meyer, Renick	Seattle Pacific	5.91m P 19-04.75	+0.0 2	10
2 Ortega, HarLee	Central Washington	5.62m 18-05.25	-1.3 2	8
3 Wilson, Darian	Western Oregon	5.50m 18-00.50	+0.0 2	6
4 May, Kellie	Seattle Pacific	5.37m 17-07.50	+0.0 2	5
5 Phommathirath, Keeley	Central Washington	5.35m 17-06.75	+0.0 2	4
6 Loufoua, Nice	Northwest Nazarene	J5.35m 17-06.75	+0.0 1	3
7 Williams, Brooke	Central Washington	5.32m 17-05.50	-0.6 2	2
8 Irvine, Halle	Central Washington	5.28m 17-04.00	1.1 1	1
9 Fraser, Ashleigh	Saint Martin's	5.22m 17-01.50	1.4 1	
10 Cai, Scout	Seattle Pacific	5.18m 17-00.00	+0.0 2	
11 Stephens, Chase	Concordia (Ore.)	5.06m 16-07.25	+0.0 1	
12 Walts, Rose	Central Washington	5.05m 16-07.00	-0.2 1	
13 Munoz, Malea	Western Washington	J5.05m 16-07.00	NWI 1	
14 Mahowald, Jackie	Northwest Nazarene	4.96m 16-03.25	+0.0 1	
15 Bone, Chelsea	Concordia (Ore.)	J4.96m 16-03.25	+0.0 2	
16 Beckett, Brenna	Msu-Billings	4.83m 15-10.25	0.2 1	
17 Schwend, Shaniah	Msu-Billings	4.66m 15-03.50	+0.0 1	
18 Orme, Jamie	Msu-Billings	4.56m 14-11.50	+0.0 1	
19 Anderson, Ali	Central Washington	4.51m 14-09.75	+0.0 2	
20 Olson, Devon	Western Washington	4.50m 14-09.25	+0.0 1	

Women Triple Jump

McArthur Rec: 40-09 F 1992

Lavern Clark (92), Ashley Potter (12), Unattached, Western Oreg

GNAC Records: 40-09 R 2012

Ashley Potter, WOU

Qual Auto: 12.75m A 2018

DII Automatic Qualifying Standard

Qual Prov: 11.81m P 2018

DII Provisional Qualifying Standard

Name	School	Finals	Wind	Points
Finals				
1 Ortega, HarLee	Central Washington	12.09m P 39-08.00	-0.7 2	10
2 Loufoua, Nice	Northwest Nazarene	11.89m P 39-00.25	1.4 2	8
3 Hill, Emma	Concordia (Ore.)	11.80m 38-08.75	1.0 2	6
4 Mahowald, Jackie	Northwest Nazarene	11.64m 38-02.25	0.3 2	5
5 May, Kellie	Seattle Pacific	J11.64m 38-02.25	1.6 2	4
6 Stephens, Chase	Concordia (Ore.)	11.56m 37-11.25	1.2 2	3
7 Wilson, Darian	Western Oregon	11.21m 36-09.50	2.1 1	2
8 Conklin, Katie	Northwest Nazarene	11.00m 36-01.25	0.1 1	1
9 Walts, Rose	Central Washington	10.75m 35-03.25	+0.0 2	
10 Beckett, Brenna	Msu-Billings	10.37m 34-00.25	2.3 1	
11 Schwend, Shaniah	Msu-Billings	10.20m 33-05.75	1.7 2	
12 Heckathorn, Katie	Northwest Nazarene	10.17m 33-04.50	1.2 1	
13 Cole, Brianna	Concordia (Ore.)	10.09m 33-01.25	0.5 1	
14 Olson, Devon	Western Washington	9.87m 32-04.75	+0.0 1	
--- Williams, Brooke	Central Washington	FOUL		2
--- Williams, Janessa	Msu-Billings	FOUL		1

2018 GNAC Outdoor Track and Field Championship - 5/11/2018 to 5/12/2018**Western Oregon University****Results****Women Shot Put****McArthur Rec: 55-10.50 F 2018****GNAC Records: 50-00.75 R 2017****Qual Auto: 15.68m A 2018****Qual Prov: 13.63m P 2018****McKenzie Warren, Iron Wood TC****McKenzie Warren, CU****DII Automatic Qualifying Standard****DII Provisional Qualifying Standard**

Name	School	Finals	Points
Finals			
1 MacDonald, Christina	Concordia (Ore.)	14.74m P 48-04.50	2 10
2 Ausman, Melissa	Concordia (Ore.)	14.10m P 46-03.25	2 8
3 Linenko, Katrina	Concordia (Ore.)	13.91m P 45-07.75	2 6
4 Tensley, Joselynn	Concordia (Ore.)	13.11m 43-00.25	2 5
5 Bring, Rachel	Concordia (Ore.)	12.85m 42-02.00	2 4
6 Willing, Tasha	Concordia (Ore.)	12.48m 40-11.50	2 3
7 Sprague, Kori	Concordia (Ore.)	12.48m 40-11.50	2 2
8 Darden, Taylor	Concordia (Ore.)	12.18m 39-11.50	2 1
9 Taylor, Holly	Simon Fraser	11.78m 38-07.75	2
10 Vernoy, Megan	Saint Martin's	11.26m 36-11.50	1
11 Steinbeisser, Hailey	Msu-Billings	11.11m 36-05.50	1
12 Korolenko, Sasha	Northwest Nazarene	11.00m 36-01.25	1
13 Gianotti, Moana	Western Oregon	10.97m 36-00.00	1
14 Nessian, Hannah	Msu-Billings	10.88m 35-08.50	1
15 Stringari, Taylor	Msu-Billings	10.71m 35-01.75	1
16 Eddy, Chanelle	Western Washington	10.57m 34-08.25	1

Women Discus Throw**McArthur Rec: 179-08 F 2008****GNAC Records: 182-10 R 2018****Qual Auto: 51.73m A 2018****Qual Prov: 44.65m P 2018****Annie Hess, Concordia****Melissa Ausman, CU****DII Automatic Qualifying Standard****DII Provisional Qualifying Standard**

Name	School	Finals	Points
Finals			
1 Ausman, Melissa	Concordia (Ore.)	53.01m A 173-11	2 10
2 Bring, Rachel	Concordia (Ore.)	47.37m P 155-05	2 8
3 Vernoy, Megan	Saint Martin's	44.30m 145-04	2 6
4 Eddy, Chanelle	Western Washington	43.79m 143-08	2 5
5 Nessian, Hannah	Msu-Billings	41.86m 137-04	2 4
6 Schwendeman, Kiana	Western Washington	41.00m 134-06	2 3
7 Willing, Tasha	Concordia (Ore.)	40.93m 134-03	2 2
8 Gianotti, Moana	Western Oregon	40.33m 132-04	1 1
9 Gronbach, Mariah	Western Oregon	39.83m 130-08	1
10 Linenko, Katrina	Concordia (Ore.)	39.41m 129-03	2
11 Meadows, Shaddia	Central Washington	39.25m 128-09	1
12 Korff, Halie	Western Oregon	37.31m 122-05	1
13 Lohof, Abbie	Msu-Billings	36.77m 120-08	1
14 Darden, Taylor	Concordia (Ore.)	35.70m 117-01	2
15 Coe, Taliah	Western Washington	34.92m 114-07	1
16 Stringari, Taylor	Msu-Billings	34.79m 114-02	1
17 Kuoha, Kassadee	Msu-Billings	33.34m 109-04	1
18 Willenbrock, Kendal	Northwest Nazarene	33.09m 108-07	1
19 Hagadorn, Miranda	Northwest Nazarene	32.21m 105-08	1
20 Wylie, Reitta	Northwest Nazarene	31.04m 101-10	1

2018 GNAC Outdoor Track and Field Championship - 5/11/2018 to 5/12/2018**Western Oregon University****Results****Women Hammer Throw****McArthur Rec: 207-04 F 2006****GNAC Records: 203-06 R 2018****Qual Auto: 60.48m A 2018****Qual Prov: 51.53m P 2018****Cari Soong, Team XO****Christina MacDonald, CU****DII Automatic Qualifying Standard****DII Provisional Qualifying Standard**

Name	School	Finals	Points
Finals			
1 MacDonald, Christina	Concordia (Ore.)	59.62m P 195-07	2 10
2 Willing, Tasha	Concordia (Ore.)	58.00m P 190-03	2 8
3 Larson, Liz	Saint Martin's	54.14m P 177-07	2 6
4 Tensley, Joselynn	Concordia (Ore.)	54.04m P 177-03	2 5
5 Sprague, Kori	Concordia (Ore.)	53.21m P 174-07	2 4
6 Taylor, Holly	Simon Fraser	48.83m 160-02	2 3
7 Korolenko, Sasha	Northwest Nazarene	48.68m 159-08	1 2
8 Bring, Rachel	Concordia (Ore.)	48.37m 158-08	1 1
9 Ausman, Melissa	Concordia (Ore.)	48.25m 158-04	2
10 Falck, Alecia	Western Oregon	45.91m 150-07	1
11 Dean, Sylvia	Western Oregon	45.83m 150-04	2
12 Gronbach, Mariah	Western Oregon	43.57m 142-11	1
13 Darden, Taylor	Concordia (Ore.)	42.17m 138-04	1
14 Steinbeisser, Hailey	Msu-Billings	41.35m 135-08	1
15 Lytle, Clare	Central Washington	41.15m 135-00	1
16 Hagadorn, Miranda	Northwest Nazarene	40.75m 133-08	1
17 Stringari, Taylor	Msu-Billings	40.39m 132-06	1
18 Kuoha, Kassadee	Msu-Billings	39.45m 129-05	1
19 Nessian, Hannah	Msu-Billings	36.60m 120-01	1
20 Snowden, Elise	Northwest Nazarene	35.45m 116-04	1
--- Schwendeman, Kiana	Western Washington	FOUL	2

Women Javelin Throw**McArthur Rec: 168-02 F 1995****GNAC Records: 177-09 R 2016****Qual Auto: 50.03m A 2018****Qual Prov: 41.24m P 2018****Kelsey Stellick, Oregon****Bethany Drake, WWU****DII Automatic Qualifying Standard****DII Provisional Qualifying Standard**

Name	School	Finals	Points
Finals			
1 Logan, Ellie	Northwest Nazarene	49.45m P 162-03	2 10
2 Pellecer, Raquel	Western Washington	48.01m P 157-06	2 8
3 Wilson, Darian	Western Oregon	47.07m P 154-05	2 6
4 Vetto, Natalie	Western Washington	46.38m P 152-02	2 5
5 Avalos, Deanna	Saint Martin's	44.85m P 147-02	2 4
6 Korff, Halie	Western Oregon	44.71m P 146-08	2 3
7 Stottlemire, Elizabeth	Concordia (Ore.)	44.56m P 146-02	2 2
8 Bone, Chelsea	Concordia (Ore.)	41.17m 135-01	1 1
9 Snowden, Elise	Northwest Nazarene	40.35m 132-04	1
10 Nienaber, Hannah	Western Washington	39.52m 129-08	2
11 Nobbs, Nicole	Northwest Nazarene	39.51m 129-07	2
12 Lombard-Chappell, Sayana	Central Washington	39.12m 128-04	1
13 Limas De La Cruz, Sheila	Western Oregon	37.01m 121-05	1
14 Coe, Taliah	Western Washington	33.81m 110-11	1
15 Howsden, Sarah	Saint Martin's	32.44m 106-05	1

2018 GNAC Outdoor Track and Field Championship - 5/11/2018 to 5/12/2018**Western Oregon University****Results****Men 100 Meter Dash****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

McArthur Rec:	10.33	F	1993	Jean Olivier-Zirignon, Unattached
GNAC Records:	10.22	R	2015	Alex Donigian, WWU
Qual Auto:	10.28	A	2018	DII Automatic Qualifying Standard
Qual Prov:	10.59	P	2018	DII Provisional Qualifying Standard

Name	School	Seed	Prelims	Wind	H#
Preliminaries					
1 Zook, Sam	Msu-Billings	10.41	P 10.58 Q	1.1	3
2 Hylton, Oshane	Alaska Anchorage	10.71	10.72 Q	0.8	1
3 Ortiz, Carlos	Concordia (Ore.)	10.60	10.87 Q	-0.9	2
4 Mah, Nathan	Simon Fraser	10.82	10.75 q	1.1	3
5 Gray, Darrion	Alaska Anchorage	10.89	10.82 q	0.8	1
6 Schram, Mason	Msu-Billings	10.58	10.94 q	0.8	1
7 Frisby, Lamont	Msu-Billings	10.61	10.99 q	-0.9	2
8 Blodgett, Codi	Western Oregon	10.87	11.00 q	1.1	3
9 Widmar, Bobby	Central Washington	10.93	11.04	-0.9	2
10 Hand, Jackson	Saint Martin's	11.04	11.07	1.1	3
11 VanVliet, Nick	Concordia (Ore.)	10.99	11.16	1.1	3
12 Shay, Kaelen	Msu-Billings	10.99	11.16	0.8	1
13 Horwath, Harry	Central Washington	11.07	11.21	0.8	1
14 Kahut, Isaiah	Northwest Nazarene	10.94	11.22	-0.9	2
15 Jones, Daniel	Western Washington	11.09	11.26	-0.9	2
16 Armstrong, Logan	Saint Martin's	11.09	11.33	-0.9	2
17 Pratt, Dillon	Alaska Anchorage	11.27	11.34	0.8	1

Men 100 Meter Dash

McArthur Rec:	10.33	F	1993	Jean Olivier-Zirignon, Unattached
GNAC Records:	10.22	R	2015	Alex Donigian, WWU
Qual Auto:	10.28	A	2018	DII Automatic Qualifying Standard
Qual Prov:	10.59	P	2018	DII Provisional Qualifying Standard

Name	School	Prelims	Finals	Wind	Points
Finals					
1 Ortiz, Carlos	Concordia (Ore.)	10.87	10.55 P	1.7	10
2 Zook, Sam	Msu-Billings	10.58	10.64	1.7	8
3 Hylton, Oshane	Alaska Anchorage	10.72	10.65	1.7	6
4 Mah, Nathan	Simon Fraser	10.75	10.79	1.7	5
5 Schram, Mason	Msu-Billings	10.94	10.87	1.7	4
6 Gray, Darrion	Alaska Anchorage	10.82	10.88	1.7	3
7 Blodgett, Codi	Western Oregon	11.00	10.95	1.7	2
8 Frisby, Lamont	Msu-Billings	10.99	11.24	1.7	1
Preliminaries					
9 Widmar, Bobby	Central Washington	11.04			
10 Hand, Jackson	Saint Martin's	11.07			
11 VanVliet, Nick	Concordia (Ore.)	11.16			
12 Shay, Kaelen	Msu-Billings	11.16			
13 Horwath, Harry	Central Washington	11.21			
14 Kahut, Isaiah	Northwest Nazarene	11.22			
15 Jones, Daniel	Western Washington	11.26			
16 Armstrong, Logan	Saint Martin's	11.33			
17 Pratt, Dillon	Alaska Anchorage	11.34			

2018 GNAC Outdoor Track and Field Championship - 5/11/2018 to 5/12/2018**Western Oregon University****Results****Men 200 Meter Dash****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

McArthur Rec:	21.32	F	2014	Tyrell Williams, Western Oregon
GNAC Records:	20.93	R	2016	Alex Donigian, WWU
Qual Auto:	20.74	A	2018	DII Automatic Qualifying Standard
Qual Prov:	21.38	P	2018	DII Provisional Qualifying Standard

Name	School	Seed	Prelims	Wind	H#
Preliminaries					
1 Zook, Sam	Msu-Billings	21.08	21.45 Q	-0.2	3
2 Gray, Darrion	Alaska Anchorage	21.52	21.67 Q	-1.3	1
3 Lindsay, Liam	Alaska Anchorage	21.65	21.78 Q	-0.5	2
4 Ortiz, Carlos	Concordia (Ore.)	21.45	21.71 q	-1.3	1
5 Warner, Cody	Western Oregon	21.75	21.82 q	-0.2	3
6 Frisby, Lamont	Msu-Billings	22.03	21.92 q	-0.2	3
6 Blake, Logan	Northwest Nazarene	21.83	21.92 q	-0.5	2
8 Mah, Nathan	Simon Fraser	21.98	21.93 q	-0.2	3
9 Hylton, Oshane	Alaska Anchorage	21.42	21.96	-0.5	2
10 Landis, Kodiak	Central Washington	21.86	22.00	-1.3	1
11 Schram, Mason	Msu-Billings	22.06	22.21	-0.5	2
12 Welch, Bryant	Western Washington	21.80	22.22	-0.2	3
13 Hand, Jackson	Saint Martin's	21.92	22.30	-1.3	1
14 Widmar, Bobby	Central Washington	21.95	22.31	-0.5	2
15 Jones, Daniel	Western Washington	22.44	22.44	-0.2	3
16 Horwath, Harry	Central Washington	22.12	22.59	-1.3	1
17 Eyer, Rahkei	Msu-Billings	22.23	22.60	-0.5	2
18 Knox, Stedman	Western Washington	22.34	22.84	-0.2	3

Men 200 Meter Dash

McArthur Rec:	21.32	F	2014	Tyrell Williams, Western Oregon
GNAC Records:	20.93	R	2016	Alex Donigian, WWU
Qual Auto:	20.74	A	2018	DII Automatic Qualifying Standard
Qual Prov:	21.38	P	2018	DII Provisional Qualifying Standard

Name	School	Prelims	Finals	Wind	Points
Finals					
1 Ortiz, Carlos	Concordia (Ore.)	21.71	21.50	-0.4	10
2 Zook, Sam	Msu-Billings	21.45	21.54	-0.4	8
3 Gray, Darrion	Alaska Anchorage	21.67	21.55	-0.4	6
4 Warner, Cody	Western Oregon	21.82	21.78	-0.4	5
5 Lindsay, Liam	Alaska Anchorage	21.78	21.86	-0.4	4
6 Mah, Nathan	Simon Fraser	21.93	22.06	-0.4	3
7 Blake, Logan	Northwest Nazarene	21.92	22.13	-0.4	2
8 Frisby, Lamont	Msu-Billings	21.92	22.30	-0.4	1
Preliminaries					
9 Hylton, Oshane	Alaska Anchorage	21.96			
10 Landis, Kodiak	Central Washington	22.00			
11 Schram, Mason	Msu-Billings	22.21			
12 Welch, Bryant	Western Washington	22.22			
13 Hand, Jackson	Saint Martin's	22.30			
14 Widmar, Bobby	Central Washington	22.31			
15 Jones, Daniel	Western Washington	22.44			
16 Horwath, Harry	Central Washington	22.59			

2018 GNAC Outdoor Track and Field Championship - 5/11/2018 to 5/12/2018**Western Oregon University****Results****Preliminaries ... (Men 200 Meter Dash)**

Name	School	Prelims	Finals	Wind	Points
17 Eyer, Rahkei	Msu-Billings	22.60			
18 Knox, Stedman	Western Washington	22.84			

Men 400 Meter Dash**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

McArthur Rec: 47.55 F 2012 **Ethan Hewitt, Alaska Anchorage**

GNAC Records: 47.51 R 2011 **Ethan Hewitt, UAA**

Qual Auto: 46.36 A 2018 **DII Automatic Qualifying Standard**

Qual Prov: 47.81 P 2018 **DII Provisional Qualifying Standard**

Name	School	Seed	Prelims	H#
Preliminaries				
1 Camara, Ebu	Northwest Nazarene	48.36	47.89 Q	1
2 Landis, Kodiak	Central Washington	47.87	47.96 Q	2
3 Webster, Joel	Simon Fraser	48.04	48.27 q	1
4 Lindsay, Liam	Alaska Anchorage	48.55	48.87 q	2
5 Calderon, Daniel	Central Washington	49.14	49.01 q	2
6 Porter, Doc	Central Washington	49.50	49.28 q	2
7 Welch, Bryant	Western Washington	49.09	49.39 q	1
8 Magee, Zachary	Northwest Nazarene	48.99	49.40 q	2
9 Smith, Myles	Western Washington	50.70	49.46	1
10 Taylor, Nicholas	Alaska Anchorage	49.02	49.48	1
11 Remington, Daniel	Alaska Anchorage	50.05	49.67	1
12 Dhillon, Hameet	Simon Fraser	50.68	50.31	2
13 Chhim, Sonny	Western Washington	50.60	50.68	2
14 Eyer, Rahkei	Msu-Billings	49.88	50.79	1

Men 400 Meter Dash

McArthur Rec: 47.55 F 2012 **Ethan Hewitt, Alaska Anchorage**

GNAC Records: 47.51 R 2011 **Ethan Hewitt, UAA**

Qual Auto: 46.36 A 2018 **DII Automatic Qualifying Standard**

Qual Prov: 47.81 P 2018 **DII Provisional Qualifying Standard**

Name	School	Prelims	Finals	Points
Finals				
1 Landis, Kodiak	Central Washington	47.96	47.55 F	10
2 Camara, Ebu	Northwest Nazarene	47.89	47.84	8
3 Webster, Joel	Simon Fraser	48.27	48.51	6
4 Lindsay, Liam	Alaska Anchorage	48.87	48.71	5
5 Porter, Doc	Central Washington	49.28	49.64	4
6 Magee, Zachary	Northwest Nazarene	49.40	49.75	3
7 Welch, Bryant	Western Washington	49.39	50.01	2
--- Calderon, Daniel	Central Washington	49.01	FS	

Preliminaries

9 Smith, Myles Western Washington 49.46

10 Taylor, Nicholas Alaska Anchorage 49.48

11 Remington, Daniel Alaska Anchorage 49.67

12 Dhillon, Hameet Simon Fraser 50.31

13 Chhim, Sonny Western Washington 50.68

14 Eyer, Rahkei Msu-Billings 50.79

2018 GNAC Outdoor Track and Field Championship - 5/11/2018 to 5/12/2018**Western Oregon University****Results****Men 800 Meter Run****9 Advance: Top 2 Each Heat plus Next 3 Best Times**

McArthur Rec: 1:49.03 F 1995 Shannon Lemora, Nike International
 GNAC Records: 1:47.59 R 2015 Badane Sultessa, WOU
 Qual Auto: 1:48.75 A 2018 DII Automatic Qualifying Standard
 Qual Prov: 1:52.16 P 2018 DII Provisional Qualifying Standard

Name	School	Seed	Prelims	H#
Preliminaries				
1 Nading, Dustin	Western Oregon	1:52.11	1:52.69 Q	3
2 Ribich, David	Western Oregon	1:48.09	1:53.47 Q	2
3 Holmberg, AJ	Western Oregon	1:51.39	1:54.35 Q	1
4 Dempsey, Josh	Western Oregon	1:51.26	1:52.97 Q	3
5 Knott, Curt	Western Oregon	1:52.78	1:54.04 Q	2
6 Sager, Kyler	Western Washington	1:51.94	1:54.51 Q	1
7 Cranston, Neal	Western Oregon	1:52.61	1:54.19 q	2
8 Normandeau, Thomas	Western Oregon	1:53.39	1:54.37 q	3
9 Wallace, Noah	Concordia (Ore.)	1:54.05	1:54.86 q	1
10 Torres, Richard	Simon Fraser	1:55.13	1:55.47	2
11 Henson, Drake	Msu-Billings	1:56.15	1:55.78	2
12 Gomez, Enrique	Western Washington	1:55.95	1:56.17	3
13 Phan, Jesse	Seattle Pacific	1:55.05	1:56.27	3
14 Marshall, Dominick	Western Oregon	1:56.89	1:56.45	1
15 Freinhofer, Dylan	Simon Fraser	1:54.90	1:56.85	1
16 Cossette, Liam	Western Washington	1:55.11	1:57.05	2
17 Franks, Macauley	Western Washington	1:56.00	1:57.36	2
18 Groat, Evan	Central Washington	1:55.63	1:57.43	1
19 Spiller, Keaton	Western Washington	1:56.21	1:58.49	3
20 James, Brysten	Seattle Pacific	1:58.00	1:58.64	3
21 Foster, Liam	Simon Fraser	1:57.48	1:59.13	1
22 Leaf, Ron	Central Washington	1:55.88	1:59.86	1
23 Kanelis, Zach	Western Oregon	1:55.63	2:00.01	3

Men 800 Meter Run

McArthur Rec: 1:49.03 F 1995 Shannon Lemora, Nike International
 GNAC Records: 1:47.59 R 2015 Badane Sultessa, WOU
 Qual Auto: 1:48.75 A 2018 DII Automatic Qualifying Standard
 Qual Prov: 1:52.16 P 2018 DII Provisional Qualifying Standard

Name	School	Prelims	Finals	Points
Finals				
1 Ribich, David	Western Oregon	1:53.47	1:52.07 P	10
2 Nading, Dustin	Western Oregon	1:52.69	1:52.43	8
3 Wallace, Noah	Concordia (Ore.)	1:54.86	1:53.42	6
4 Cranston, Neal	Western Oregon	1:54.19	1:53.74	5
5 Knott, Curt	Western Oregon	1:54.04	1:53.90	4
6 Holmberg, AJ	Western Oregon	1:54.35	1:54.03	3
7 Dempsey, Josh	Western Oregon	1:52.97	1:54.79	2
8 Sager, Kyler	Western Washington	1:54.51	1:54.98	1
9 Normandeau, Thomas	Western Oregon	1:54.37	1:58.37	
Preliminaries				
10 Torres, Richard	Simon Fraser	1:55.47		
11 Henson, Drake	Msu-Billings	1:55.78		

2018 GNAC Outdoor Track and Field Championship - 5/11/2018 to 5/12/2018**Western Oregon University****Results****Preliminaries ... (Men 800 Meter Run)**

Name	School	Prelims	Finals	Points
12 Gomez, Enrique	Western Washington	1:56.17		
13 Phan, Jesse	Seattle Pacific	1:56.27		
14 Marshall, Dominick	Western Oregon	1:56.45		
15 Freinhofer, Dylan	Simon Fraser	1:56.85		
16 Cossette, Liam	Western Washington	1:57.05		
17 Franks, Macauley	Western Washington	1:57.36		
18 Groat, Evan	Central Washington	1:57.43		
19 Spiller, Keaton	Western Washington	1:58.49		
20 James, Brysten	Seattle Pacific	1:58.64		
21 Foster, Liam	Simon Fraser	1:59.13		
22 Leaf, Ron	Central Washington	1:59.86		
23 Kanelis, Zach	Western Oregon	2:00.01		

Men 1500 Meter Run

McArthur Rec: 3:44.14 F 2014	Matthew Clowes, Concordia
GNAC Records: 3:37.35 R 2018	David Ribich, WOU
Qual Auto: 3:44.89 A 2018	DII Automatic Qualifying Standard
Qual Prov: 3:50.90 P 2018	DII Provisional Qualifying Standard

Name	School	Seed	Finals	H#	Points
Finals					
1 Ribich, David	Western Oregon	3:37.35	3:49.22 P	2	10
2 Nading, Dustin	Western Oregon	3:45.23	3:49.38 P	2	8
3 Dempsey, Josh	Western Oregon	3:48.83	3:50.72 P	2	6
4 Marson, Parker	Western Oregon	3:57.24	3:52.95	2	5
5 Jaspersen, James	Western Washington	3:57.55	3:54.71	2	4
6 Charlton, Braeden	Simon Fraser	3:54.86	3:55.03	2	3
7 Crosswhite, Justin	Western Oregon	3:54.72	3:56.64	2	2
8 Korta, Kaleb	Alaska Anchorage	4:00.45	3:58.64	1	1
9 Fay, Ian	Western Washington	4:00.32	3:59.05	1	
10 Hovland, Mark	Msu-Billings	3:59.98	4:00.13	1	
11 Sekhon, Jalen	Simon Fraser	3:59.55	4:00.34	1	
12 Halladay, Ben	Seattle Pacific	4:00.01	4:01.89	1	
13 Cossette, Liam	Western Washington	3:53.20	4:03.34	2	
14 Groat, Evan	Central Washington	4:03.50	4:05.64	1	
15 Fey, Stephen	Western Oregon	4:03.32	4:07.39	1	
16 Ahl, Aaron	Simon Fraser	3:56.76	4:08.99	2	
17 Leaf, Ron	Central Washington	4:07.22	4:10.38	1	
18 Mosman, Hunter	Western Oregon	4:01.06	4:17.27	1	

Men 5000 Meter Run

McArthur Rec: 14:29.41 F 2011	Micah Chelimo, Alaska Anchorage
GNAC Records: 13:41.99 R 2014	Micah Chelimo, UAA
Qual Auto: 13:56.89 A 2018	DII Automatic Qualifying Standard
Qual Prov: 14:34.89 P 2018	DII Provisional Qualifying Standard

Name	School	Seed	Finals	Points
Finals				
1 Egeland, Jorey	Msu-Billings	14:37.19	14:47.88	10
2 Jones, Tyler	Western Oregon	14:40.28	14:50.08	8
3 Miller, Sean	Simon Fraser	14:41.11	14:51.04	6
4 Jorgensen, Oliver	Simon Fraser		15:00.04	5

2018 GNAC Outdoor Track and Field Championship - 5/11/2018 to 5/12/2018**Western Oregon University****Results****Finals ... (Men 5000 Meter Run)**

Name	School	Seed	Finals	Points
5 Derline, Isaac	Western Washington	14:47.99	15:02.01	4
6 de Dalmases, Mateo	Simon Fraser	14:53.48	15:13.88	3
7 Carlton, Corbin	Central Washington	15:11.04	15:20.39	2
8 Jacot, Ben	Western Washington	15:20.56	15:23.84	1
9 Kemboi, Godfrey	Northwest Nazarene	14:50.86	15:25.90	
10 Allen, Trevor	Central Washington	15:34.24	15:26.75	
11 Milodragovich, Henry	Central Washington	15:43.93	15:33.93	
12 Koech, Nickson	Alaska Anchorage	15:06.43	15:38.24	
13 Lewis, Judd	Concordia (Ore.)		15:43.02	
14 Heckman, Jasper	Saint Martin's	15:27.60	15:43.97	
15 Fay, Ian	Western Washington	15:23.03	15:45.36	
16 Kiolbasa, Edward	Western Washington	14:56.46	15:52.35	
17 Butler, Peter	Western Washington	15:12.40	15:52.81	
18 Wilson, Bentley	Western Washington	15:27.35	16:18.58	
--- Graff, Elius	Seattle Pacific	15:20.81	DNF	
--- Crosswhite, Justin	Western Oregon		DNF	

Men 10000 Meter Run

McArthur Rec: 30:25.75 F 2011

GNAC Records: 28:37.75 R 2014

Qual Auto: 29:17.64 A 2018

Qual Prov: 30:41.36 P 2018

Jordan Welling, Western Washington

Micah Chelimo, UAA

DII Automatic Qualifying Standard

DII Provisional Qualifying Standard

Name	School	Seed	Finals	Points
Finals				
1 Boston, Josh	Central Washington	32:35.12	32:08.40	10
2 Butler, Peter	Western Washington		32:09.95	8
3 Koech, Nickson	Alaska Anchorage	32:07.73	32:12.47	6
4 Jacot, Ben	Western Washington	32:33.97	32:31.14	5
5 Kiolbasa, Edward	Western Washington	31:57.70	32:31.77	4
6 Wilson, Bentley	Western Washington	33:21.69	32:39.93	3
7 Hamilton, Nick	Northwest Nazarene	32:23.38	32:48.34	2
8 Boutin, Colin	Seattle Pacific	32:57.28	32:55.21	1
9 Conrardy, Matt	Central Washington	33:12.06	33:11.13	
10 Colmenero, Ivan	Msu-Billings	33:04.84	33:20.70	
11 Galloway, Shad	Seattle Pacific	33:10.68	33:38.40	
12 Perkins, Joseph	Seattle Pacific	33:56.67	33:57.76	
13 Garcia, Royce	Seattle Pacific	34:21.80	34:05.39	
14 Lopez, Pablo	Northwest Nazarene	33:53.57	34:23.76	
--- Sanchez, Jorge	Alaska Anchorage	31:20.37	DNF	
--- Kemboi, Felix	Alaska Anchorage		DNF	
--- Humphries, Tyler	Central Washington	32:15.22	DNF	

2018 GNAC Outdoor Track and Field Championship - 5/11/2018 to 5/12/2018**Western Oregon University****Results****Men 110 Meter Hurdles****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

McArthur Rec:	14.21	F	2015	Travis Millbrandt, Western Washington
GNAC Records:	14.19	R	2016	Travis Milbrandt, WWU
Qual Auto:	13.89	A	2018	DII Automatic Qualifying Standard
Qual Prov:	14.56	P	2018	DII Provisional Qualifying Standard

Name	School	Seed	Prelims	Wind	H#
Preliminaries					
1	Castro, Elijah	Northwest Nazarene	15.18	15.04 Q	0.4 3
2	Harris, Peyton	Seattle Pacific	15.08	15.29 Q	-0.9 1
3	Lewis, Payton	Northwest Nazarene	15.31	15.39 Q	0.7 2
4	Maier, Braydon	Central Washington	15.11	15.11 q	0.4 3
5	Cummings, Cordell	Western Washington	15.01	15.44 q	0.7 2
6	Phillips, James	Concordia (Ore.)	15.23	15.53 q	-0.9 1
7	Bade, Jeremy	Central Washington	15.86	15.53 q	-0.9 1
8	Gunther, Ryan	Central Washington	15.34	15.53 q	-0.9 1
9	Bosscher, Aaron	Western Washington	15.68	15.54	0.4 3
10	Brown, Giovanni	Concordia (Ore.)	15.34	15.54	0.7 2
11	Forster, Michael	Central Washington	15.50	15.68	0.4 3
12	Dances, Seren	Western Washington	15.99	15.70	-0.9 1
13	Chism, Ryan	Northwest Nazarene	15.94	15.91	0.7 2
14	Bullo, Nick	Central Washington	16.16	15.99	0.4 3
15	Carpenter, Shayne	Seattle Pacific	16.30	16.03	0.4 3
16	Tidwell, Dakota	Northwest Nazarene	15.95	16.35	0.7 2
17	Mikulak, Mark	Saint Martin's	16.51	16.67	-0.9 1

Men 110 Meter Hurdles

McArthur Rec:	14.21	F	2015	Travis Millbrandt, Western Washington
GNAC Records:	14.19	R	2016	Travis Milbrandt, WWU
Qual Auto:	13.89	A	2018	DII Automatic Qualifying Standard
Qual Prov:	14.56	P	2018	DII Provisional Qualifying Standard

Name	School	Prelims	Finals	Wind	Points
Finals					
1	Cummings, Cordell	Western Washington	15.44	14.97	+0.0 10
2	Maier, Braydon	Central Washington	15.11	15.08	+0.0 8
3	Castro, Elijah	Northwest Nazarene	15.04	15.16	+0.0 6
4	Phillips, James	Concordia (Ore.)	15.53	15.17	+0.0 5
5	Harris, Peyton	Seattle Pacific	15.29	15.23	+0.0 4
6	Lewis, Payton	Northwest Nazarene	15.39	15.31	+0.0 3
7	Gunther, Ryan	Central Washington	15.53	15.38	+0.0 2
8	Bade, Jeremy	Central Washington	15.53	15.73	+0.0 1
Preliminaries					
9	Bosscher, Aaron	Western Washington	15.54		
10	Brown, Giovanni	Concordia (Ore.)	15.54		
11	Forster, Michael	Central Washington	15.68		
12	Dances, Seren	Western Washington	15.70		
13	Chism, Ryan	Northwest Nazarene	15.91		
14	Bullo, Nick	Central Washington	15.99		
15	Carpenter, Shayne	Seattle Pacific	16.03		
16	Tidwell, Dakota	Northwest Nazarene	16.35		
17	Mikulak, Mark	Saint Martin's	16.67		

2018 GNAC Outdoor Track and Field Championship - 5/11/2018 to 5/12/2018**Western Oregon University****Results****Men 400 Meter Hurdles****8 Advance: Top 1 Each Heat plus Next 6 Best Times**

McArthur Rec:	51.33	F	1997	Keith Stuffle, Oregon International
GNAC Records:	51.48	R	2017	Vladislav Tsygankov, SFU
Qual Auto:	51.50	A	2018	DII Automatic Qualifying Standard
Qual Prov:	53.55	P	2018	DII Provisional Qualifying Standard

Name	School	Seed	Prelims	H#
Preliminaries				
1 Tsygankov, Vladislav	Simon Fraser	52.06	P 52.50 Q	2
2 Cummings, Cordell	Western Washington	53.70	54.38 Q	1
3 Lovercamp, Reid	Western Washington	54.94	55.31 q	2
4 Adhemar, Joshua	Simon Fraser	55.42	55.70 q	2
5 Brown, Giovanni	Concordia (Ore.)	54.86	56.33 q	1
6 Gunther, Ryan	Central Washington	57.07	56.75 q	2
7 Bullo, Nick	Central Washington	56.78	57.63 q	2
8 Bosscher, Aaron	Western Washington	57.31	57.83 q	1
9 Forster, Michael	Central Washington	56.17	58.28	1
10 Bierly, Robert	Concordia (Ore.)	57.61	58.46	1
11 Chism, Ryan	Northwest Nazarene	58.77	59.54	2
12 Anguay, Zach	Saint Martin's	59.59	59.90	1
13 Walter, Andrew	Saint Martin's	1:00.39	1:00.20	1
--- Wending, Justin	Central Washington	58.15	DNF	2
--- Seifert, Peter	Concordia (Ore.)	56.27	DNF	1

Men 400 Meter Hurdles

McArthur Rec:	51.33	F	1997	Keith Stuffle, Oregon International
GNAC Records:	51.48	R	2017	Vladislav Tsygankov, SFU
Qual Auto:	51.50	A	2018	DII Automatic Qualifying Standard
Qual Prov:	53.55	P	2018	DII Provisional Qualifying Standard

Name	School	Prelims	Finals	Points
Finals				
1 Tsygankov, Vladislav	Simon Fraser	52.50	52.12 P	10
2 Cummings, Cordell	Western Washington	54.38	52.88 P	8
3 Lovercamp, Reid	Western Washington	55.31	54.07	6
4 Adhemar, Joshua	Simon Fraser	55.70	54.51	5
5 Brown, Giovanni	Concordia (Ore.)	56.33	54.88	4
6 Gunther, Ryan	Central Washington	56.75	57.64	3
7 Bosscher, Aaron	Western Washington	57.83	58.44	2
8 Bullo, Nick	Central Washington	57.63	1:00.19	1
Preliminaries				
9 Forster, Michael	Central Washington	58.28		
10 Bierly, Robert	Concordia (Ore.)	58.46		
11 Chism, Ryan	Northwest Nazarene	59.54		
12 Anguay, Zach	Saint Martin's	59.90		
13 Walter, Andrew	Saint Martin's	1:00.20		
--- Wending, Justin	Central Washington	DNF		
--- Seifert, Peter	Concordia (Ore.)	DNF		

2018 GNAC Outdoor Track and Field Championship - 5/11/2018 to 5/12/2018**Western Oregon University****Results****Men 3000 Meter Steeplechase****McArthur Rec: 8:47.26 F 2012****Ryan Brockerville, Simon Fraser****GNAC Records: 8:45.63 R 2012****Micah Chelimo, UAA****Qual Auto: 8:53.80 A 2018****DII Automatic Qualifying Standard****Qual Prov: 9:17.36 P 2018****DII Provisional Qualifying Standard**

Name	School	Seed	Finals	H#	Points
Finals					
1 Egeland, Jorey	Msu-Billings	9:06.80	8:55.30 P	2	10
2 Jorgensen, Oliver	Simon Fraser	8:58.72	8:59.19 P	2	8
3 Charlton, Braeden	Simon Fraser	9:09.31	9:04.89 P	2	6
4 Carlton, Corbin	Central Washington	9:09.17	9:07.71 P	2	5
5 Fay, Ian	Western Washington	9:24.20	9:09.25 P	2	4
6 Korta, Kaleb	Alaska Anchorage	9:36.22	9:13.88 P	2	3
7 Giordano, Dominic	Concordia (Ore.)	9:22.08	9:18.71	2	2
8 Lewis, Judd	Concordia (Ore.)	9:23.46	9:30.00	2	1
9 Hamilton, Nick	Northwest Nazarene	9:45.80	9:33.23	1	
10 McLroy, Jackson	Western Washington	9:52.40	9:37.11	1	
11 Ahl, Aaron	Simon Fraser	9:06.30	9:37.91	2	
12 Milodragovich, Henry	Central Washington	9:51.47	9:40.63	1	
13 Heckman, Jasper	Saint Martin's	9:29.30	9:46.15	2	
14 Jessop, Carson	Msu-Billings	10:04.06	9:46.77	1	
15 Heckard, Sawyer	Western Oregon	9:58.29	9:48.20	1	
16 Cirilincione, Dario	Western Washington	9:57.60	9:51.38	1	
17 Lewis, Levi	Northwest Nazarene	10:16.70	9:53.84	1	
18 Murry, Noah	Concordia (Ore.)	10:00.64	10:00.27	1	
19 De LaMelena, Miguel	Saint Martin's	10:05.23	10:13.59	1	
20 Boyd, Taryk	Central Washington	10:04.80	10:33.90	1	

Men 4x100 Meter Relay**McArthur Rec: 41.00 F 1995****University of Oregon, University of Oregon****GNAC Records: 41.10 R 2010****Central Washington, Central Washington****Qual Auto: 40.19 A 2018****DII Automatic Qualifying Standard****Qual Prov: 41.10 P 2018****DII Provisional Qualifying Standard**

Team	Relay	Seed	Finals	Points
Finals				
1 Msu-Billings	A	41.44	41.54	10
1) Frisby, Lamont	2) Schram, Mason	3) Shay, Kaelen	4) Zook, Sam	
2 Northwest Nazarene	A	41.63	41.80	8
1) Blake, Logan	2) Lewis, Payton	3) Castro, Elijah	4) Camara, Ebu	
3 Simon Fraser	A	42.20	42.25	6
1) Tsygankov, Vladislav	2) Webster, Joel	3) Dhillon, Hameet	4) Mah, Nathan	
4 Concordia (Ore.)	A	41.72	42.31	5
1) Phillips, James	2) VanVliet, Nick	3) Powers, Tyler	4) Ortiz, Carlos	
5 Western Washington	A	42.42	43.07	4
1) Nygren, Kyler	2) Jones, Daniel	3) Welch, Bryant	4) Knox, Stedman	
6 Saint Martin's	A	42.33	43.24	3
1) Armstrong, Logan	2) Schulz, Josh	3) Tabary, Guillaume	4) Hand, Jackson	
7 Western Oregon	A	42.84	44.23	2
1) Reinke, Connor	2) Collins, Jacob	3) Pablo, Anthony	4) Troutman, Alani	
--- Alaska Anchorage	A	41.84	DNF	
1) Hylton, Oshane	2) Gray, Darrion	3) Lindsay, Liam	4) Brake, Chris	

2018 GNAC Outdoor Track and Field Championship - 5/11/2018 to 5/12/2018**Western Oregon University****Results****Men 4x400 Meter Relay****McArthur Rec: 3:13.84 F 2015****GNAC Records: 3:10.60 R 2016****Qual Auto: 3:08.47 A 2018****Qual Prov: 3:14.00 P 2018****Simon Fraser, Simon Fraser****Alaska Anchorage, Alaska Anchorage****DII Automatic Qualifying Standard****DII Provisional Qualifying Standard**

Team	Relay	Seed	Finals	Points
Finals				
1 Alaska Anchorage 1) Taylor, Nicholas	A 2) Gray, Darrion	3:16.66	3:14.21 4) Lindsay, Liam	10
2 Central Washington 1) Calderon, Daniel	A 2) Porter, Doc	3:17.66	3:15.03 4) Landis, Kodiak	8
3 Northwest Nazarene 1) Blake, Logan	A 2) Tidwell, Dakota	3:18.87	3:15.03 4) Camara, Ebu	6
4 Simon Fraser 1) Adhemar, Joshua	A 2) Tsygankov, Vladislav	3:18.20	3:16.72 4) Webster, Joel	5
5 Western Washington 1) Lovercamp, Reid	A 2) Chhim, Sonny	3:19.11	3:17.70 4) Smith, Myles	4
6 Western Oregon 1) Knott, Curt	A 2) Emile, Lashaun	3:20.69	3:20.50 4) Warner, Cody	3
7 Concordia (Ore.) 1) Wallace, Noah	A 2) Bierly, Robert	3:24.71	3:22.29 4) Brown, Giovanni	2
8 Saint Martin's 1) Kier, Andrew	A 2) Tabary, Guillaume	3:21.95	3:22.38 4) Hand, Jackson	1

Men High Jump**McArthur Rec: 7-04.50 F 1999****GNAC Records: 7-01 R 2016****Qual Auto: 2.16m A 2018****Qual Prov: 2.04m P 2018****Chris Nelson, Unattached****Mikel Smith, SMU****DII Automatic Qualifying Standard****DII Provisional Qualifying Standard**

Name	School	Finals	Points	
Finals				
1 Brake, Chris	Alaska Anchorage	2.02m	6-07.50	10
2 Peterson, Justin	Central Washington	J2.02m	6-07.50	8
3 Girard, Isaiah	Msu-Billings	J2.02m	6-07.50	6
4 Wickliff, Tupre	Western Washington	1.99m	6-06.25	5
5 Davies, Garrett	Western Washington	J1.99m	6-06.25	4
6 Phillips, James	Concordia (Ore.)	1.94m	6-04.25	3
7 Tranch, Micah	Northwest Nazarene	J1.94m	6-04.25	2
8 Dances, Seren	Western Washington	J1.94m	6-04.25	1
9 Bade, Jeremy	Central Washington	1.89m	6-02.25	
10 Makrakis, Nick	Western Washington	J1.89m	6-02.25	
11 Rohde, Kolton	Western Oregon	1.84m	6-00.50	
11 Reinke, Connor	Western Oregon	1.84m	6-00.50	
13 Nicholson, Brandon	Alaska Anchorage	J1.84m	6-00.50	
--- Carrizales, Emmy	Concordia (Ore.)	NH		
--- Maier, Braydon	Central Washington	NH		
--- Riddell, Mackenzie	Simon Fraser	NH		
--- Stellway, Keffery	Northwest Nazarene	NH		

2018 GNAC Outdoor Track and Field Championship - 5/11/2018 to 5/12/2018**Western Oregon University****Results****Men Pole Vault**

McArthur Rec: 19-02.25 F 1997

GNAC Records: 17-08.50 R 2010

Qual Auto: 5.19m A 2018

Qual Prov: 4.80m P 2018

Tim Bright, Mizuno Track Club

Ryan Brown, WWU

DII Automatic Qualifying Standard

DII Provisional Qualifying Standard

Name	School	Finals	Points
Finals			
1 Maier, Braydon	Central Washington	4.73m 15-06.25	10
2 Webster, Jared	Northwest Nazarene	4.58m 15-00.25	8
3 Thomas, Adam	Western Washington	4.43m 14-06.25	6
4 Konrad, J. T.	Western Washington	J4.43m 14-06.25	5
5 Flintoff, Davis	Seattle Pacific	4.28m 14-00.50	4
6 Cadena, Bryan	Central Washington	J4.28m 14-00.50	3
7 Collins, Jacob	Western Oregon	4.13m 13-06.50	2
8 Matzelle, Austin	Seattle Pacific	J4.13m 13-06.50	1
9 Wicks, Luke	Northwest Nazarene	J4.13m 13-06.50	
10 Stallard, Jackson	Western Oregon	3.98m 13-00.75	
10 Coelho, Matt	Western Washington	3.98m 13-00.75	
--- Mataya, Rudy	Western Washington	NH	
--- Lewis, Payton	Northwest Nazarene	NH	
--- Tidwell, Dakota	Northwest Nazarene	NH	
--- Hopkins, Spencer	Northwest Nazarene	NH	
--- Boyle, Craig	Saint Martin's	NH	
--- Gwin, Phillip	Northwest Nazarene	NH	

Men Long Jump

McArthur Rec: 25-00 F 2006

GNAC Records: 25-11.50 R 2009

Qual Auto: 7.66m A 2018

Qual Prov: 7.24m P 2018

Jon Hill, Portland State

David Registe, UAA

DII Automatic Qualifying Standard

DII Provisional Qualifying Standard

Name	School	Finals	Wind	Points
Finals				
1 Troutman, Alani	Western Oregon	6.83m 22-05.00	-0.2 2	10
2 Castro, Elijah	Northwest Nazarene	6.82m 22-04.50	0.9 2	8
3 Dances, Seren	Western Washington	6.74m 22-01.50	0.5 2	6
4 Schulz, Josh	Saint Martin's	6.68m 21-11.00	0.6 2	5
5 Brake, Chris	Alaska Anchorage	J6.68m 21-11.00	0.6 2	4
6 Harris, Peyton	Seattle Pacific	6.58m 21-07.25	0.5 1	3
7 Girard, Isaiah	Msu-Billings	6.57m 21-06.75	+0.0 2	2
8 Makrakis, Nick	Western Washington	6.54m 21-05.50	+0.0 1	1
9 Scarlett, Grant	Central Washington	6.52m 21-04.75	0.9 1	
10 Nygren, Kyler	Western Washington	6.47m 21-02.75	+0.0 1	
11 Forster, Michael	Central Washington	6.44m 21-01.50	-0.7 2	
12 Nicholson, Brandon	Alaska Anchorage	6.39m 20-11.75	+0.0 2	
13 McAllister, Cyrus	Western Washington	6.36m 20-10.50	1.1 1	
14 Tranch, Micah	Northwest Nazarene	6.23m 20-05.25	0.7 1	
15 Ringold, Jacob	Western Washington	6.17m 20-03.00	2.5 1	
16 Tabary, Guillaume	Saint Martin's	6.12m 20-01.00	0.5 1	
17 Brown, Giovanni	Concordia (Ore.)	6.08m 19-11.50	1.5 1	
18 Moore, Nathan	Northwest Nazarene	6.03m 19-09.50	0.9 1	
19 Whittaker, Zach	Central Washington	6.00m 19-08.25	0.4 1	

2018 GNAC Outdoor Track and Field Championship - 5/11/2018 to 5/12/2018**Western Oregon University****Results****Finals ... (Men Long Jump)**

Name	School	Finals	Wind	Points
20 Kruse, Mitch	Western Oregon	5.96m	19-06.75 0.5 1	

Men Triple Jump

McArthur Rec: 51-02.25 F 1996	Steve Miller, Unattached
GNAC Records: 50-10.25 R 2017	Wesley Gray, WOU
Qual Auto: 15.58m A 2018	DII Automatic Qualifying Standard
Qual Prov: 14.63m P 2018	DII Provisional Qualifying Standard

Name	School	Finals	Wind	Points
Finals				
1 Whittaker, Zach	Central Washington	14.64m P	48-00.50 0.6 2	10
2 Nicholson, Brandon	Alaska Anchorage	14.28m	46-10.25 +0.0 2	8
3 Brake, Chris	Alaska Anchorage	14.07m	46-02.00 +0.0 2	6
4 Brown, Giovanni	Concordia (Ore.)	14.06m	46-01.50 1.6 2	5
5 Ringold, Jacob	Western Washington	13.88m	45-06.50 2.4 2	4
6 Peterson, Justin	Central Washington	13.82m	45-04.25 0.4 2	3
7 Fields, Jalon	Western Oregon	13.60m	44-07.50 +0.0 2	2
8 Chhim, Somit	Western Washington	13.53m	44-04.75 0.9 2	1
9 Lindquist, Marcus	Msu-Billings	13.50m	44-03.50 -0.3 2	
10 Rohde, Kolton	Western Oregon	13.35m	43-09.75 0.4 1	
11 Makrakis, Nick	Western Washington	13.33m	43-09.00 0.6 1	
12 Dances, Seren	Western Washington	13.31m	43-08.00 1.6 1	
--- Gardner, Grant	Saint Martin's	FOUL		1
--- Carrizales, Emmy	Concordia (Ore.)	FOUL		1
--- Grundmeyer, Jack	Western Oregon	FOUL		1

Men Shot Put

McArthur Rec: 64-04.75 F 2018	David Pless, Iron Wood TC
GNAC Records: 60-10.50 R 2014	Frank Catelli, WWU
Qual Auto: 18.36m A 2018	DII Automatic Qualifying Standard
Qual Prov: 16.08m P 2018	DII Provisional Qualifying Standard

Name	School	Finals	Points
Finals			
1 Koch, Josh	Concordia (Ore.)	17.86m P	58-07.25 2 10
2 Bridge, Caleb	Concordia (Ore.)	15.89m	52-01.75 2 8
3 Tonder, Ethan	Central Washington	15.59m	51-01.75 1 6
4 Tafoya, Alberto	Central Washington	15.54m	51-00.00 2 5
5 Bridge, Seth	Concordia (Ore.)	15.51m	50-10.75 2 4
6 VanBeuren, John	Northwest Nazarene	15.47m	50-09.25 2 3
7 Ostermiller, Brady	Msu-Billings	15.41m	50-06.75 2 2
8 Nichols, Sam	Concordia (Ore.)	15.04m	49-04.25 2 1
9 Elder, Brett	Concordia (Ore.)	14.84m	48-08.25 1
10 Chamberlin, Jakob	Concordia (Ore.)	14.68m	48-02.00 2
11 Child, Mont	Western Oregon	14.67m	48-01.75 1
12 Sieber, Nick	Western Oregon	14.55m	47-09.00 2
13 Cain, Aidan	Central Washington	14.53m	47-08.00 1
14 Malquist, Ben	Western Washington	14.31m	46-11.50 1
15 Cross, Forrest	Msu-Billings	14.15m	46-05.25 1
16 George, Grant	Alaska Anchorage	14.12m	46-04.00 1
17 Jensen, Connor	Concordia (Ore.)	14.10m	46-03.25 1
18 Bowen, Brandon	Western Oregon	14.05m	46-01.25 1

2018 GNAC Outdoor Track and Field Championship - 5/11/2018 to 5/12/2018**Western Oregon University****Results****Finals ... (Men Shot Put)**

Name	School	Finals	Points
19 Pless, Brandon	Western Washington	13.84m 45-05.00	1
--- Steffey, Chris	Western Oregon	FOUL	1

Men Discus Throw

McArthur Rec: 194-10.75 F 2013

Nathaniel Moses, Unattached

GNAC Records: 182-08 R 2017

Caleb Bridge, CU

Qual Auto: 55.83m A 2018

DII Automatic Qualifying Standard

Qual Prov: 49.67m P 2018

DII Provisional Qualifying Standard

Name	School	Finals	Points
Finals			
1 Chamberlin, Jakob	Concordia (Ore.)	53.16m P 174-05	2 10
2 Bridge, Caleb	Concordia (Ore.)	50.59m P 166-00	2 8
3 Koch, Josh	Concordia (Ore.)	49.69m P 163-00	2 6
4 Pless, Brandon	Western Washington	48.61m 159-06	2 5
5 Nichols, Sam	Concordia (Ore.)	48.60m 159-05	2 4
6 Bridge, Seth	Concordia (Ore.)	48.57m 159-04	1 3
7 VanBeuren, John	Northwest Nazarene	47.95m 157-04	2 2
8 Steffey, Chris	Western Oregon	47.19m 154-10	2 1
9 Elder, Brett	Concordia (Ore.)	46.57m 152-09	2
10 Anderson, Canyon	Northwest Nazarene	44.88m 147-03	2
11 Sieber, Nick	Western Oregon	44.77m 146-10	1
12 Cain, Aidan	Central Washington	43.29m 142-00	1
13 Ostermiller, Brady	Msu-Billings	43.27m 141-11	1
14 Tafoya, Alberto	Central Washington	43.24m 141-10	1
15 Adams, Desmond	Concordia (Ore.)	43.04m 141-02	1
16 Jensen, Connor	Concordia (Ore.)	42.85m 140-07	1
17 Child, Mont	Western Oregon	42.58m 139-08	1
18 Flanagan, Nels	Msu-Billings	42.42m 139-02	1
19 Cross, Forrest	Msu-Billings	42.19m 138-05	1
20 George, Grant	Alaska Anchorage	39.63m 130-00	1
--- Malquist, Ben	Western Washington	FOUL	1

Men Hammer Throw

McArthur Rec: 228-10 F 2004

Scott Boothby, Club Northwest

GNAC Records: 206-04 R 2003

Pro Escobedo, WOU

Qual Auto: 65.74m A 2018

DII Automatic Qualifying Standard

Qual Prov: 54.65m P 2018

DII Provisional Qualifying Standard

Name	School	Finals	Points
Finals			
1 Slate, Jacob	Concordia (Ore.)	60.01m P 196-10	2 10
2 Chamberlin, Jakob	Concordia (Ore.)	56.90m P 186-08	2 8
3 VanBeuren, John	Northwest Nazarene	56.69m P 186-00	2 6
4 Vanderpoel, Kauano	Saint Martin's	56.33m P 184-10	2 5
5 Pless, Brandon	Western Washington	54.68m P 179-05	2 4
6 Denniston, Joe	Concordia (Ore.)	54.43m 178-07	2 3
7 Flanagan, Nels	Msu-Billings	53.04m 174-00	2 2
8 Lux, Avery	Western Washington	50.74m 166-06	2 1
9 Koch, Josh	Concordia (Ore.)	50.55m 165-10	2
10 Eiland, Brayden	Northwest Nazarene	48.35m 158-07	1
11 Beaton, Angus	Central Washington	48.32m 158-06	1

2018 GNAC Outdoor Track and Field Championship - 5/11/2018 to 5/12/2018**Western Oregon University****Results****Finals ... (Men Hammer Throw)**

Name	School	Finals	Points
12 Child, Mont	Western Oregon	48.29m 158-05	1
13 Wu, Tiger	Simon Fraser	47.93m 157-03	1
14 Anderson, Canyon	Northwest Nazarene	46.33m 152-00	1
15 Bridge, Caleb	Concordia (Ore.)	46.17m 151-06	1
16 Cain, Aidan	Central Washington	46.02m 151-00	1
17 Tafoya, Alberto	Central Washington	44.73m 146-09	1
18 Peaslee, Beau	Msu-Billings	43.32m 142-01	1
19 Collins, Owen	Western Oregon	41.67m 136-08	1
20 Tonder, Ethan	Central Washington	40.81m 133-11	1
21 Harris, Cade	Saint Martin's	40.53m 133-00	1

Men Javelin Throw

McArthur Rec: 259-05 F 1990

GNAC Records: 255-10 R 2013

Qual Auto: 67.87m A 2018

Qual Prov: 58.42m P 2018

Brian Crouser, New York Athletic Club

Cody Parker, UAA

DII Automatic Qualifying Standard

DII Provisional Qualifying Standard

Name	School	Finals	Points
Finals			
1 Ackerman, Beau	Msu-Billings	67.99m A 223-01	2 10
2 Barry, Alex	Western Washington	65.63m P 215-04	2 8
3 Chalkley, Brian	Saint Martin's	65.23m P 214-00	2 6
4 Salley, Mason	Western Washington	60.30m P 197-10	2 5
5 Rutter, Tyree	Central Washington	59.24m P 194-04	2 4
6 Christensen, Easton	Concordia (Ore.)	58.14m 190-09	2 3
7 Wells, Kyle	Western Oregon	57.70m 189-04	1 2
8 Schweitz, Matt	Concordia (Ore.)	53.72m 176-03	2 1
9 Tranch, Micah	Northwest Nazarene	53.70m 176-02	2
10 McNatt, Cooper	Western Washington	53.44m 175-04	2
11 Elder, Brett	Concordia (Ore.)	53.29m 174-10	1
12 Flanagan, Nels	Msu-Billings	51.16m 167-10	1
13 Gongliewski, Dillon	Msu-Billings	49.31m 161-09	1
14 Villarreal, Domingo	Central Washington	49.13m 161-02	1
15 Peaslee, Beau	Msu-Billings	46.16m 151-05	1
16 Mitchell, Abe	Northwest Nazarene	43.49m 142-08	1

Women - Team Rankings - 21 Events Scored

1) Seattle Pacific	154.5	2) Central Washington	121
2) Concordia (Ore.)	121	4) Western Washington	105
5) Alaska Anchorage	100	6) Simon Fraser	87.5
7) Western Oregon	61	8) Northwest Nazarene	34.5
9) Saint Martin's	23.5	10) MSU-Billings	8

Men - Team Rankings - 21 Events Scored

1) Concordia (Ore.)	138	2) Western Washington	127
3) Central Washington	123	4) Western Oregon	100
5) Northwest Nazarene	79	6) MSU-Billings	74
7) Alaska Anchorage	72	8) Simon Fraser	71
9) Saint Martin's	20	10) Seattle Pacific	13