

Media INFO

The Old Dominion University Sports Information Office welcomes all coverage of the women's field hockey program and its student-athletes. Statistics, photos, or story ideas can always be obtained from Sports Information Director Carol Hudson, Jr. or from Assistant Sports Information Director/Field Hockey contact Kimberly Zivkovich.

To assist you in your coverage of Old Dominion field hockey, here are a few brief points to keep in mind:

Interviews:

Head Coach Beth Anders will be available for interviews immediately following all home games, after a ten minute cool down period. Player interviews are asked to be set up through the sports information office. Coach Anders is available during the week for interviews before and after practice and on game days after competition. Please contact the sports information office at (757) 683-3372 for more information.

Photographers

Only working photographers will be allowed on the playing field during games. Credentials must be secured at least 24 hours in advance of games. Photographers will be asked to wear a press photo pass at all times when shooting.

Colonial Athletic Association

Field hockey statistics for CAA schools are compiled throughout the fall at the conference office in Richmond, Va. and can be obtained through the office's website at www.caasports.com.

Press Box Facilities

A fully enclosed press box high above the turf at Foreman Field serves a maximum of 32 media members at all home games. Three radio booths and a print media area are available for use. Old Dominion University's Sports Information Office will furnish a complete NCAA box immediately following the conclusion of all home games upon request.

Radio Broadcast Lines

Visiting teams wishing to broadcast games from the Foreman Field are asked to contact the sports information office at least two weeks prior to the game. The stadium is located at Bluestone and 49th. All radio lines must be secured through the Verizon office in Norfolk, by calling (757) 667-5000.

More information on all Old Dominion athletic teams is available through our web site on the internet at:

Lady Monarch Quick Facts

General Information:

Name of School: Old Dominion University
 City, Zip: Norfolk, Va. 23529-0201
 Founded: 1930
 Enrollment: 21,000
 Nickname: Lady Monarchs
 School Colors: Slate Blue, Sky Blue, & Silver
 Home Field: Foreman Field (Astroturf)
 Capacity: 20,000
 Affiliation: NCAA Division I
 Conference: Colonial Athletic Association
 President: Dr. Roseann Runte (SUNY New Paltz '68)
 Athletic Director: Dr. Jim Jarrett (SIU-Carbondale '59)

Sports Information:

Athletic Ticket Office: (757) 683-5484
 Sports Information Director: Carol Hudson
 Assistant Director (FH Contact): Kimberly Zivkovich
 SID Office Phone: (757) 683-3372
 SID Fax: (757) 683-3119
 Zivkovich Email: kzivkovi@odu.edu
 ODU Website: www.odusports.com
 SID Address: Athletic Admin. Bldg. Rm. 124
 Norfolk, VA 23529

Coaching Staff:

Head Coach: Beth Anders (Ursinus '73)
 Career Record: 461-78-7/23 seasons
 Record at ODU: 461-78-7/23 seasons
 Assistant Coaches: Susan Myers (Slippery Rock '73)
 Gwen Anderson (West Chester '73)
 Robin Smith (Old Dominion '92)
 Office Phone: (757) 683-5368

Team Outlook:

2005 Record: 19-6
 2005 Conference Record: 8-0/1st
 2005 Post Season: NCAA Semifinals
 Final Ranking: #3 NFHCA
 Letterwinners Returning/Lost: 16/5
 Starters Retuning/Lost: 9/2

Key Returning Players

Name:	Pos:	Cl:	Gls:	Ast:	Pts:
Dana Sensenig	MF	Sr.	19	15	53
Denise Admiraal	MF	So.	18	5	41
Darcy Pinchbeck	F	Sr.	9	4	22
Caroline Nichols	B	Sr.	1	19	21



WHY MONARCHS?

Many people have wondered how the Old Dominion University athletic teams came to be officially known as the Monarchs.

For many years, the athletic teams of the Norfolk Division of the College of William & Mary (as Old Dominion was formerly called) were known as the Braves. This was a derivation of the William & Mary nickname of Indians. As Old Dominion achieved its own four-year status and saw its enrollment surpass that of its Williamsburg neighbor, it was no longer suitable or acceptable to have its teams called the Braves.

The name Monarchs evokes much of the early history of the Commonwealth of Virginia and of Old Dominion's mother institution, the College of William and Mary. The nickname "Old Dominion" was first coined to the Virginia colony by King Charles II after Virginia's loyalty to the crown during the English Civil War. Furthermore, William III and Mary II, whose patronage helped found the College of William and Mary in Virginia in 1693, ruled England at the invitation of Parliament as "joint monarchs."

The Monarch used by Old Dominion has a royal crown on a lion's head, representing an historic past and a strong future. The school's current family of athletic logos were adopted in April of 2002.

www.odusports.com