

CROSS COUNTRY



MEET DIRECTOR: DAVID SELF
ASSISTANT MEET DIRECTORS: CUTTER BERNHARD,
JESSE PARKER, TYLER SUNWALL AND JONNY TIPTON

UIL REGION III CROSS COUNTRY CHAMPIONSHIPS

- DATE:** MONDAY, OCTOBER 23
- LOCATION:** KATE BARR-ROSS PARK
- ENTRY DEADLINE:** TUESDAY, OCTOBER 17 AT 6:00 PM
- QUALIFYING:** THE TOP 3 TEAMS AND ANY INDIVIDUAL IN THE TOP 10 FROM YOUR DISTRICT MEET ARE ELIGIBLE TO COMPETE IN THE REGIONAL CHAMPIONSHIPS. DO NOT ENTER THROUGH DIRECT ATHLETICS UNLESS YOU HAVE QUALIFIED A TEAM OR INDIVIDUAL FOR THE REGIONAL CHAMPIONSHIPS.
- ENTRY PROCEDURE:** ALL ENTRIES WILL BE DONE ONLINE THROUGH DIRECT ATHLETICS. EACH COACH OF QUALIFYING INDIVIDUALS/TEAMS IS RESPONSIBLE FOR ENTERING THEIR OWN ATHLETES! DO NOT RELY ON THE DISTRICT CHAIRPERSON TO DO THIS! COACHES OF QUALIFYING TEAMS MAY ENTER UP TO 10 ATHLETES FOR A TEAM, BUT CAN ONLY RUN 7. ALL ENTRANTS MUST BE CERTIFIED AND ELIGIBLE BY UIL RULES. YOU MUST DECLARE YOUR 7 RUNNERS AT PACKET PICKUP. THE BIB NUMBERS AND CHIPS FOR ANY NON-COMPETING ATHLETES MUST BE TURNED IN AT PACKET PICKUP.
SEARCH: "UIL REGION III CROSS COUNTRY CHAMPIONSHIPS"
- ENTRY FEE:** INDIVIDUAL ENTRIES WILL BE CHARGED \$20 PER BIB/ENTRY. IF YOU HAVE QUALIFIED A TEAM AND ENTER 7 ATHLETES YOU WILL BE CHARGED \$140. IF YOU ENTER 10 YOU WILL BE CHARGED \$200. ENTRY FEE IS BASED ON THE NUMBER OF ATHLETES ENTERED, NOT ON HOW MANY RUN.
- COACHES/ADMINISTRATORS MAY PAY VIA CASH, CHECK OR CREDIT CARD.
- ENTRY FEE IS TO BE PAID DURING PACKET PICK-UP OR MAILED TO:
SHSU TRACK & FIELD
Box 2268
HUNTSVILLE, TEXAS 77341
- CHECKS PAYABLE TO: SHSU CROSS COUNTRY
- TO PAY VIA CREDIT CARD, PLEASE CALL (936) 294-3355 DURING NORMAL BUSINESS HOURS (8AM TO 5PM) MONDAY THROUGH

FRIDAY. IF NO ANSWER, PLEASE LEAVE A VOICEMAIL AND YOUR CALL WILL BE RETURNED.

PARKING:

COST FOR PARKING IS \$5 PER CAR (CASH ONLY). THERE WILL BE NO COST OF PARKING FOR SCHOOL BUSES AND CLEARLY MARKED SCHOOL VEHICLES (NO PASSES NEEDED). UNMARKED SCHOOL VEHICLES NEED TO EMAIL CBB012@SHSU.EDU PRIOR TO 5PM ON FRIDAY, OCTOBER 20 AND A PARKING PASS WILL BE PLACED IN YOUR SCHOOL PACKET. NO CHARGE FOR PARKING ON SUNDAY, OCTOBER 22.

PARKING LOTS WILL OPEN AT 6:15 AM ON THE DAY OF COMPETITION. IN ORDER TO REDUCE TRAFFIC CONGESTION, PLEASE DO NOT ENTER PARK UNTIL 2 HOURS PRIOR TO YOUR SCHEDULED RACE.

PACKET PICKUP:

PACKETS MAY BE PICKED UP FROM 4:00 TO 6:30 PM ON SUNDAY, OCTOBER 22 @ KATE BARR-ROSS PARK. THE COURSE WILL BE OPEN FOR INSPECTION FROM 4:00 TO 7:00 PM. PACKETS MAY ALSO BE PICKED UP THE MORNING OF OCTOBER 23, BEGINNING AT 7AM.

NUMBERS:

NUMBERS, PINS AND TIMING CHIPS WILL BE FOUND IN EACH PACKET. EACH NUMBER WILL BE ASSIGNED TO A SPECIFIC ATHLETE. PLEASE BE SURE THAT EACH ATHLETE'S NUMBER IS VISIBLE ON THE FRONT OF THEIR UNIFORM AND THE ATHLETE HAS THEIR ASSIGNED CHIP SECURELY ATTACHED TO THEIR SHOE.

TIMING CHIPS:

ALL TIMING CHIPS MUST BE RETURNED. COACHES, PLEASE MAKE SURE THAT YOUR TIMING CHIPS ARE RETURNED TO PACKET PICK UP FOR ALL ATHLETES WHO ARE EITHER ENTERED AND DON'T COMPETE, OR WHO START AND DO NOT FINISH THE RACE.

MEET SCHEDULE:

MONDAY, OCTOBER 23

<u>RACE START</u>	<u>GENDER</u>	<u>DIVISION</u>	<u>RACE DISTANCE</u>	<u>AWARDS CEREMONY</u>
8:30 AM	GIRLS	5A	5,000M	9:55 AM
9:05 AM	BOYS	5A	5,000M	FOLLOWING 5A GIRLS AWARDS
9:55 AM	GIRLS	6A	5,000M	11:20 AM
10:30 AM	BOYS	6A	5,000M	FOLLOWING 6A GIRLS AWARDS
11:50 AM	GIRLS	2A	2 MILES	1:05 PM
12:15 PM	BOYS	2A	5,000M	FOLLOWING 2A GIRLS AWARDS
12:50 PM	GIRLS	3A	2 MILES	2:05 PM
1:15 PM	BOYS	3A	5,000M	FOLLOWING 3A GIRLS AWARDS
1:50 PM	GIRLS	4A	2 MILES	3:05 PM
2:15 PM	BOYS	4A	5,000M	FOLLOWING 4A GIRLS AWARDS

TEAM SCORING:

TEAM SCORES WILL BE COMPUTED BY TOTALING THE TOP FIVE RUNNERS' FINISH POSITIONS. THE 6TH AND 7TH RUNNERS WILL COUNT AS DISPLACERS. TEAMS WITH LESS THAN FIVE RUNNERS WILL NOT BE TOTALED IN THE TEAM SCORES.

RESULTS:

ALL RESULTS WILL BE POSTED LIVE AT WWW.FLASHRESULTSTEXAS.COM AND WILL BE POSTED AT WWW.GOBARKATS.COM FOLLOWING THE COMPETITION.

PROTESTS:

PROTESTS MUST BE IN WRITING AND DELIVERED TO THE MEET REFEREE WITHIN 30-MINUTES OF THE POSTING OF RESULTS.

STATE QUALIFIERS:

THE FIRST 4 TEAMS IN EACH DIVISION AND THE TOP 10 INDIVIDUALS NOT ALREADY ON ONE OF THE ADVANCING TEAMS IN THE REGIONAL MEET QUALIFY FOR THE STATE MEET.

AWARDS:

THE AWARDS CEREMONY WILL BE HELD ON THE FIELD ADJACENT TO THE STARTING LINE ACCORDING TO THE ABOVE SCHEDULE. TROPHIES WILL BE PRESENTED TO THE FIRST PLACE TEAM IN EACH DIVISION, MEDALS TO THE TEAM MEMBERS OF THE FIRST 3 TEAMS IN EACH DIVISION AND MEDALS TO THE FIRST 3 INDIVIDUALS IN EACH DIVISION.

T-SHIRTS:

T-SHIRTS WILL BE SOLD AT THE MEET SITE THE DAY OF COMPETITION THROUGH FINE DESIGNS INC.

DIRECTIONS TO COURSE:

FROM THE SOUTH: TRAVELING NORTH BOUND ON I-45, TAKE EXIT # 116. STAY STRAIGHT THROUGH RIGHT ON FRONTAGE ROAD. TURN RIGHT ON TO TX-75. KATE BARR-ROSS PARK WILL BE ON THE LEFT.

FROM THE NORTH: TRAVELING SOUTH BOUND ON I-45, TAKE EXIT # 116. TURN LEFT ON TO TX-30. TURN LEFT ONTO THE I-45 NORTH BOUND FRONTAGE ROAD. TURN RIGHT ON TO TX-75. KATE BARR-ROSS PARK WILL BE ON THE LEFT.

PHYSICAL ADDRESS OF KATE BARR-ROSS PARK
480 STATE HIGHWAY 75 N
HUNTSVILLE, TX 77320

FOR FURTHER INFORMATION: PLEASE CONTACT DAVID SELF AT (936) 294-3355 OR BY EMAIL AT DSELF@SHSU.EDU. FOR MEET INFORMATION ONLINE, GO TO WWW.GOBEARKATS.COM. CHOOSE "CROSS COUNTRY" FROM THE MEN'S OR WOMEN'S SPORTS DROP DOWN MENU ON THE TOP.