



The Gold Mine

Compliance Newsletter for Charlotte 49ers Student-Athletes

February 2015

Meals Incidental to Participation

An institution may provide meals to student-athletes as a benefit incidental to participation in intercollegiate athletics. An institution shall not provide student-athletes with a meal and cash for the same meal.

- An institution may provide to a student-athlete the cash equivalent of a meal missed due to practice activities only if he or she has previously paid for the meal (either individually or through the board element of a scholarship).
- All student-athletes are permitted to receive meals at the institution's discretion beginning with the evening before competition and continuing until they are released by institutional personnel. An institution shall not provide cash to student-athletes in lieu of meals during this time period. An institution, at its discretion, may provide a meal or cash (not to exceed \$15), but not both, to student-athletes at the time of their release by institutional personnel.

Occasional Meals

A student-athlete or the entire team in a sport may receive an occasional meal in the locale of the institution on infrequent and special occasions from an institutional staff member.

- ◆ The meal may only be provided in an individual's home, on campus or at a facility that is regularly used for home competition and may be catered
- ◆ A representative of the institution's athletics interests may provide reasonable local transportation to student-athletes to attend the meal function only if the meal function is at the home of that representative.
- ◆ In addition, an institution, conference or the NCAA may provide reasonable entertainment (but may not provide cash for such entertainment) to student-athletes in conjunction with practice or competition.

GOLDEN DATES

First Day of Classes
January 6th

Spring Break
March 2-7th

Spring Weekend
April 3-4th

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SAAC Corner...

Upcoming Meeting Dates

Jan 25 @ 6:30 pm

Feb 22 @ 6:30 pm

March 29 @ 6:30 pm

April 29 @ 12:00 pm

Located in ATAC Video Room

Stay tuned for upcoming SAAC events!

As the March Madness approaches, remember NCAA Gambling policies

Student-Athletes are not allowed to place wagers on sporting events that include March Madness Brackets.

Any game requiring an entrance fee and offers a prize is a violation!

Think before losing your eligibility!

Golden Quote:

It's not the will to win that matters, everyone has that. It's the will to prepare to win that matters.

– Paul Bear Bryant

Home Athletic Events for February

Men's Basketball

19th and 21st

Baseball

20-22nd, 25th, 27-28th

Men's Tennis

7th and 15th

Women's Basketball

7th, 12th, 14th, 26th, 28th

Softball

7th, 14-15th, 20-22nd, 27-1st

Women's Tennis

7th and 25th