

Individual Top Marks Outdoors Only

Marks since: 01-Jan-10 Times until: 30-Dec-10

College of William and Mary [W&M]

Number of Top Times: All

	Mark	Convert	Rnd	PI	Pts	Name	Age/Yr		
Women 100m Dash									
1	13.01	-0.2	F	6	---	*I Elizabeth Crowley	3/20/2010	Tribe Invitational	
Women 200m Dash									
1	25.89	-0.1	F	5	---	*I Alyssa Gaeto	3/20/2010	Tribe Invitational	
2	25.95	+1.8	F	2	8	*I Alyssa Gaeto	4/17/2010	JMU Invitational	
3	26.49	+1.6	F	16	---	*I Alyssa Gaeto	3/27/2010	Maryland Invitational	
4	26.52	-0.1	F	10	---	*I Lynnne Bresnahan	3/20/2010	Tribe Invitational	
5	26.84	+1.6	F	19	---	*I Lynnne Bresnahan	3/27/2010	Maryland Invitational	
6	26.88	NW1	F	20	---	*I Dana Harvey	4/10/2010	Mason Spring Invitational	
7	27.08	+0.2	F	24	---	*I Dana Harvey	3/27/2010	Maryland Invitational	
8	27.21	+0.2	F	25	---	*I Elizabeth Crowley	3/27/2010	Maryland Invitational	
9	27.26	+1.8	F	5	4	*I Elizabeth Crowley	4/17/2010	JMU Invitational	
Women 400m Dash									
1	1:00.95		F	13	---	*I Kelly McElroy	4/10/2010	Mason Spring Invitational	
2	1:01.40		F	12	---	*I Kelly McElroy	3/20/2010	Tribe Invitational	
Women 800m Run									
1	2:09.51		P	58	---	*I Kelly McElroy	5/27/2010	NCAA Preliminaries	
2	2:09.69		F	4	5	*I Kelly McElroy	4/2/2010	Colonial Relays	
3	2:10.40		F	2	8	*I Kelly McElroy	4/30/2010	Colonial Athletic Association Championships	
4	2:12.06		P	21	---	*I Kelly McElroy	5/14/2010	ECAC Championships	
5	2:12.78		P	3	---	*I Kelly McElroy	4/30/2010	Colonial Athletic Association Championships	
6	2:16.03		F	1	---	*I Brittany Sevachko	5/8/2010	New Captain's Invitational	
7	2:17.23		F	2	---	*I Rachel Boddy	5/8/2010	New Captain's Invitational	
8*	2:17.56		P	12	---	*I Rachel Boddy	4/30/2010	Colonial Athletic Association Championships	
8*	2:17.56		P	12	---	Avery Mattingly	4/30/2010	Colonial Athletic Association Championships	
10	2:18.63		P	16	---	*I Brittany Sevachko	4/30/2010	Colonial Athletic Association Championships	
11	2:19.17		F	39	---	*I Keely Murphy	4/2/2010	Colonial Relays	
12*	2:19.29		P	19	---	*I Glennis Lofland	4/30/2010	Colonial Athletic Association Championships	
12*	2:19.29		F	3	---	*I Keely Murphy	5/8/2010	New Captain's Invitational	
14	2:19.94		F	44	---	Avery Mattingly	4/2/2010	Colonial Relays	
15	2:20.05		P	20	---	*I Keely Murphy	4/30/2010	Colonial Athletic Association Championships	
16	2:20.40		F	3	---	*I Keely Murphy	3/20/2010	Tribe Invitational	
17	2:20.60		F	4	---	Katie Buenaga	5/8/2010	New Captain's Invitational	
18	2:20.73		F	4	---	*I Liz Barclay	3/20/2010	Tribe Invitational	
19	2:21.62		F	50	---	*I Elizabeth Crowley	4/2/2010	Colonial Relays	
20	2:21.88		F	52	---	*I Glennis Lofland	4/2/2010	Colonial Relays	
21	2:22.58		F	4	6	*I Brittany Sevachko	4/17/2010	JMU Invitational	
22	2:24.28		F	15	---	*I Glennis Lofland	4/10/2010	Mason Spring Invitational	
23	2:27.90		F	9	2	*I Glennis Lofland	4/17/2010	JMU Invitational	
24	2:28.17		P	30	---	*I Elizabeth Crowley	4/30/2010	Colonial Athletic Association Championships	
25	2:28.53		F	22	---	*I Elizabeth Crowley	3/27/2010	Maryland Invitational	
26	2:29.81		F	25	---	*I Glennis Lofland	3/27/2010	Maryland Invitational	
27	2:31.58		F	18	---	*I Elizabeth Crowley	4/10/2010	Mason Spring Invitational	
28	2:31.89		F	10	---	*I Elizabeth Crowley	4/17/2010	JMU Invitational	
Women 1500m Run									
1	4:25.55		F	2	8	*I Heather Beichner	4/30/2010	Colonial Athletic Association Championships	
2	4:26.64		F	3	6	*I Meghan Burns	4/30/2010	Colonial Athletic Association Championships	
3	4:27.09		F	2	8	*I Meghan Burns	4/2/2010	Colonial Relays	
4	4:29.15		P	9	---	*I Meghan Burns	5/14/2010	ECAC Championships	
5	4:29.19		F	3	6	*I Heather Beichner	4/2/2010	Colonial Relays	

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	Mark	Convert	Rnd	PI	Pts	Name	Age/Yr		
6	4:29.30		F	5	4	*I Kelly McElroy		4/30/2010	Colonial Athletic Association Championships
7	4:34.21		P	2	---	*I Heather Beichner		4/30/2010	Colonial Athletic Association Championships
8	4:35.08		F	3	---	*I Kelly McElroy		4/10/2010	Mason Spring Invitational
9	4:35.64		P	7	---	*I Meghan Burns		4/30/2010	Colonial Athletic Association Championships
10	4:35.84		P	8	---	*I Kelly McElroy		4/30/2010	Colonial Athletic Association Championships
11	4:36.84		F	1	---	*I Kelly McElroy		3/20/2010	Tribe Invitational
12	4:37.63		P	11	---	*I Liz Barclay		4/30/2010	Colonial Athletic Association Championships
13	4:40.14		P	89	---	*I Heather Beichner		5/27/2010	NCAA Preliminaries
14	4:41.47		F	21	---	*I Liz Barclay		4/2/2010	Colonial Relays
15	4:41.96		F	22	---	Katie Buenaga		4/2/2010	Colonial Relays
16	4:42.44		F	4	---	Avery Mattingly		3/20/2010	Tribe Invitational
17	4:45.15		F	4	---	Katie Buenaga		4/10/2010	Mason Spring Invitational
18	4:45.42		P	14	---	Katie Buenaga		4/30/2010	Colonial Athletic Association Championships
19	4:47.08		F	6	---	Avery Mattingly		4/10/2010	Mason Spring Invitational
20	4:47.14		F	5	---	*I Darcy McDonald		3/20/2010	Tribe Invitational
21	4:48.70		F	6	---	Katie Buenaga		3/20/2010	Tribe Invitational
22	4:50.69		F	40	---	*I Charlotte Tregelles		4/2/2010	Colonial Relays
23	4:51.49		F	12	---	*I Liz Barclay		4/30/2010	Colonial Athletic Association Championships
24	4:52.85		P	20	---	Avery Mattingly		4/30/2010	Colonial Athletic Association Championships
25	4:58.86		P	22	---	*I Charlotte Tregelles		4/30/2010	Colonial Athletic Association Championships
26	4:59.96		F	22	---	*I Kristen Dietz		3/27/2010	Maryland Invitational
27	5:00.77		F	24	---	*I Charlotte Tregelles		3/27/2010	Maryland Invitational
28	5:07.86		F	11	3	*I Charlotte Tregelles		4/17/2010	JMU Invitational
29	5:18.47		F	30	---	*I Amelia Emerson		3/27/2010	Maryland Invitational
30	5:22.78		F	31	---	*I Robin Vanneman		3/27/2010	Maryland Invitational
Women 3000m Run									
1	9:55.68		F	15	---	*I Darcy McDonald		4/22/2010	Penn Relay Carnival
2	9:55.98		F	15	---	*I Darcy McDonald		5/14/2010	ECAC Championships
3	10:20.46		F	4	6	*I Darcy McDonald		4/17/2010	JMU Invitational
4	10:23.14		F	5	---	*I Kelsey Budd		3/20/2010	Tribe Invitational
5	10:32.45		F	6	4	*I Kelsey Budd		4/17/2010	JMU Invitational
6	10:32.96		F	7	---	*I Megan Fitzpatrick		4/17/2010	JMU Invitational
7	10:37.33		F	7	---	Sara Lasker		3/20/2010	Tribe Invitational
8	10:38.41		F	9	---	Sara Lasker		4/17/2010	JMU Invitational
9	11:05.22		F	12	---	*I Kristen Dietz		3/20/2010	Tribe Invitational
10	11:07.61		F	14	---	*I Kristen Dietz		4/17/2010	JMU Invitational
11	11:09.39		F	16	---	*I Robin Vanneman		4/17/2010	JMU Invitational
12	11:09.60		F	13	---	*I Amelia Emerson		3/20/2010	Tribe Invitational
13	11:12.05		F	1	---	*I Megan Fitzpatrick		5/8/2010	New Captain's Invitational
14	11:18.17		F	14	---	*I Charlotte Tregelles		3/20/2010	Tribe Invitational
Women 5000m Run									
1	16:07.80		F	19	---	*I Meghan Burns		4/15/2010	Mt. SAC Relays
2	16:35.12		S	18	---	*I Meghan Burns		5/27/2010	NCAA Preliminaries
3	16:41.03		F	1	10	*I Meghan Burns		4/30/2010	Colonial Athletic Association Championships
4	16:57.74		F	8	1	*I Sallie Ford		5/14/2010	ECAC Championships
5	17:12.36		F	5	4	*I Darcy McDonald		4/2/2010	Colonial Relays
6	17:13.30		F	7	2	*I Sallie Ford		4/2/2010	Colonial Relays
7	17:14.33		F	3	6	*I Darcy McDonald		4/30/2010	Colonial Athletic Association Championships
8	17:16.32		F	4	5	*I Sallie Ford		4/30/2010	Colonial Athletic Association Championships
9	17:19.37		F	5	4	*I Megan Fitzpatrick		4/30/2010	Colonial Athletic Association Championships
10	17:20.42		F	20	---	*I Darcy McDonald		5/14/2010	ECAC Championships
11	17:26.11		F	9	---	*I Kayley Byrne		4/2/2010	Colonial Relays

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	Mark	Convert	Rnd	PI	Pts	Name	Age/Yr		
12	17:37.11		F	13	---	*I Kelsey Budd		4/2/2010 Colonial Relays	
13	17:44.07		F	27	---	*I Kelsey Budd		4/22/2010 Penn Relay Carnival	
Women 10000m Run									
1	35:18.76		F	8	---	*I Sallie Ford		4/22/2010 Penn Relay Carnival	
2	35:36.20		S	38	---	*I Kayley Byrne		5/27/2010 NCAA Preliminaries	
3	35:45.90		F	2	8	*I Kayley Byrne		5/14/2010 ECAC Championships	
4	35:54.12		F	2	8	*I Kayley Byrne		4/30/2010 Colonial Athletic Association Championships	
5	36:39.35		F	6	3	Sara Lasker		5/14/2010 ECAC Championships	
6	36:44.99		S	68	---	*I Sallie Ford		5/27/2010 NCAA Preliminaries	
7	36:45.48		F	8	1	*I Kelsey Budd		5/14/2010 ECAC Championships	
8	36:49.07		F	6	3	*I Kelsey Budd		4/30/2010 Colonial Athletic Association Championships	
9	36:49.96		F	7	2	Sara Lasker		4/30/2010 Colonial Athletic Association Championships	
10	36:53.26		F	8	1	*I Sallie Ford		4/30/2010 Colonial Athletic Association Championships	
11	37:14.76		F	2	8	Sara Lasker		4/2/2010 Colonial Relays	
12	38:55.05		F	9	---	*I Kristen Dietz		4/2/2010 Colonial Relays	
13	39:25.50		F	16	---	*I Kristen Dietz		4/30/2010 Colonial Athletic Association Championships	
14	39:27.62		F	10	---	*I Robin Vanneman		4/2/2010 Colonial Relays	
15	41:39.68		F	20	---	*I Robin Vanneman		4/30/2010 Colonial Athletic Association Championships	
Women 400m Hurdles									
1	1:03.86		P	5	---	*I Dana Harvey		4/30/2010 Colonial Athletic Association Championships	
2	1:05.17		F	6	3	*I Dana Harvey		4/30/2010 Colonial Athletic Association Championships	
3	1:06.14		F	4	5	*I Dana Harvey		3/27/2010 Maryland Invitational	
4	1:06.30		F	23	---	*I Dana Harvey		4/2/2010 Colonial Relays	
5	1:08.00		F	1	---	*I Dana Harvey		3/20/2010 Tribe Invitational	
Women 3000m StplCh									
1	11:15.51		F	4	5	*I Darcy McDonald		4/30/2010 Colonial Athletic Association Championships	
2	11:15.81		F	5	4	*I Kelsey Budd		4/30/2010 Colonial Athletic Association Championships	
3	11:32.61		F	8	1	*I Liz Barclay		4/30/2010 Colonial Athletic Association Championships	
4	11:52.68		F	1	---	*I Liz Barclay		4/10/2010 Mason Spring Invitational	
Women Pole Vault									
1*	4.00m	13-01.50	F	4	---	*I Nicole Kazuba		4/15/2010 Mt. SAC Relays	
1*	4.00m	13-01.50	F	16	---	*I Nicole Kazuba		6/9/2010 NCAA Championships	
3	3.95m	12-11.50	S	30	---	*I Nicole Kazuba		5/27/2010 NCAA Preliminaries	
4	3.92m	12-10.25	F	1	10	*I Nicole Kazuba		4/30/2010 Colonial Athletic Association Championships	
5	3.90m	12-09.50	F	1	---	*I Nicole Kazuba		4/10/2010 Mason Spring Invitational	
6	3.87m	12-08.25	F	3	6	*I Nicole Kazuba		5/14/2010 ECAC Championships	
7	3.82m	12-06.25	F	1	---	*I Nicole Kazuba		5/8/2010 New Captain's Invitational	
8*	3.70m	12-01.50	F	3	6	*I Emily Jeremiah		4/30/2010 Colonial Athletic Association Championships	
8*	3.70m	12-01.50	F	1	---	*I Nicole Kazuba		3/20/2010 Tribe Invitational	
8*	3.70m	12-01.50	F	2	8	*I Nicole Kazuba		4/2/2010 Colonial Relays	
11	3.65m	11-11.75	F	1	10	*I Nicole Kazuba		3/27/2010 Maryland Invitational	
12	3.61m	11-10.00	F	2	---	*I Emily Jeremiah		5/8/2010 New Captain's Invitational	
13	3.60m	11-09.75	F	2	8	*I Emily Jeremiah		4/17/2010 JMU Invitational	
14	3.55m	11-07.75	F	2	---	*I Emily Jeremiah		4/10/2010 Mason Spring Invitational	
15	3.51m	11-06.25	F	3	---	*I Jennifer Garrott		5/8/2010 New Captain's Invitational	
16	3.50m	11-05.75	F	4	5	*I Emily Jeremiah		3/27/2010 Maryland Invitational	
17*	3.40m	11-01.75	F	5	---	*I Jennifer Garrott		4/10/2010 Mason Spring Invitational	
17*	3.40m	11-01.75	F	4	4	*I Emily Jeremiah		4/2/2010 Colonial Relays	
17*	3.40m	11-01.75	F	6	1.5	*I Jennifer Garrott		4/30/2010 Colonial Athletic Association Championships	
17*	3.40m	11-01.75	F	5	---	*I Jennifer Garrott		3/20/2010 Tribe Invitational	
21	3.35m	10-11.75	F	6	2.5	*I Jennifer Garrott		4/17/2010 JMU Invitational	

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	Mark	Convert	Rnd	PI	Pts	Name	Age/Yr		
22	3.25m		10-08.00	F	9	*I Jennifer Garrott		4/2/2010	Colonial Relays
23	3.20m		10-06.00	F	7	*I Jennifer Garrott		3/27/2010	Maryland Invitational
Women Long Jump									
1	5.45m	+0.4	17-10.75	F	2	*I Alyssa Gaeto		3/20/2010	Tribe Invitational
2	5.43m	+1.7	17-09.75	F	3	*I Lynnne Bresnahan		3/20/2010	Tribe Invitational
3	5.37m	NWI	17-07.50	F	9	*I Alyssa Gaeto		4/10/2010	Mason Spring Invitational
4	5.33m	-0.4	17-06.00	F	9	*I Alyssa Gaeto		4/30/2010	Colonial Athletic Association Championships
5	5.31m	+0.6	17-05.25	F	16	*I Alyssa Gaeto		4/2/2010	Colonial Relays
6	5.22m	-1.1	17-01.50	F	21	*I Lynnne Bresnahan		4/2/2010	Colonial Relays
7	5.18m	-0.5	17-00.00	F	3	6 *I Alyssa Gaeto		4/17/2010	JMU Invitational
8	5.02m	+0.0	16-05.75	F	12	*I Alyssa Gaeto		3/27/2010	Maryland Invitational
9	4.95m	NWI	16-03.00	F	15	*I Lynnne Bresnahan		4/10/2010	Mason Spring Invitational
10	4.70m	+0.0	15-05.00	F	19	*I Lynnne Bresnahan		3/27/2010	Maryland Invitational
Women Triple Jump									
1	11.08m	+1.5	36-04.25	F	20	*I Lynnne Bresnahan		4/2/2010	Colonial Relays
2	11.07m	+0.4	36-04.00	F	11	*I Lynnne Bresnahan		4/30/2010	Colonial Athletic Association Championships
3	11.00m	NWI	36-01.25	F	8	*I Lynnne Bresnahan		4/10/2010	Mason Spring Invitational
4	10.75m	+0.6	35-03.25	F	27	*I Alyssa Gaeto		4/2/2010	Colonial Relays
5	10.72m	-0.7	35-02.00	F	4	*I Lynnne Bresnahan		5/8/2010	New Captain's Invitational
6	10.34m	+1.2	33-11.25	F	9	*I Alyssa Gaeto		3/27/2010	Maryland Invitational
Women Shot Put									
1	14.33m		47-00.25	F	1	10 *I Ashley Williams		4/30/2010	Colonial Athletic Association Championships
2	14.15m		46-05.25	F	1	*I Ashley Williams		3/20/2010	Tribe Invitational
3	14.09m		46-02.75	F	1	*I Ashley Williams		5/8/2010	New Captain's Invitational
4	13.93m		45-08.50	F	2	*I Ashley Williams		4/10/2010	Mason Spring Invitational
5	13.92m		45-08.00	F	2	8 *I Ashley Williams		3/27/2010	Maryland Invitational
6	13.90m		45-07.25	F	2	8 *I Carly Morse		4/30/2010	Colonial Athletic Association Championships
7	13.89m		45-07.00	F	4	5 *I Carly Morse		4/2/2010	Colonial Relays
8	13.55m		44-05.50	F	1	10 *I Ashley Williams		4/17/2010	JMU Invitational
9	13.52m		44-04.25	F	5	4 *I Ashley Williams		4/2/2010	Colonial Relays
10	13.48m		44-02.75	F	2	*I Carly Morse		3/20/2010	Tribe Invitational
11	13.01m		42-08.25	F	6	3 *I Carly Morse		3/27/2010	Maryland Invitational
12	13.00m		42-08.00	F	7	2 Natalie Baird		3/27/2010	Maryland Invitational
13	12.77m		41-10.75	F	6	*I Carly Morse		4/10/2010	Mason Spring Invitational
14	12.64m		41-05.75	F	7	*I Carly Morse		4/10/2010	Mason Spring Invitational
15	12.57m		41-03.00	F	6	3 Natalie Baird		4/30/2010	Colonial Athletic Association Championships
16	12.44m		40-09.75	F	22	*I Carly Morse		4/22/2010	Penn Relay Carnival
17	12.41m		40-08.75	F	6	*I Carly Morse		3/20/2010	Tribe Invitational
18	12.29m		40-04.00	F	2	8 Natalie Baird		4/17/2010	JMU Invitational
19	11.42m		37-05.75	F	22	*I Carly Morse		4/2/2010	Colonial Relays
Women Discus									
1	46.25m		151-09	F	5	4 Natalie Baird		5/14/2010	ECAC Championships
2	46.21m		151-07	F	1	*I Carly Morse		5/8/2010	New Captain's Invitational
3	45.59m		149-07	F	1	10 Natalie Baird		4/30/2010	Colonial Athletic Association Championships
4	44.95m		147-06	F	1	*I Carly Morse		4/10/2010	Mason Spring Invitational
5	43.93m		144-01	F	2	*I Carly Morse		3/20/2010	Tribe Invitational
6	43.49m		142-08	F	3	6 Natalie Baird		3/27/2010	Maryland Invitational
7	43.42m		142-05	F	10	*I Carly Morse		4/22/2010	Penn Relay Carnival
8	43.19m		141-08	F	1	10 Natalie Baird		4/17/2010	JMU Invitational
9	41.85m		137-04	F	6	3 *I Carly Morse		4/30/2010	Colonial Athletic Association Championships
10	41.30m		135-06	F	3	*I Carly Morse		3/20/2010	Tribe Invitational

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11	41.15m	135-00	F	6	2.5	*I Carly Morse		3/27/2010	Maryland Invitational
12	40.96m	134-04	F	9	---	*I Carly Morse		4/2/2010	Colonial Relays
13	40.80m	133-10	F	10	---	Natalie Baird		4/2/2010	Colonial Relays
14	39.05m	128-01	F	3	6	*I Rebecca Allred		4/17/2010	JMU Invitational
15	38.61m	126-08	F	6	---	*I Carly Morse		4/10/2010	Mason Spring Invitational
16	37.94m	124-06	F	8	---	*I Rebecca Allred		4/10/2010	Mason Spring Invitational
17	34.92m	114-07	F	15	---	*I Rebecca Allred		3/27/2010	Maryland Invitational
18	34.63m	113-07	F	9	---	*I Rebecca Allred		3/20/2010	Tribe Invitational
Women Hammer									
1	53.46m	175-05	F	1	10	*I Ashley Williams		3/27/2010	Maryland Invitational
2	53.30m	174-10	F	2	8	*I Ashley Williams		4/2/2010	Colonial Relays
3	53.26m	174-09	F	2	8	*I Ashley Williams		4/30/2010	Colonial Athletic Association Championships
4	53.21m	174-07	F	1	---	*I Ashley Williams		4/10/2010	Mason Spring Invitational
5	53.20m	174-06	F	6	---	*I Ashley Williams		4/22/2010	Penn Relay Carnival
6	51.82m	170-00	F	1	10	*I Ashley Williams		4/17/2010	JMU Invitational
7	51.54m	169-01	F	14	---	*I Ashley Williams		5/14/2010	ECAC Championships
8	48.85m	160-03	F	2	---	Natalie Baird		5/8/2010	New Captain's Invitational
9	48.56m	159-04	F	3	---	*I Ashley Williams		5/8/2010	New Captain's Invitational
10	48.00m	157-06	F	2	---	Natalie Baird		3/20/2010	Tribe Invitational
11	47.98m	157-05	F	4	5	Natalie Baird		3/27/2010	Maryland Invitational
12	47.89m	157-01	F	4	5	Natalie Baird		4/30/2010	Colonial Athletic Association Championships
13	47.88m	157-01	F	3	---	*I Ashley Williams		3/20/2010	Tribe Invitational
14	47.62m	156-03	F	2	8	Natalie Baird		4/17/2010	JMU Invitational
15	46.05m	151-01	F	8	1	Natalie Baird		4/2/2010	Colonial Relays
16	46.03m	151-00	F	4	---	Natalie Baird		4/10/2010	Mason Spring Invitational