



DELAWARE STATE UNIVERSITY

Sports Medicine Department

1200 North DuPont Highway, Memorial Hall Room 118, Dover, DE 19901 302-857-7554 Fax: 302-857-7312

Pre Participation Examination and Physicals **New Student-Athletes (*freshman, transfers*)**

Prior to participating in any of our intercollegiate sports, **ALL NEW ATHLETES** to Delaware State University are required to pass a sports medicine pre-participation examination (PPE), which is performed by our team physician. All athletes must follow the following procedure for their PPE:

Procedure:

1. The new student-athlete must be registered for classes for the current academic semester and be on an official roster.
2. Recruits and official signees may not be seen by our team physician. Once they are on campus and have cleared student health, then and only then can they be seen by our physicians and sports medicine.
3. All new student-athletes must complete the athletic health history packet, drug testing form, emergency contact form, medical release forms and ImPACT (computerized concussion) testing, Bess test, before the pre-participation examination will be conducted by our team physician.
4. If the student-athlete has any prior medical conditions (i.e., past surgeries, heart issues, sickle cell trait, medical tests [MRI, EKG, Echocardiogram] etc.), the student-athlete will need to bring a copy of the doctor's or surgical notes with them.
5. The student-athlete WILL NOT be allowed to participate in team physical activities, including practices, Strength and conditioning and games until cleared by a DSU team physician.
6. Our team physician has the final say as to who will be cleared for participation. As outlined in the NCAA Sports Medicine Handbook Guideline 3A (2014-2015, p. 88) Provides that a member university should medically disqualify a student- athlete from participation in collegiate athletic only if his or her physical impairment presents a significant risk of harm to the health of the student athlete or other participate that cannot be eliminated or reduce by reasonable accommodations
7. The ATC will record BP, pulse, vision, height, and weight
8. Pre-participation physical examination will be scheduled with team physician

Each team's primary ATC will notify the head coach after an athlete is officially cleared for participation; an athlete should not participate in any team activities until notification is received from primary ATC.