

Individual Top Marks Outdoors Only

Marks since: 01-Jan-06 Times until: 30-Dec-06

College of William and Mary [W&M]

Number of Top Times: All

	Mark	Convert	Rnd	PI	Pts	Name	Age/Yr		
Men 100m Dash									
1	11.02	NWI	P	5	---	*I Justin Benabdallah	3/17/2006	VCU Ram Invitational	
2	11.05	NWI	F	4	---	*I Justin Benabdallah	4/1/2006	Mason Spring Invitational	
3	11.23	NWI	F	6	---	*I Justin Benabdallah	3/17/2006	VCU Ram Invitational	
4	11.35	NWI	P	4	---	*I Justin Benabdallah	4/1/2006	Mason Spring Invitational	
5	11.46	NWI	P	9	---	*I Justin Benabdallah	4/21/2006	Colonial Athletic Association Championships	
6	11.59	NWI	P	22	---	*I Brandon Evans	3/17/2006	VCU Ram Invitational	
7	11.60	NWI	P	8	---	*I Steve Nichols	4/1/2006	Mason Spring Invitational	
Men 200m Dash									
1	22.51	NWI	F	4	---	*I Justin Benabdallah	4/1/2006	Mason Spring Invitational	
2	22.55	NWI	F	27	---	*I Justin Benabdallah	4/7/2006	Duke Invitational	
3	22.79	NWI	P	16	---	*I Justin Benabdallah	4/21/2006	Colonial Athletic Association Championships	
4	23.80	NWI	F	14	---	*I Brian Wilber	5/6/2006	Patriot Open Invitational	
Men 400m Dash									
1	51.51		F	49	---	*I Brian Wilber	4/15/2006	Lou Onesty Invitational	
2	51.72		F	16	---	*I Brian Wilber	3/25/2006	Fred Hardy Invitational	
3	52.20		F	66	---	*I Brian Wilber	4/7/2006	Duke Invitational	
4	52.31		F	14	---	*I Brian Wilber	4/1/2006	Mason Spring Invitational	
Men 800m Run									
1	1:52.56		F	19	---	*I Ryan Jones	4/7/2006	Duke Invitational	
2	1:52.84		F	6	---	*I Ryan Jones	5/6/2006	Patriot Open Invitational	
3	1:53.34		F	7	---	*I Zach Rubin	5/6/2006	Patriot Open Invitational	
4	1:53.65		F	27	---	*I Jeff Hedley	4/7/2006	Duke Invitational	
5	1:54.01		F	3	6	*I Ryan Jones	4/21/2006	Colonial Athletic Association Championships	
6	1:54.31		F	34	---	*I Zach Rubin	4/7/2006	Duke Invitational	
7	1:54.54		F	37	---	*I David Groff	4/7/2006	Duke Invitational	
8	1:55.42		F	7	2	*I Jeff Hedley	4/21/2006	Colonial Athletic Association Championships	
9	1:55.51		F	8	1	*I Zach Rubin	4/21/2006	Colonial Athletic Association Championships	
10	1:55.83		F	3	---	*I Ryan Jones	3/25/2006	Fred Hardy Invitational	
11	1:56.78		F	4	---	*I David Groff	3/25/2006	Fred Hardy Invitational	
12	1:57.17		F	6	---	*I Zach Rubin	3/25/2006	Fred Hardy Invitational	
13	1:59.71		F	23	---	*I Cabell Rosanelli	3/25/2006	Fred Hardy Invitational	
14	1:59.97		F	20	---	*I Spencer Kirk	4/21/2006	Colonial Athletic Association Championships	
15	2:01.54		F	92	---	*I Brian Wilber	4/7/2006	Duke Invitational	
16	2:01.93		F	35	---	*I Spencer Kirk	3/25/2006	Fred Hardy Invitational	
17	2:03.06		F	41	---	*I Chris Katilie	3/25/2006	Fred Hardy Invitational	
18	2:04.58		F	14	---	*I Brian Wilber	5/6/2006	Patriot Open Invitational	
Men 1500m Run									
1	3:48.32		P	13	---	*I Jeff Hedley	5/12/2006	IC4A Championships	
2	3:50.95		F	1	10	*I Jeff Hedley	4/21/2006	Colonial Athletic Association Championships	
3	3:51.42		P	15	---	*I Jeff Hedley	5/26/2006	NCAA East Regional	
4	3:53.27		F	1	---	*I Jeff Hedley	3/17/2006	VCU Ram Invitational	
5	3:53.78		F	5	4	*I Sean Anastasia-Murphy	4/21/2006	Colonial Athletic Association Championships	
6	3:56.18		F	3	---	*I Christo Landry	3/17/2006	VCU Ram Invitational	
7	3:56.94		F	33	---	*I David Groff	4/7/2006	Duke Invitational	
8	3:58.19		F	3	---	*I David Groff	3/25/2006	Fred Hardy Invitational	
9	4:00.38		F	8	1	*I Christo Landry	4/21/2006	Colonial Athletic Association Championships	
10	4:00.60		F	9	---	*I Dave Mock	4/21/2006	Colonial Athletic Association Championships	
11	4:01.22		F	10	---	*I Charlie Swartz	4/21/2006	Colonial Athletic Association Championships	
12	4:01.31		F	40	---	*I Harry Miller	4/7/2006	Duke Invitational	

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	Mark	Convert	Rnd	PI	Pts	Name	Age/Yr		
13	4:01.99		F	41	---	*I Sean Anastasia-Murphy		4/7/2006	Duke Invitational
14	4:04.07		F	38	---	*I Charlie Swartz		4/15/2006	Lou Onesty Invitational
15	4:04.12		F	14	---	*I Spencer Kirk		3/25/2006	Fred Hardy Invitational
16	4:04.32		F	15	---	*I Cabell Rosanelli		3/25/2006	Fred Hardy Invitational
17	4:04.94		F	18	---	*I Charlie Swartz		3/25/2006	Fred Hardy Invitational
18	4:04.98		F	19	---	*I Chris Katilie		3/25/2006	Fred Hardy Invitational
19	4:05.04		F	14	---	*I David Groff		4/21/2006	Colonial Athletic Association Championships
20	4:05.09		F	20	---	*I Daniel Gordon		3/25/2006	Fred Hardy Invitational
21	4:05.14		F	41	---	*I Daniel Gordon		4/15/2006	Lou Onesty Invitational
22	4:06.16		F	4	---	*I Mike Dominguez		5/6/2006	Patriot Open Invitational
23	4:08.15		F	9	---	*I Colin Leak		3/17/2006	VCU Ram Invitational
24	4:09.09		F	5	---	*I Cabell Rosanelli		5/6/2006	Patriot Open Invitational
25	4:09.97		F	13	---	*I Steve Waite		3/17/2006	VCU Ram Invitational
26	4:10.75		F	15	---	*I Daniel Gordon		3/17/2006	VCU Ram Invitational
27	4:10.93		F	19	---	*I Mike Dominguez		4/21/2006	Colonial Athletic Association Championships
28	4:11.18		F	17	---	*I Cabell Rosanelli		3/17/2006	VCU Ram Invitational
29	4:17.55		F	28	---	*I Charlie Swartz		3/17/2006	VCU Ram Invitational
30	4:20.57		F	7	---	*I Daniel Gordon		5/6/2006	Patriot Open Invitational
Men 3000m Run									
1	8:37.97		F	13	---	*I Jeff Hedley		4/7/2006	Duke Invitational
2	8:49.16		F	17	---	*I Dave Mock		4/7/2006	Duke Invitational
Men 5000m Run									
1	13:53.62		F	12	---	*I Christo Landry		4/30/2006	Payton Jordan Invitational
2	14:01.08		F	3	---	*I Christo Landry		3/24/2006	Raleigh Relays
3	14:13.40		F	8	1	*I Christo Landry		5/12/2006	IC4A Championships
4	14:14.92		F	9	---	*I Christo Landry		5/26/2006	NCAA East Regional
5	14:20.79		F	16	---	*I Keith Bechtol		4/27/2006	Penn Relay Carnival
6	14:23.85		F	1	10	*I Matt Keally		4/21/2006	Colonial Athletic Association Championships
7	14:25.49		F	4	---	*I Matt Keally		4/7/2006	Duke Invitational
8	14:27.34		F	11	---	*I Anthony Arena		3/24/2006	Raleigh Relays
9	14:32.05		F	15	---	*I Jeff Hedley		4/30/2006	Payton Jordan Invitational
10	14:32.20		P	26	---	*I Christo Landry		6/7/2006	NCAA Championships
11	14:32.39		F	3	6	*I Dave Mock		4/21/2006	Colonial Athletic Association Championships
12	14:33.66		F	4	5	*I Christo Landry		4/21/2006	Colonial Athletic Association Championships
13	14:38.15		F	5	4	*I Anthony Arena		4/21/2006	Colonial Athletic Association Championships
14	14:40.70		F	23	---	*I Jeff Hedley		3/24/2006	Raleigh Relays
15	14:41.84		F	19	---	*I Dave Mock		5/12/2006	IC4A Championships
16	14:44.71		F	12	---	*I Dan MacKay		4/7/2006	Duke Invitational
17	14:47.79		F	31	---	*I Dan MacKay		3/24/2006	Raleigh Relays
18	14:48.63		F	14	---	*I Colin Leak		4/7/2006	Duke Invitational
19	14:50.80		F	21	---	*I Colin Leak		5/12/2006	IC4A Championships
20	14:51.24		F	34	---	*I Sean Anastasia-Murphy		3/24/2006	Raleigh Relays
21	14:51.55		F	20	---	*I Matt Keally		5/26/2006	NCAA East Regional
22	15:02.08		F	3	---	*I Karl Lang		3/25/2006	Fred Hardy Invitational
23	15:03.04		F	33	---	*I Karl Lang		4/7/2006	Duke Invitational
24	15:03.11		F	1	---	*I Jason Schoener		5/6/2006	Patriot Open Invitational
25	15:05.31		F	7	2	*I Karl Lang		4/21/2006	Colonial Athletic Association Championships
26	15:09.68		F	37	---	*I Keith Bechtol		4/7/2006	Duke Invitational
27	15:13.56		F	45	---	*I Rob Dennis		3/24/2006	Raleigh Relays
28	15:13.65		F	46	---	*I Joel Parker		3/24/2006	Raleigh Relays
29	15:14.18		F	2	---	*I Charlie Swartz		5/6/2006	Patriot Open Invitational
30	15:16.20		F	6	---	*I Dan Nally		3/25/2006	Fred Hardy Invitational

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	Mark	Convert	Rnd	PI	Pts	Name	Age/Yr	
31	15:25.30		F	3	---	*I Dan Nally	5/6/2006	Patriot Open Invitational
32	15:29.52		F	56	---	*I Steve Waite	4/7/2006	Duke Invitational
33	15:30.02		F	4	---	*I Karl Lang	5/6/2006	Patriot Open Invitational
34	15:36.96		F	66	---	*I Dan Nally	4/7/2006	Duke Invitational
35	15:43.78		F	14	---	*I Kyle Pawlaczyk	3/25/2006	Fred Hardy Invitational
36	15:45.77		F	74	---	*I Charlie Swartz	4/7/2006	Duke Invitational
37	15:50.85		F	82	---	*I Kyle Pawlaczyk	4/7/2006	Duke Invitational
38	15:52.63		F	24	---	*I David Hryvniak	3/17/2006	VCU Ram Invitational
39	16:18.13		F	113	---	*I Daniel Gordon	4/7/2006	Duke Invitational
40	16:24.28		F	27	---	*I Jason Tiezzi	4/15/2006	Lou Onesty Invitational
Men 10000m Run								
1	29:37.01		F	3	---	*I Dave Mock	4/30/2006	Payton Jordan Invitational
2	29:51.05		F	3	6	*I Keith Bechtol	5/12/2006	IC4A Championships
3	29:51.43		F	1	---	*I Dave Mock	3/24/2006	Raleigh Relays
4	30:10.59		F	5	4	*I Matt Keally	5/12/2006	IC4A Championships
5	30:28.87		F	1	10	*I Keith Bechtol	4/21/2006	Colonial Athletic Association Championships
6	30:44.74		F	10	---	*I Matt Keally	4/30/2006	Payton Jordan Invitational
7	30:52.67		F	2	8	*I Colin Leak	4/21/2006	Colonial Athletic Association Championships
8	30:53.63		F	29	---	*I Dan MacKay	4/27/2006	Penn Relay Carnival
9	31:07.80		F	9	---	*I Dan MacKay	5/12/2006	IC4A Championships
10	31:51.82		F	33	---	*I Steve Waite	3/24/2006	Raleigh Relays
11*	32:41.99		F	11	---	*I Jason Schoener	4/21/2006	Colonial Athletic Association Championships
11*	32:41.99		F	11	---	*I Dan MacKay	4/21/2006	Colonial Athletic Association Championships
13	32:46.60		F	13	---	*I Dan Nally	4/21/2006	Colonial Athletic Association Championships
14	33:14.29		F	18	---	*I Steve Waite	4/21/2006	Colonial Athletic Association Championships
Men 110m Hurdles								
1	15.98	NWI	P	12	---	*I Steve Nichols	4/21/2006	Colonial Athletic Association Championships
2	16.59	NWI	F	30	---	*I Brandon Evans	4/15/2006	Lou Onesty Invitational
Men 400m Hurdles								
1	57.52		F	5	---	*I Steve Nichols	4/1/2006	Mason Spring Invitational
2	57.76		F	21	---	*I Steve Nichols	4/15/2006	Lou Onesty Invitational
3	58.05		P	14	---	*I Steve Nichols	4/21/2006	Colonial Athletic Association Championships
4	58.10		F	22	---	*I Steve Nichols	4/7/2006	Duke Invitational
5	59.21		F	14	---	*I Steve Nichols	3/25/2006	Fred Hardy Invitational
6	59.31		F	13	---	*I Steve Nichols	3/17/2006	VCU Ram Invitational
Men 3000m StpICH								
1	9:01.32		F	9	---	*I Sean Anastasia-Murphy	4/27/2006	Penn Relay Carnival
2	9:01.56		F	10	---	*I Anthony Arena	4/27/2006	Penn Relay Carnival
3	9:07.39		F	3	---	*I Sean Anastasia-Murphy	4/7/2006	Duke Invitational
4	9:10.40		F	5	---	*I Rob Dennis	4/7/2006	Duke Invitational
5	9:10.89		F	12	---	*I Anthony Arena	5/26/2006	NCAA East Regional
6	9:13.94		F	8	---	*I Anthony Arena	4/7/2006	Duke Invitational
7	9:14.18		F	10	---	*I Anthony Arena	5/12/2006	IC4A Championships
8	9:14.44		F	9	---	*I Mike Dominguez	4/7/2006	Duke Invitational
9	9:15.26		F	18	---	*I Sean Anastasia-Murphy	5/26/2006	NCAA East Regional
10	9:15.35		F	1	---	*I Sean Anastasia-Murphy	3/17/2006	VCU Ram Invitational
11	9:15.84		F	2	---	*I Anthony Arena	3/17/2006	VCU Ram Invitational
12	9:20.12		F	13	---	*I Mike Dominguez	5/12/2006	IC4A Championships
13	9:20.40		F	1	10	*I Mike Dominguez	4/21/2006	Colonial Athletic Association Championships
14	9:21.79		F	2	8	*I Sean Anastasia-Murphy	4/21/2006	Colonial Athletic Association Championships
15	9:23.97		F	3	6	*I Spencer Kirk	4/21/2006	Colonial Athletic Association Championships

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16	9:25.08		F	14	---	*I Joel Parker		4/7/2006	Duke Invitational
17	9:25.41		F	22	---	*I Mike Dominguez		5/26/2006	NCAA East Regional
18	9:25.74		F	4	5	*I Rob Dennis		4/21/2006	Colonial Athletic Association Championships
19	9:28.10		F	3	---	*I Harry Miller		3/17/2006	VCU Ram Invitational
20	9:28.85		F	5	4	*I Joel Parker		4/21/2006	Colonial Athletic Association Championships
21	9:29.98		F	22	---	*I Sean Anastasia-Murphy		5/12/2006	IC4A Championships
22	9:32.32		F	16	---	*I Spencer Kirk		4/7/2006	Duke Invitational
23	9:32.48		F	6	3	*I Jonna Reinhardt		4/21/2006	Colonial Athletic Association Championships
24	9:33.40		F	7	2	*I Chris Katilie		4/21/2006	Colonial Athletic Association Championships
25	9:33.88		F	18	---	*I Jonna Reinhardt		4/7/2006	Duke Invitational
26	9:38.95		F	1	---	*I Spencer Kirk		5/6/2006	Patriot Open Invitational
27	9:40.47		F	4	---	*I Mike Dominguez		3/17/2006	VCU Ram Invitational
28	9:40.69		F	5	---	*I Rob Dennis		3/17/2006	VCU Ram Invitational
29	9:43.83		F	2	---	*I Joel Parker		5/6/2006	Patriot Open Invitational
30	9:46.67		F	7	---	*I Spencer Kirk		3/17/2006	VCU Ram Invitational
31	9:47.63		F	8	---	*I Chris Katilie		3/17/2006	VCU Ram Invitational
32	9:49.38		F	24	---	*I Chris Katilie		4/7/2006	Duke Invitational
33	9:51.62		F	4	---	*I Jonna Reinhardt		3/25/2006	Fred Hardy Invitational
34	9:52.89		F	9	---	*I David Groff		3/17/2006	VCU Ram Invitational
35	9:53.86		F	5	---	*I Bryce Wilk		3/25/2006	Fred Hardy Invitational
36	9:59.68		F	3	---	*I Chris Katilie		5/6/2006	Patriot Open Invitational
Men High Jump									
1*	1.95m	6-04.75	F	3	---	*I Cam Shriver		5/6/2006	Patriot Open Invitational
1*	1.95m	6-04.75	F	18	---	*I Cam Shriver		4/15/2006	Lou Onesty Invitational
1*	1.95m	6-04.75	F	14	---	*I Brandon Evans		4/15/2006	Lou Onesty Invitational
4*	1.90m	6-02.75	F	2	---	*I Brandon Evans		3/17/2006	VCU Ram Invitational
4*	1.90m	6-02.75	F	6	---	*I Brandon Evans		3/25/2006	Fred Hardy Invitational
6*	1.85m	6-00.75	F	4	5	*I Cam Shriver		4/21/2006	Colonial Athletic Association Championships
6*	1.85m	6-00.75	F	4	---	*I Cam Shriver		4/1/2006	Mason Spring Invitational
6*	1.85m	6-00.75	F	8	---	*I Cam Shriver		3/25/2006	Fred Hardy Invitational
Men Pole Vault									
1	4.15m	13-07.25	F	9	---	*I Nathan Chubb		4/21/2006	Colonial Athletic Association Championships
2*	4.00m	13-01.50	F	7	---	*I Justin Zamorski		3/17/2006	VCU Ram Invitational
2*	4.00m	13-01.50	F	6	---	*I Nathan Chubb		3/17/2006	VCU Ram Invitational
2*	4.00m	13-01.50	F	14	---	*I Justin Zamorski		4/21/2006	Colonial Athletic Association Championships
2*	4.00m	13-01.50	F	4	---	*I Nathan Chubb		3/25/2006	Fred Hardy Invitational
6	3.89m	12-09.00	F	6	---	*I Eric Sandridge		4/1/2006	Mason Spring Invitational
7	3.85m	12-07.50	F	7	---	*I Eric Sandridge		3/25/2006	Fred Hardy Invitational
Men Shot Put									
1	15.99m	52-05.50	F	1	---	*I Aaron Mitchell		4/15/2006	Lou Onesty Invitational
2	15.80m	51-10.00	F	2	8	*I Aaron Mitchell		4/21/2006	Colonial Athletic Association Championships
3	15.64m	51-03.75	F	3	---	*I Aaron Mitchell		4/1/2006	Mason Spring Invitational
4	15.49m	50-10.00	F	2	---	*I Aaron Mitchell		3/25/2006	Fred Hardy Invitational
5	15.35m	50-04.50	F	7	---	*I Nick Hecker-Thompson		4/15/2006	Lou Onesty Invitational
6	15.23m	49-11.75	F	10	---	*I Nick Hecker-Thompson		4/27/2006	Penn Relay Carnival
7	15.00m	49-02.50	F	1	---	*I Nick Hecker-Thompson		5/6/2006	Patriot Open Invitational
8	14.52m	47-07.75	F	6	3	*I Nick Hecker-Thompson		4/21/2006	Colonial Athletic Association Championships
9	14.40m	47-03.00	F	6	---	*I Nick Hecker-Thompson		3/25/2006	Fred Hardy Invitational
10	14.37m	47-01.75	F	5	---	*I Nick Hecker-Thompson		4/1/2006	Mason Spring Invitational
11	14.28m	46-10.25	F	10	---	*I Nick Hecker-Thompson		4/7/2006	Duke Invitational
12	13.16m	43-02.25	F	15	---	*I Tom Mulcahy		4/21/2006	Colonial Athletic Association Championships

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13	13.09m	42-11.50	F	4	---	*I Tom Mulcahy		5/6/2006	Patriot Open Invitational
14	12.65m	41-06.00	F	23	---	*I Tom Mulcahy		4/15/2006	Lou Onesty Invitational
Men Discus									
1	46.79m	153-06	F	2	---	*I Tom Mulcahy		5/6/2006	Patriot Open Invitational
2	45.80m	150-03	F	10	---	*I Tom Mulcahy		4/7/2006	Duke Invitational
3	45.74m	150-01	F	3	---	*I Nick Hecker-Thompson		5/6/2006	Patriot Open Invitational
4	45.27m	148-06	F	5	---	*I Tom Mulcahy		3/25/2006	Fred Hardy Invitational
5	45.03m	147-09	F	9	---	*I Nick Hecker-Thompson		4/15/2006	Lou Onesty Invitational
6	44.85m	147-02	F	3	---	*I Nick Hecker-Thompson		4/1/2006	Mason Spring Invitational
7	44.52m	146-01	F	3	---	*I Tom Mulcahy		4/21/2006	Colonial Athletic Association Championships
8	43.74m	143-06	F	5	4	*I Nick Hecker-Thompson		4/21/2006	Colonial Athletic Association Championships
9	43.42m	142-05	F	5	---	*I Tom Mulcahy		3/17/2006	VCU Ram Invitational
10	42.29m	138-09	F	15	---	*I Tom Mulcahy		4/15/2006	Lou Onesty Invitational
11	41.91m	137-06	F	12	---	*I Nick Hecker-Thompson		3/17/2006	VCU Ram Invitational
12	40.93m	134-03	F	20	---	*I Nick Hecker-Thompson		4/7/2006	Duke Invitational
13	39.74m	130-04	F	12	---	*I Nick Hecker-Thompson		3/25/2006	Fred Hardy Invitational
Men Hammer									
1	51.38m	168-07	F	4	5	*I Aaron Mitchell		4/21/2006	Colonial Athletic Association Championships
2	51.02m	167-05	F	5	---	*I Aaron Mitchell		3/25/2006	Fred Hardy Invitational
3	50.32m	165-01	F	6	---	*I Aaron Mitchell		4/15/2006	Lou Onesty Invitational
4	50.28m	164-11	F	3	---	*I Aaron Mitchell		4/1/2006	Mason Spring Invitational
5	49.57m	162-07	F	2	---	*I Aaron Mitchell		5/6/2006	Patriot Open Invitational
6	49.02m	160-10	F	3	---	*I Aaron Mitchell		3/17/2006	VCU Ram Invitational
Men Javelin									
1	65.47m	214-09	F	1	---	*I Andy Smith		4/1/2006	Mason Spring Invitational
2	63.84m	209-05	F	11	---	*I Andy Smith		5/26/2006	NCAA East Regional
3	63.72m	209-01	F	1	---	*I Andy Smith		4/7/2006	Duke Invitational
4	58.17m	190-10	F	5	---	*I Alex Heacock		3/25/2006	Fred Hardy Invitational
5	57.63m	189-01	F	3	---	*I Alex Heacock		3/17/2006	VCU Ram Invitational
6	56.75m	186-02	F	1	10	*I Andy Smith		4/21/2006	Colonial Athletic Association Championships
7	56.18m	184-04	F	2	---	*I Alex Heacock		4/1/2006	Mason Spring Invitational
8	52.37m	171-10	F	3	6	*I Alex Heacock		4/21/2006	Colonial Athletic Association Championships