

Individual Top Marks Outdoors Only

Marks since: 01-Jan-13 Times until: 31-Dec-13

College of William and Mary [W&M]

Number of Top Times: All

	Mark	Convert	Rnd	Name	Age/Yr		
Men 100m Dash							
1	11.09	+1.2	P	--- Bob Smutsky	4/4/2013	Colonial Relays	
2	11.32	-0.1	P	--- Bob Smutsky	4/13/2013	Mason Spring Invitational	
3	11.44	-1.2	F	--- Bob Smutsky	5/3/2013	Colonial Athletic Association Championships	
4	14.09	+1.3	M	--- Jackson Stone	5/3/2013	Colonial Athletic Association Championships	
Men 200m Dash							
1	21.68	+2.8	F	--- Bob Smutsky	4/13/2013	Mason Spring Invitational	
2	22.02	+0.8	F	--- Bob Smutsky	3/22/2013	Tribe Invitational	
3	22.27	-0.1	F	--- Bob Smutsky	4/4/2013	Colonial Relays	
4	22.38	+0.7	P	--- Bob Smutsky	5/3/2013	Colonial Athletic Association Championships	
5	24.04	-1.4	F	--- Paul Wahlman	3/22/2013	Tribe Invitational	
Men 400m Dash							
1	50.64		F	--- Bob Smutsky	3/22/2013	Tribe Invitational	
2	51.80		F	--- Paul Wahlman	3/29/2013	Fred Hardy Invitational	
3	1:08.44		M	--- Jackson Stone	5/3/2013	Colonial Athletic Association Championships	
Men 800m Run							
1	1:54.66		F	--- Ricky Cappetta	5/3/2013	Colonial Athletic Association Championships	
2	1:54.96		F	--- *I Liam Anastasia-Murphy	5/3/2013	Colonial Athletic Association Championships	
3	1:55.28		F	--- David Gunnerson	4/20/2013	New Captain's Classic	
4	1:55.58		P	--- *I Liam Anastasia-Murphy	5/3/2013	Colonial Athletic Association Championships	
5	1:55.63		F	--- Ricky Cappetta	4/13/2013	Mason Spring Invitational	
6	1:55.64		P	--- Ricky Cappetta	5/3/2013	Colonial Athletic Association Championships	
7	1:55.85		F	--- David Gunnerson	3/29/2013	Fred Hardy Invitational	
8	1:56.39		F	--- Ricky Cappetta	4/4/2013	Colonial Relays	
9	1:57.13		P	--- David Gunnerson	5/3/2013	Colonial Athletic Association Championships	
10	1:57.43		F	--- Ricky Cappetta	3/29/2013	Fred Hardy Invitational	
11	1:59.68		F	--- Ricky Cappetta	5/10/2013	UVA Challenge	
12	1:59.82		F	--- Jomar Aryee	4/13/2013	Mason Spring Invitational	
13	2:00.29		P	--- Keith Holleran	5/3/2013	Colonial Athletic Association Championships	
14	2:00.38		F	--- Ian MacFawn	3/29/2013	Fred Hardy Invitational	
15	2:01.16		F	--- Keith Holleran	4/20/2013	New Captain's Classic	
16	2:01.42		F	--- Keith Holleran	4/4/2013	Colonial Relays	
17	2:02.42		F	--- Keith Holleran	3/22/2013	Tribe Invitational	
18	2:02.83		F	--- Keith Holleran	4/13/2013	Mason Spring Invitational	
19	2:03.18		F	--- Jomar Aryee	3/29/2013	Fred Hardy Invitational	
20	2:09.69		F	--- Keith Holleran	3/29/2013	Fred Hardy Invitational	
Men 1500m Run							
1	3:46.22		F	--- *I John Muller	4/20/2013	New Captain's Classic	
2	3:46.82		F	--- *I John Muller	5/10/2013	UVA Challenge	
3	3:47.93		F	--- *I John Muller	4/4/2013	Colonial Relays	
4	3:48.49		F	--- *I John Muller	5/3/2013	Colonial Athletic Association Championships	
5	3:51.10		F	--- *I Alex McGrath	4/13/2013	Mason Spring Invitational	
6	3:53.68		F	--- *I Liam Anastasia-Murphy	4/4/2013	Colonial Relays	
7	3:54.54		P	--- *I John Muller	5/23/2013	NCAA East Preliminaries	
8	3:54.69		F	--- David Gunnerson	4/4/2013	Colonial Relays	
9	3:55.50		F	--- David Gunnerson	4/13/2013	Mason Spring Invitational	
10	3:58.31		F	--- David Waterman	5/10/2013	UVA Challenge	
11	3:58.47		F	--- David Waterman	5/3/2013	Colonial Athletic Association Championships	
12	3:58.95		F	--- David Gunnerson	5/10/2013	UVA Challenge	
13	4:00.00		F	--- David Waterman	4/13/2013	Mason Spring Invitational	

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	Mark	Convert	Rnd	Name	Age/Yr		
14	4:00.38	F	---	David Gunnerson	5/3/2013	Colonial Athletic Association Championships	
15	4:00.50	F	---	Nathan Thomas	4/20/2013	New Captain's Classic	
16	4:02.46	F	---	Ian MacFawn	4/4/2013	Colonial Relays	
17	4:02.79	F	---	David Waterman	4/4/2013	Colonial Relays	
18	4:03.74	F	---	Ian MacFawn	3/22/2013	Tribe Invitational	
19	4:05.25	F	---	Ian MacFawn	5/3/2013	Colonial Athletic Association Championships	
20	4:06.84	F	---	Ryan Gousse	4/20/2013	New Captain's Classic	
21	4:07.27	F	---	David Pennesi	5/3/2013	Colonial Athletic Association Championships	
22	4:07.58	F	---	David Pennesi	4/13/2013	Mason Spring Invitational	
23	4:09.92	F	---	Ricky Cappetta	3/22/2013	Tribe Invitational	
24	6:09.46	M	---	Jackson Stone	5/3/2013	Colonial Athletic Association Championships	
Men 3000m Run							
1	8:29.31	F	---	Nathan Hermsmeier	3/22/2013	Tribe Invitational	
2	8:29.77	F	---	Paul Gates	3/22/2013	Tribe Invitational	
3	8:31.99	F	---	David Waterman	3/22/2013	Tribe Invitational	
4	8:36.02	F	---	Paul Gates	4/4/2013	Colonial Relays	
5	8:41.16	F	---	Nathan Thomas	4/4/2013	Colonial Relays	
6	8:42.42	F	---	Nathan Thomas	3/22/2013	Tribe Invitational	
7	8:53.41	F	---	David Gunnerson	3/22/2013	Tribe Invitational	
8	9:00.83	F	---	David Pennesi	3/22/2013	Tribe Invitational	
Men 5000m Run							
1	13:55.37	F	---	*I Alex McGrath	4/18/2013	Mt. SAC Relays	
2	14:13.56	F	---	Rad Gunzenhauser	4/4/2013	Colonial Relays	
3	14:13.80	F	---	*I Josh Hardin	5/3/2013	Colonial Athletic Association Championships	
4	14:16.51	F	---	Rad Gunzenhauser	4/18/2013	Mt. SAC Relays	
5	14:17.52	F	---	Rad Gunzenhauser	5/10/2013	UVA Challenge	
6	14:17.62	F	---	*I Alex McGrath	5/3/2013	Colonial Athletic Association Championships	
7	14:28.74	S	---	Rad Gunzenhauser	5/23/2013	NCAA East Preliminaries	
8	14:35.32	F	---	Joshua Mercado	4/20/2013	New Captain's Classic	
9	14:38.16	S	---	*I Alex McGrath	5/23/2013	NCAA East Preliminaries	
10	14:40.35	F	---	Nathan Hermsmeier	4/4/2013	Colonial Relays	
11	14:52.27	F	---	Nathan Thomas	5/3/2013	Colonial Athletic Association Championships	
12	14:53.29	F	---	Nathan Thomas	4/13/2013	Mason Spring Invitational	
13	14:55.20	F	---	Joshua Mercado	4/4/2013	Colonial Relays	
14	15:05.80	F	---	Nathan Thomas	5/10/2013	UVA Challenge	
15	15:08.81	F	---	David Waterman	5/3/2013	Colonial Athletic Association Championships	
16	15:14.84	F	---	Jacob Sears	5/3/2013	Colonial Athletic Association Championships	
17	15:24.35	F	---	Ryan Gousse	4/13/2013	Mason Spring Invitational	
18	15:28.66	F	---	Joshua Mercado	5/10/2013	UVA Challenge	
19	15:31.83	F	---	Nathan Hermsmeier	5/3/2013	Colonial Athletic Association Championships	
20	15:47.17	F	---	Paul Gates	5/3/2013	Colonial Athletic Association Championships	
Men 10000m Run							
1	29:29.37	F	---	*I Josh Hardin	4/25/2013	Penn Relay Carnival	
2	29:50.06	F	---	Rad Gunzenhauser	3/22/2013	Tribe Invitational	
3	30:07.24	S	---	*I Josh Hardin	5/23/2013	NCAA East Preliminaries	
4	30:17.64	F	---	*I Josh Hardin	5/3/2013	Colonial Athletic Association Championships	
5	30:20.94	F	---	*I Alex McGrath	5/3/2013	Colonial Athletic Association Championships	
6	30:29.65	F	---	Rad Gunzenhauser	5/3/2013	Colonial Athletic Association Championships	
7	31:09.03	F	---	Ryan Gousse	5/3/2013	Colonial Athletic Association Championships	
8	31:10.20	F	---	Joshua Mercado	5/3/2013	Colonial Athletic Association Championships	
9	31:18.23	F	---	Joshua Mercado	3/22/2013	Tribe Invitational	

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Men 110m Hurdles								
1	23.71	+0.6	M	---	Jackson Stone	5/3/2013	Colonial Athletic Association Championships	
Men 400m Hurdles								
1	56.31		F	---	Jomar Aryee	4/4/2013	Colonial Relays	
2	56.71		F	---	Jomar Aryee	4/20/2013	New Captain's Classic	
3	56.97		F	---	Paul Wahlman	4/4/2013	Colonial Relays	
4	57.42		F	---	Paul Wahlman	4/13/2013	Mason Spring Invitational	
5	57.74		F	---	Jomar Aryee	3/22/2013	Tribe Invitational	
6	58.63		F	---	Paul Wahlman	3/22/2013	Tribe Invitational	
7	1:09.55		F	---	Jomar Aryee	5/3/2013	Colonial Athletic Association Championships	
Men 3000m StplCh								
1	9:01.48		F	---	*I Liam Anastasia-Murphy	4/25/2013	Penn Relay Carnival	
2	9:04.42		Q	---	*I Liam Anastasia-Murphy	5/23/2013	NCAA East Preliminaries	
3	9:23.17		F	---	Ryan Gousse	5/10/2013	UVA Challenge	
4	9:33.00		F	---	*I Liam Anastasia-Murphy	5/3/2013	Colonial Athletic Association Championships	
5	9:36.08		F	---	Rad Gunzenhauser	5/3/2013	Colonial Athletic Association Championships	
6	9:37.74		F	---	Ryan Gousse	5/3/2013	Colonial Athletic Association Championships	
7	9:38.22		F	---	Jacob Sears	5/3/2013	Colonial Athletic Association Championships	
8	9:46.43		F	---	Joshua Mercado	5/3/2013	Colonial Athletic Association Championships	
9	9:46.62		F	---	Nathan Thomas	5/3/2013	Colonial Athletic Association Championships	
10	10:22.70		F	---	David Pennesi	5/3/2013	Colonial Athletic Association Championships	
11	11:05.08		F	---	Keith Holleran	5/3/2013	Colonial Athletic Association Championships	
Men High Jump								
1	1.99m	6-06.25	F	---	*I Ben Katz	5/3/2013	Colonial Athletic Association Championships	
2	1.95m	6-04.75	F	---	*I Ben Katz	3/29/2013	Fred Hardy Invitational	
3*	1.94m	6-04.25	F	---	*I Ben Katz	4/13/2013	Mason Spring Invitational	
3*	1.94m	6-04.25	F	---	*I Ben Katz	4/4/2013	Colonial Relays	
5	1.93m	6-04.00	F	---	*I Ben Katz	4/20/2013	New Captain's Classic	
6	1.63m	5-04.25	M	---	Jackson Stone	5/3/2013	Colonial Athletic Association Championships	
Men Pole Vault								
1	5.01m	16-05.25	F	---	*I Austin Vegas	5/10/2013	UVA Challenge	
2*	4.80m	15-09.00	F	---	*I Austin Vegas	4/4/2013	Colonial Relays	
2*	4.80m	15-09.00	F	---	*I Austin Vegas	4/20/2013	New Captain's Classic	
2*	4.80m	15-09.00	F	---	*I Austin Vegas	3/22/2013	Tribe Invitational	
2*	4.80m	15-09.00	F	---	Greg Gallagher	3/22/2013	Tribe Invitational	
2*	4.80m	15-09.00	F	---	*I Austin Vegas	4/13/2013	Mason Spring Invitational	
7	4.75m	15-07.00	S	---	*I Austin Vegas	5/23/2013	NCAA East Preliminaries	
8	4.70m	15-05.00	F	---	Derek O'Connell	4/13/2013	Mason Spring Invitational	
9*	4.65m	15-03.00	F	---	Greg Gallagher	4/4/2013	Colonial Relays	
9*	4.65m	15-03.00	F	---	Derek O'Connell	5/3/2013	Colonial Athletic Association Championships	
9*	4.65m	15-03.00	F	---	Derek O'Connell	4/20/2013	New Captain's Classic	
9*	4.65m	15-03.00	F	---	*I Austin Vegas	5/3/2013	Colonial Athletic Association Championships	
9*	4.65m	15-03.00	F	---	Derek O'Connell	4/4/2013	Colonial Relays	
14*	4.61m	15-01.50	F	---	Greg Gallagher	5/10/2013	UVA Challenge	
14*	4.61m	15-01.50	F	---	Derek O'Connell	5/10/2013	UVA Challenge	
16	4.45m	14-07.25	F	---	Greg Gallagher	4/13/2013	Mason Spring Invitational	
17	4.40m	14-05.25	F	---	Greg Gallagher	3/29/2013	Fred Hardy Invitational	
18	4.25m	13-11.25	F	---	Derek O'Connell	3/29/2013	Fred Hardy Invitational	
19	4.05m	13-03.50	F	---	Derek O'Connell	3/22/2013	Tribe Invitational	
Men Long Jump								
1	6.72m	+0.7	22-00.75	F	---	*I Ben Katz	5/3/2013	Colonial Athletic Association Championships

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	Mark	Convert	Rnd	Name	Age/Yr		
2	6.67m	+0.3	21-10.75	F	---	*1 Ben Katz	4/4/2013 Colonial Relays
3	6.48m	-1.6	21-03.25	F	---	*1 Ben Katz	4/13/2013 Mason Spring Invitational
4	6.44m	+1.8	21-01.50	F	---	*1 Ben Katz	4/20/2013 New Captain's Classic
5	4.88m	+0.9	16-00.25	M	---	Jackson Stone	5/3/2013 Colonial Athletic Association Championships
Men Shot Put							
1	16.35m		53-07.75	F	---	Taylor Frenia	4/20/2013 New Captain's Classic
2	16.34m		53-07.50	F	---	Brian Waterfield	5/3/2013 Colonial Athletic Association Championships
3	16.08m		52-09.25	F	---	Taylor Frenia	5/3/2013 Colonial Athletic Association Championships
4	16.01m		52-06.50	F	---	Brian Waterfield	4/13/2013 Mason Spring Invitational
5	15.96m		52-04.50	F	---	Taylor Frenia	5/10/2013 UVA Challenge
6	15.95m		52-04.00	F	---	Brian Waterfield	5/10/2013 UVA Challenge
7	15.90m		52-02.00	F	---	Taylor Frenia	4/13/2013 Mason Spring Invitational
8	15.56m		51-00.75	F	---	Brian Waterfield	4/20/2013 New Captain's Classic
9	15.40m		50-06.25	F	---	Brian Waterfield	4/4/2013 Colonial Relays
10	15.39m		50-06.00	F	---	Brian Waterfield	3/29/2013 Fred Hardy Invitational
11	15.29m		50-02.00	F	---	Taylor Frenia	3/29/2013 Fred Hardy Invitational
12	15.28m		50-01.75	F	---	Brian Waterfield	3/22/2013 Tribe Invitational
13	15.18m		49-09.75	F	---	Taylor Frenia	3/22/2013 Tribe Invitational
14	15.10m		49-06.50	F	---	Taylor Frenia	4/4/2013 Colonial Relays
15	12.00m		39-04.50	M	---	Jackson Stone	5/3/2013 Colonial Athletic Association Championships
Men Shot Put 6KG							
1	17.81m		58-05.25	F	---	Taylor Frenia	6/20/2013 USATF Junior Championships
Men Discus							
1	46.60m		152-11	F	---	Taylor Frenia	3/29/2013 Fred Hardy Invitational
2	46.34m		152-00	F	---	Taylor Frenia	4/20/2013 New Captain's Classic
3	45.04m		147-09	F	---	Brian Waterfield	5/3/2013 Colonial Athletic Association Championships
4	44.85m		147-02	F	---	Taylor Frenia	5/3/2013 Colonial Athletic Association Championships
5	44.83m		147-01	F	---	Brian Waterfield	4/20/2013 New Captain's Classic
6	44.62m		146-05	F	---	Taylor Frenia	3/22/2013 Tribe Invitational
7	43.82m		143-09	F	---	Brian Waterfield	3/29/2013 Fred Hardy Invitational
8	42.88m		140-08	F	---	Taylor Frenia	4/13/2013 Mason Spring Invitational
9	42.87m		140-08	F	---	Brian Waterfield	3/22/2013 Tribe Invitational
10	41.86m		137-04	F	---	Brian Waterfield	4/4/2013 Colonial Relays
11	41.71m		136-10	F	---	Jackson Stone	4/20/2013 New Captain's Classic
12	41.49m		136-01	F	---	Taylor Frenia	4/4/2013 Colonial Relays
13	40.05m		131-05	F	---	Jackson Stone	4/13/2013 Mason Spring Invitational
14	35.88m		117-08	M	---	Jackson Stone	5/3/2013 Colonial Athletic Association Championships
15	33.25m		109-01	F	---	Matt Renn	5/3/2013 Colonial Athletic Association Championships
Men Hammer							
1	52.63m		172-08	F	---	Brian Waterfield	4/4/2013 Colonial Relays
2	50.75m		166-06	F	---	Brian Waterfield	4/20/2013 New Captain's Classic
3	50.48m		165-07	F	---	Taylor Frenia	5/10/2013 UVA Challenge
4	50.06m		164-03	F	---	Brian Waterfield	5/3/2013 Colonial Athletic Association Championships
5	49.21m		161-05	F	---	Brian Waterfield	3/29/2013 Fred Hardy Invitational
6	49.04m		160-11	F	---	Taylor Frenia	5/3/2013 Colonial Athletic Association Championships
7	48.40m		158-09	F	---	Brian Waterfield	5/10/2013 UVA Challenge
8	48.03m		157-07	F	---	Taylor Frenia	4/20/2013 New Captain's Classic
9	46.22m		151-08	F	---	Taylor Frenia	4/13/2013 Mason Spring Invitational
10	46.20m		151-07	F	---	Brian Waterfield	4/13/2013 Mason Spring Invitational
11	46.12m		151-04	F	---	Brian Waterfield	3/22/2013 Tribe Invitational
12	46.09m		151-02	F	---	Taylor Frenia	3/22/2013 Tribe Invitational

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13	45.27m	148-06	F	---	Taylor Frenia	3/29/2013	Fred Hardy Invitational
14	44.62m	146-05	F	---	Taylor Frenia	4/4/2013	Colonial Relays
15	44.16m	144-10	F	---	Matt Renn	5/3/2013	Colonial Athletic Association Championships
16	41.32m	135-07	F	---	Matt Renn	3/29/2013	Fred Hardy Invitational
17	41.27m	135-05	F	---	Matt Renn	4/20/2013	New Captain's Classic
18	41.22m	135-03	F	---	Matt Renn	3/22/2013	Tribe Invitational
Men Javelin							
1	69.08m	226-08	F	---	Bob Smutsky	6/20/2013	USATF Junior Championships
2	67.77m	222-04	S	---	Bob Smutsky	5/23/2013	NCAA East Preliminaries
3	66.02m	216-07	F	---	Bob Smutsky	5/3/2013	Colonial Athletic Association Championships
4	62.80m	206-00	F	---	Bob Smutsky	4/13/2013	Mason Spring Invitational
5	59.67m	195-09	F	---	Bob Smutsky	3/22/2013	Tribe Invitational
6	59.43m	195-00	F	---	Bob Smutsky	3/29/2013	Fred Hardy Invitational
7	50.38m	165-03	F	---	Brian Waterfield	5/3/2013	Colonial Athletic Association Championships
8	49.54m	162-06	F	---	Brian Waterfield	4/20/2013	New Captain's Classic
9	47.48m	155-09	F	---	Jackson Stone	5/3/2013	Colonial Athletic Association Championships
10	46.17m	151-06	F	---	Bob Smutsky	4/20/2013	New Captain's Classic
11	45.56m	149-06	F	---	Jackson Stone	3/29/2013	Fred Hardy Invitational
12	43.74m	143-06	M	---	Jackson Stone	5/3/2013	Colonial Athletic Association Championships
13	42.90m	140-09	F	---	Jackson Stone	3/22/2013	Tribe Invitational
14	42.84m	140-07	F	---	Jackson Stone	4/13/2013	Mason Spring Invitational
15	40.37m	132-05	F	---	Jackson Stone	4/20/2013	New Captain's Classic
Men Decathlon							
1	3347		F	---	Jackson Stone	5/3/2013	Colonial Athletic Association Championships