

# LADY MONARCHS

# 2010 Women's Lacrosse Prospectus

## General

**Name of School:** ..... Old Dominion University  
**City, Zip:** ..... Norfolk, Va. 23529-0201  
**Founded:** ..... 1930  
 (as the Norfolk Division of the College of William & Mary)  
**Enrollment:** ..... 23,833  
**Nickname:** ..... Lady Monarchs  
**School Colors:** ..... Slate Blue, Sky Blue & Silver  
**HomeField:**.....PowhatanSportsComplex(fieldturf)  
**Capacity:** ..... 1,500  
**Affiliation:** ..... NCAA Division I  
**Conference:** ..... Colonial Athletic Association  
**President:** ..... John R. Broderick  
**Athletic Director:**..... Dr. Jim Jarrett  
**Office Phone:** ..... (757) 683-3369  
**Athletic Department Phone:** ..... (757) 683-3375  
**Athletic Ticket Office:** ..... (757) 683-4444

## Sports Information

**Sports Information Director:** ..... Carol Hudson, Jr.  
**Associate Director:**.....Kim Zivkovich  
**Assistant Director (LAX Contact):**.....Dustin Semonavick  
**Assistant Director:** ..... Rob Silsbee  
**SID Office Phone:** ..... (757) 683-5581  
**SID Fax:** ..... (757) 683-3119  
**Semonavick Cell Phone:** ..... (757) 544-8393  
**Semonavick Email:** ..... dsemonav@odu.edu  
**ODU Website:** ..... www.odusports.com  
**SID Address:** ..... Athletic Admin. Bldg. Rm. 1102  
 Norfolk, VA 23529

## Coaching Staff

**Head Coach:** ..... Sue Stahl (Ursinus '66)  
**Career Record:** ..... 135-161/19 seasons  
**Record at ODU:** ..... 135-161/19 seasons  
**Assistant Coach:** ..... Heather Holt (Old Dominion '95)  
**Office Phone:** ..... (757) 683-4541

## Team Information

**2009 Record:** ..... 11-5  
**2009 Conference Record:** ..... 5-2  
**2009 Post Season:**.....Lost in CAA Semifinals  
**Letterwinners Returning/Lost:** ..... 20/9  
**Newcomers:** ..... 7

### Top Returning Players

Name:	Pos:	Cl.	G	A	Pts	GB	CT
Ashley Kellogg	MF	Sr.	45	9	54	12	6
Lisa Bernardini	MF	So.	23	9	32	19	13
Saratu Dodo	MF	Sr.	16	4	20	25	18

### Key Losses:

Name:	Pos:	G	A	Pts	GB	CT
Kelly Kimener	MF	44	15	59	25	23
Jessica Noone	A	29	13	42	15	4

## 2010 Schedule

March 6	at American	1:00 pm
<b>March 10</b>	<b>RICHMOND</b>	<b>4:00 pm</b>
<b>March 20</b>	<b>SAINT JOSEPH'S</b>	<b>12:00 pm</b>
March 24	at Longwood.	7:00 pm
<b>March 27</b>	<b>VIRGINIA TECH</b>	<b>1:00 pm</b>
<b>March 31</b>	<b>at Virginia</b>	<b>7:00 pm</b>
<b>April 2</b>	<b>LOUISVILLE</b>	<b>4:00 pm</b>
<b>April 4</b>	<b>NORTH CAROLINA</b>	<b>1:00 pm</b>
April 9	at Drexel*	4:00 pm
April 11	at Hofstra*	1:00 pm
<b>April 16</b>	<b>TOWSON*</b>	<b>7:00 pm</b>
<b>April 18</b>	<b>DELAWARE*</b>	<b>1:00 pm</b>
<b>April 23</b>	<b>JAMES MADISON*</b>	<b>7:00 pm</b>
April 25	at George Mason*	1:00 pm
April 29	at William & Mary*	7:00 pm
May 6-May 8	CAA TOURNAMENT	TBA