



DELAWARE STATE UNIVERSITY Sports Medicine Department

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Sickle Cell Trait Testing Instructions for Parents/Guardians

The NCAA has passed legislation that requires all incoming freshman and transfer student – athletes to obtain the results of sickle cell trait (SCT) testing prior to the athlete being cleared to participate in any type of workout including but not limited to : physical testing, cardio workouts, strength training, practices and tryouts.

All students must provide Delaware State University Sports Medicine with written proof of sickle cell trait testing along with the results. In the United States, All children are tested at birth for SCT. Results of the test may be on file at the birth hospital or perhaps with a pediatrician. Sickle cell trait testing is not a part of normal immunization records which your normally provide to schools and camps.

Tracking down the results of the SCT testing at birth can be very difficult, so if these results cannot be located, the Student- athlete must undergo a simple blood test to obtain these results. You must specifically ask your doctor to for this test as it is NOT part of the normal blood work required of all students entering Delaware State University.

IT SHOULD BE NOTED THAT THE RESULTS OF THE TESTING DO NOT CHANGE THE STUDENT –ATHLETE’S PLAYING STATUS. The information from the test assist sports medicine and coaches in ensuring the safety of the student –athletes.

The results of the sickle cell testing may be recorded and provided to Delaware State University Sports Medicine on any of the following: a hospital form, a lab test results form or document from a physician’s office. These testing results must be returned to Delaware state university along with the other forms that we have provided for completion.

Sincerely,

Delaware State University
Sports Medicine Staff
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