



57th Annual William and Mary Cross Country Invitational

Sponsored by



September 18-19, 2015

Dear Coach:

We are excited to announce the 2015 W&M Cross Country Invitational to be held on September 18-19, 2015. The meet will take place over two days with the College events on Friday night and the high school events on Saturday morning. Last year we had a great turnout from all over the state of Virginia as well as some neighboring states. We hope that you will join us for this year's event and we look forward to seeing you out on the course! Below is the anticipated schedule for this year's event. Please check Milestat.com or Tribeathletics.com as the meet approaches for any changes to the meet schedule.

Friday September 18, 2015:

3:00pm-7:00pm	Course Open for Practice
6:00pm	College Men's 6k
6:30pm	College Women's 5k

Saturday September 19, 2015:

8:30 AM	Developmental 2 mile (Boys & Girls)	10:55 AM	Boys 'A' Varsity 5k
9:00 AM	JV Girls 5k	11:25 AM	Girls 'B' Varsity 5k
9:40 AM	JV Boys 5k	12:05 PM	Boys 'B' Varsity 5k
10:15 AM	Girls 'A' Varsity 5k	12:45 PM	Awards

[2014 meet information and results](#)

Meet Information:

Entry Fee

-The entry fee for the High School meet will be \$5 per athlete. For teams with 60+ athletes entered in the meet, the entry fee will be capped at \$300. The college race entry fee will be \$100 per gender. Unattached runners for the college races must email Stephen Walsh at stwalsh@wm.edu for entry in the meet. Unattached runners will be charged \$10. Entry fee checks should be mailed to William and Mary Track Office, PO Box 399, Williamsburg VA 23187. We will accept checks (payable to College of William and Mary Cross Country) at the meet. Please no cash. Unattached entries will pay online through Direct Athletics.

Timing

-All races will utilize chip timing. Chips will be located on the back of race bib, so please do not bend or fold the race numbers because this may damage the chips. Race results will be posted as soon as they are available and all results will be sent to MileStat at the conclusion of the meet.

Registration

-You may run up to 8 athletes in each the "A" and the "B" race with unlimited entries in the JV race and Developmental race. We will ask you to assign your athletes to a specific race; however, you will be able to move athletes to a different race by visiting the check-in table at least 30mins prior to your team's first race. Entries for the high school race will be done on-line at www.milesplit.com and will be due Monday September 14th, 2015 by 11:59 pm. College entries will be done on-line at www.DirectAthletics.com and will be due Tuesday September 15th, 2015 by 11:59pm.

Check-in Table

-The check-in table will be located behind the starting line. This is where you will pick up your packet and make any race day changes. Please avoid going near the finish line with your chips so the timing system does not read them prior to the start of your race.

Switching Races

-You will be able to move athletes to a different race after registration ends. If you have any changes prior to Friday, please email Matt Gutridge at cmgutridge@wm.edu.
-Race day changes may be made at the check-in table, but we ask that you please try to email any changes in advance so we can limit the number of race day changes.

Liability Waiver

-Each team must have a [liability waiver](#) signed by the coach or athletic director. If you have not sent this in advance, you will be asked to sign the waiver when you pick up your packet. Sending this in advance will expedite check-in.

Course Maps

-Online maps of the course and directions to course are available here:
<http://www.tribeathletics.com/ViewArticle.dbml?ATCLID=205060714>

Parking

-Event Staff will be assisting with parking throughout the meet. Spectators and teams will not be allowed to park in the lot near the finish line because those spots will be reserved for Event Staff.

Starting Line

-There will be no boxes or assigned positions on the starting line. The starter will organize the groups prior to the start of the race.

Awards

-There will be awards for the top team in the Varsity "A" and "B" races. JV and Developmental races will not be scored. Top ten (10) individuals in all high school races will receive a New Balance W&M Invitational finishing T-Shirt when they cross the finish line.

Entertainment

-We will have a DJ for the high school portion of the meet. Meet T-shirts from New Balance will be available for purchase on Saturday for \$20. The DJ tent and T-shirt table will be located behind the starting line.

Medical Staff

-A trainer will not be provided for the meet, but there will be staff from James City County Fire/Rescue on site for any issues that may arise during the meet.
-[Emergency Action Plan](#)