141st IC4A Men’s and 34th ECAC Women’s OUTDOOR TRACK and FIELD CHAMPIONSHIPS
Princeton University
William Weaver Track & Field Stadium
Princeton, New Jersey

Modified Time Schedule for Sunday May 14th

All heats will be run slow to fast. All heats are finals

Please check in an hour before or 4 events up front of your event. If you do not check in you will be scratched from that event only. Come back 30 minutes before your event to get your hip numbers. Example: the ECAC 4x100 Relay must check in by 8:30 am.

Scratches will be taken throughout the day and are encouraged

Clerking has been moved to the tunnel near the finish line

Weigh-ins will be still be available and are encouraged Saturday

Track Events

ECAC 4x100 Relay 9:30 am
IC4A 4x100 Relay To Follow
ECAC 1500 To Follow
IC4A 1500 To Follow
IC4A 110 High Hurdles To Follow
ECAC 100 Hurdles To Follow
ECAC 400 To Follow
IC4A 400 To Follow
ECAC 100 To Follow
IC4A 100 To Follow
ECAC 800 To Follow
IC4A 800 To Follow
ECAC 400 Hurdles To Follow
IC4A 400 Hurdles To Follow
ECAC 200 To Follow
IC4A 200 To Follow
ECAC 3000 To Follow
ECAC 4x800 Relay To Follow
IC4A 4x800 Relay To Follow
ECAC 4x400 Relay To Follow
IC4A 4x400 Relay To Follow
Presentation of Awards to follow the last event

Field Events

IC4A Shot Put 9:30
IC4A Javelin 9:30
IC4A High Jump 9:30
ECAC Long Jump 9:30
IC4A Long Jump 9:30
ECAC Pole Vault 11:30
ECAC Javelin 11:45 (or 45 minutes after the completion of the IC4A Javelin)
ECAC Shot Put 12:30
IC4A Triple Jump 12:30 (or 45 minutes after the completion of the Long Jump)
ECAC Triple Jump 12:30 (or 45 minutes after the completion of the Long Jump)
ECAC High Jump 12:30
IC4A Discus 2:15 (or 45 minutes after the completion of the ECAC Javelin)