Cross Country

MEET DIRECTOR: DAVID SELF
UIL Region III Cross Country Championships

DATE: Monday, October 22, 2018

LOCATION: Kate Barr-Ross Park

ENTRY DEADLINE: Tuesday, October 16 at 6:00 PM

QUALIFYING: The top 3 teams and any individual in the top 10 from your district meet are eligible to compete in the regional championships.

***ONLY enter through Direct Athletics if you have qualified a team or individual for the regional championships***

ENTRY PROCEDURE: All entries will be done online through Direct Athletics. Search: “UIL Region III Cross Country Championships”

Each coach of qualifying individuals/teams is responsible for entering their own athletes! Do NOT rely on the district chairperson to do this! Coaches of qualifying teams may enter up to 10 athletes for a team (7 races + 3 alternates). All competing athletes must be certified and eligible by UIL rules. You must declare your 7 runners at packet pickup. The bib numbers and chips for any non-competing athletes must be turned in at packet pickup.

Please enter your 3 alternates on Direct Athletics. This will prevent us from having to make changes and assign new bibs/chips at the competition site. You will NOT be charged extra for the alternates you enter.

ENTRY FEE: Individual entries will be charged $20 per person Team entries will be charged $150 per team (Boys and Girls are separate teams!)

Entry fee is to be paid during packet pick-up or mailed to:
SHSU Track & Field
Box 2268
Huntsville, Texas 77341

Checks payable to: SHSU Cross Country

To pay via credit card, please call (936) 294-3355 during normal business hours (8am to 5pm) Monday through Friday. If no answer, please leave a voicemail and your call will be returned.

PARKING: Cost for parking is $5 per car (cash only). There will be no cost of parking for school buses and clearly marked school
VEHICLES (NO PASSES NEEDED). UNMARKED SCHOOL VEHICLES NEED TO EMAIL CBB012@SHSU.EDU PRIOR TO 5PM ON FRIDAY, OCTOBER 19 AND A PARKING PASS WILL BE PLACED IN YOUR SCHOOL PACKET. NO CHARGE FOR PARKING ON SUNDAY, OCTOBER 21.

PARKING LOTS WILL OPEN AT 6:15 AM ON THE DAY OF COMPETITION. IN ORDER TO REDUCE TRAFFIC CONGESTION, PLEASE DO NOT ENTER PARK UNTIL 2 HOURS PRIOR TO YOUR SCHEDULED RACE.

PACKET PICKUP: Packets may be picked up from 4:00 to 6:30 pm on Sunday, October 21 @ Kate Barr-Ross Park. The course will be open for inspection from 4:00 to 7:00 pm. Packets may also be picked up the morning of October 22, beginning at 7am.

NUMBERS: Numbers, pins and timing chips will be found in each packet. Each number will be assigned to a specific athlete. Please be sure that each athlete’s number is visible on the front of their uniform and the athlete has their assigned chip securely attached to their shoe.

TIMING CHIPS: All timing chips must be returned. Coaches, please make sure that your timing chips are returned to packet pick up for all athletes who are either entered and don’t compete, or who start and do not finish the race.

MEET SCHEDULE:

<table>
<thead>
<tr>
<th>Race Start</th>
<th>Gender</th>
<th>Division</th>
<th>Race Distance</th>
<th>Awards Ceremony</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 AM</td>
<td>Girls</td>
<td>6A</td>
<td>5,000M</td>
<td>10:05 AM</td>
</tr>
<tr>
<td>9:10 AM</td>
<td>Boys</td>
<td>6A</td>
<td>5,000M</td>
<td>Following 6A girls Awards</td>
</tr>
<tr>
<td>9:50 AM</td>
<td>Girls</td>
<td>2A</td>
<td>2 Miles</td>
<td>11:05 AM</td>
</tr>
<tr>
<td>10:15 AM</td>
<td>Boys</td>
<td>2A</td>
<td>5,000M</td>
<td>Following 2A girls Awards</td>
</tr>
<tr>
<td>10:50 AM</td>
<td>Girls</td>
<td>3A</td>
<td>2 Miles</td>
<td>12:05 PM</td>
</tr>
<tr>
<td>11:15 AM</td>
<td>Boys</td>
<td>3A</td>
<td>5,000M</td>
<td>Following 3A girls Awards</td>
</tr>
<tr>
<td>12:30 PM</td>
<td>Girls</td>
<td>4A</td>
<td>2 Miles</td>
<td>1:55 PM</td>
</tr>
<tr>
<td>1:00 PM</td>
<td>Boys</td>
<td>4A</td>
<td>5,000M</td>
<td>Following 4A girls Awards</td>
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<tr>
<td>1:40 PM</td>
<td>Girls</td>
<td>5A</td>
<td>5,000M</td>
<td>3:05 PM</td>
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<tr>
<td>2:15 PM</td>
<td>Boys</td>
<td>5A</td>
<td>5,000M</td>
<td>Following 5A girls Awards</td>
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TEAM SCORING: Team scores will be computed by totaling the top five runners’ finish positions. The 6th and 7th runners will count as displacers. Teams with less than five runners will not be totaled in the team scores.

RESULTS: All results will be posted live at www.flashresultstexas.com and will be posted at www.gobearkats.com following the competition.

PROTESTS: Protests must be in writing and delivered to the meet referee within 30-minutes of the posting of results.

STATE QUALIFIERS: The first 4 teams in each division and the top 10 individuals not already on one of the advancing teams in the regional meet qualify for the state championship.

AWARDS: The awards ceremony will be held on the field adjacent to the starting line according to the above schedule. Trophies will be presented to the first place team in each division, medals to the team members of the first 3 teams in each division and medals to the top 10 individuals in each division.
WE WILL ALSO RECOGNIZE THOSE OUTSIDE THE TOP 10 INDIVIDUALS WHO HAVE ALSO QUALIFIED FOR THE STATE CHAMPIONSHIP.

T-SHIRTS: T-SHIRTS WILL BE SOLD AT THE MEET SITE THE DAY OF COMPETITION THROUGH FINE DESIGNS INC.

DIRECTIONS TO COURSE: FROM THE SOUTH: TRAVELING NORTH BOUND ON I-45, TAKE EXIT #116. STAY STRAIGHT THROUGH RIGHT ON FRONTAGE ROAD. TURN RIGHT ON TO TX-75. KATE BARR-ROSS PARK WILL BE ON THE LEFT.

FROM THE NORTH: TRAVELING SOUTH BOUND ON I-45, TAKE EXIT #116. TURN LEFT ON TO TX-30. TURN LEFT ONTO THE I-45 NORTH BOUND FRONTAGE ROAD. TURN RIGHT ON TO TX-75. KATE BARR-ROSS PARK WILL BE ON THE LEFT.

PHYSICAL ADDRESS OF KATE BARR-ROSS PARK
480 STATE HIGHWAY 75 N
HUNTSVILLE, TX 77320

FOR FURTHER INFORMATION: PLEASE CONTACT DAVID SELF AT (936) 294-3355 OR BY EMAIL AT DSELF@SHSU.EDU. FOR MEET INFORMATION ON-LINE, GO TO WWW.GOBEARKATS.COM. CHOOSE “CROSS COUNTRY” FROM THE MEN’S OR WOMEN’S SPORTS DROP DOWN MENU ON THE TOP.