

Individual Top Marks Outdoors Only

Marks since: 01-Jan-04 Times until: 30-Dec-04

College of William and Mary [W&M]

Number of Top Times: All

	Mark	Convert	Rnd	PI	Pts	Name	Age/Yr		
Men 100m Dash									
1	10.94	+2.2	F	8	1	*I Justin Benabdallah	4/16/2004	Colonial Athletic Association Championships	
2	11.13	+1.9	F	12	---	*I Justin Benabdallah	5/1/2004	Patriot Open Invitational	
3	11.17	+3.1	F	4	---	*I Justin Benabdallah	3/28/2004	VCU Quad	
4	11.36	-0.2	F	26	---	*I Justin Benabdallah	4/10/2004	Lou Onesty Invitational	
5	11.51	NWI	F	7	---	*I Justin Benabdallah	4/4/2004	Liberty Invitational	
6	11.56	+2.7	M		---	*I Aaron Spicer	5/13/2004	IC4A Championships	
7	11.57	+3.4	F	29	---	*I Noah Gabriel-Landis	3/19/2004	VCU Ram Invitational	
8	11.80	NWI	F	10	---	*I Noah Gabriel-Landis	4/4/2004	Liberty Invitational	
9	11.83	NWI	P	8	---	*I James Hipolit	4/24/2004	CNU Invitational	
Men 200m Dash									
1	22.15	+0.9	F	14	---	*I Justin Benabdallah	5/1/2004	Patriot Open Invitational	
2	22.41	+2.2	F	1	---	*I Justin Benabdallah	3/28/2004	VCU Quad	
3	22.55	-1.8	F	8	0.5	*I Justin Benabdallah	4/16/2004	Colonial Athletic Association Championships	
4	22.62	NWI	F	4	---	*I Justin Benabdallah	4/4/2004	Liberty Invitational	
5	23.22	+7.3	F	33	---	*I Justin Benabdallah	3/19/2004	VCU Ram Invitational	
6	24.43	NWI	F	16	---	*I Noah Gabriel-Landis	4/4/2004	Liberty Invitational	
Men 400m Dash									
1	51.49		F	34	---	*I Steve Gillard	4/10/2004	Lou Onesty Invitational	
2	51.65		F	4	---	*I James Hipolit	4/24/2004	CNU Invitational	
3	51.91		F	12	---	*I Steve Gillard	4/16/2004	Colonial Athletic Association Championships	
4	53.37		M		---	*I Aaron Spicer	5/13/2004	IC4A Championships	
5	53.62		F	29	---	*I Justin Benabdallah	3/19/2004	VCU Ram Invitational	
6	55.82		F	49	---	*I Aaron Spicer	4/10/2004	Lou Onesty Invitational	
7	56.62		F	2	---	*I Aaron Spicer	3/28/2004	VCU Quad	
Men 800m Run									
1	1:52.28		F	12	---	*I Matt Wolak	5/8/2004	JMU Invitational	
2	1:52.63		F	14	---	*I Matt Warco	5/8/2004	JMU Invitational	
3	1:52.70		F	3	---	*I Matt Warco	5/1/2004	Patriot Open Invitational	
4	1:53.01		F	1	10	*I Matt Wolak	4/16/2004	Colonial Athletic Association Championships	
5	1:53.63		F	12	---	*I Matt Wolak	4/10/2004	Lou Onesty Invitational	
6	1:54.18		F	14	---	*I Matt Warco	4/10/2004	Lou Onesty Invitational	
7	1:55.46		F	18	---	*I Scott Ickes	4/10/2004	Lou Onesty Invitational	
8	1:55.56		F	24	---	*I Scott Ickes	5/8/2004	JMU Invitational	
9	1:55.64		F	10	---	*I Scott Ickes	5/1/2004	Patriot Open Invitational	
10	1:55.70		F	25	---	*I Bill Tarantino	5/8/2004	JMU Invitational	
11	1:55.97		F	1	---	*I Matt Warco	3/19/2004	VCU Ram Invitational	
12	1:56.18		F	27	---	*I Robert Pitts	5/8/2004	JMU Invitational	
13	1:56.49		P	29	---	*I Matt Wolak	5/28/2004	NCAA East Regional	
14	1:56.52		F	24	---	*I Robert Pitts	4/10/2004	Lou Onesty Invitational	
15	1:56.79		F	25	---	*I Bill Tarantino	4/10/2004	Lou Onesty Invitational	
16	1:57.06		F	15	---	*I Steve Gillard	5/1/2004	Patriot Open Invitational	
17	1:57.31		F	7	2	*I Robert Pitts	4/16/2004	Colonial Athletic Association Championships	
18	1:57.64		F	10	---	*I Scott Ickes	4/16/2004	Colonial Athletic Association Championships	
19	1:57.67		F	32	---	*I Graham Kearney	4/10/2004	Lou Onesty Invitational	
20	1:58.27		F	14	---	*I Bill Tarantino	4/16/2004	Colonial Athletic Association Championships	
21	1:58.35		F	3	---	*I Robert Pitts	3/28/2004	VCU Quad	
22	1:58.77		F	4	---	*I Scott Ickes	3/28/2004	VCU Quad	
23	1:59.16		F	37	---	*I Steve Gillard	5/8/2004	JMU Invitational	
24	2:00.03		F	49	---	*I Joel Parker	4/10/2004	Lou Onesty Invitational	

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	Mark	Convert	Rnd	PI	Pts	Name	Age/Yr	
25	2:00.52		F	6	---	*I Bill Tarantino		3/28/2004 VCU Quad
26	2:00.91		F	6	---	*I Steve Gillard		4/4/2004 Liberty Invitational
27	2:05.06		F	20	---	*I Matt Warco		4/16/2004 Colonial Athletic Association Championships
Men 1500m Run								
1	3:53.01		F	2	8	*I Jeff Hedley		4/16/2004 Colonial Athletic Association Championships
2	3:56.21		F	3	---	*I Jeff Hedley		3/19/2004 VCU Ram Invitational
3	3:56.24		F	2	---	*I Matt Wolak		4/2/2004 Duke Invitational
4	3:57.19		F	26	---	*I Graham Kearney		4/2/2004 Duke Invitational
5	3:57.61		F	1	---	*I Bill Tarantino		5/1/2004 Patriot Open Invitational
6	3:58.20		F	4	---	*I Graham Kearney		3/19/2004 VCU Ram Invitational
7	3:58.35		F	5	4	*I Bill Tarantino		4/16/2004 Colonial Athletic Association Championships
8	3:59.07		F	6	3	*I David Murphy		4/16/2004 Colonial Athletic Association Championships
9	4:00.10		F	7	2	*I Graham Kearney		4/16/2004 Colonial Athletic Association Championships
10	4:01.69		F	15	---	*I Bill Tarantino		4/2/2004 Duke Invitational
11	4:02.24		F	3	---	*I Bill Patchak		4/24/2004 CNU Invitational
12	4:02.52		F	7	---	*I Matt Wolak		3/19/2004 VCU Ram Invitational
13	4:02.55		F	23	---	*I Bill Patchak		4/10/2004 Lou Onesty Invitational
14	4:02.98		F	8	1	*I Joel Parker		4/16/2004 Colonial Athletic Association Championships
15	4:03.00		F	4	---	*I Joel Parker		4/24/2004 CNU Invitational
16	4:03.04		F	36	---	*I Matt Warco		4/2/2004 Duke Invitational
17	4:03.63		F	25	---	*I Joel Parker		5/8/2004 JMU Invitational
18	4:03.92		F	26	---	*I Bill Patchak		5/8/2004 JMU Invitational
19	4:04.01		F	9	---	*I Bill Patchak		4/16/2004 Colonial Athletic Association Championships
20	4:04.47		F	23	---	*I Scott Ickes		4/2/2004 Duke Invitational
21	4:05.00		F	27	---	*I Jon Healey		5/8/2004 JMU Invitational
22	4:06.85		F	37	---	*I Joel Parker		4/2/2004 Duke Invitational
23	4:07.13		F	38	---	*I Robert Pitts		4/2/2004 Duke Invitational
24	4:07.63		F	21	---	*I Joel Parker		3/19/2004 VCU Ram Invitational
25	4:07.76		F	33	---	*I Dan Nally		4/10/2004 Lou Onesty Invitational
26	4:12.31		F	36	---	*I Chris Healey		5/8/2004 JMU Invitational
27	4:56.62		M		---	*I Aaron Spicer		5/13/2004 IC4A Championships
Men 3000m Run								
1	8:37.30		F	2	---	*I Keith Bechtol		5/8/2004 JMU Invitational
2	8:55.32		F	12	---	*I Steve Hoogland		5/8/2004 JMU Invitational
3	8:59.40		F	14	---	*I Pat Comstock		5/8/2004 JMU Invitational
4	9:10.56		F	19	---	*I Kyle Pawlaczyk		5/8/2004 JMU Invitational
5	9:16.90		F	21	---	*I Charlie Hurt		5/8/2004 JMU Invitational
Men 5000m Run								
1	14:12.25		F	3	6	*I Jeff Hedley		5/28/2004 NCAA East Regional
2	14:16.86		F	18	---	*I Jeff Hedley		4/30/2004 Stanford Cardinal Invitational
3	14:23.88		F	4	---	*I Jeff Hedley		4/2/2004 Duke Invitational
4	14:34.08		F	10	---	*I Keith Bechtol		5/28/2004 NCAA East Regional
5	14:41.15		F	10	---	*I David Murphy		4/2/2004 Duke Invitational
6	14:42.46		F	1	10	*I Keith Bechtol		4/16/2004 Colonial Athletic Association Championships
7	14:45.72		F	3	6	*I Jason Schoener		4/16/2004 Colonial Athletic Association Championships
8	14:52.45		F	5	---	*I David Murphy		5/8/2004 JMU Invitational
9	14:52.49		F	6	---	*I Jason Schoener		5/8/2004 JMU Invitational
10	14:52.88		F	5	4	*I Jacob Frey		4/16/2004 Colonial Athletic Association Championships
11	14:59.72		F	24	---	*I David Murphy		4/22/2004 Penn Relay Carnival
12	15:02.61		F	8	1	*I Pat Comstock		4/16/2004 Colonial Athletic Association Championships
13	15:02.81		F	35	---	*I Matt Keally		4/30/2004 Stanford Cardinal Invitational

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	Mark	Convert	Rnd	PI	Pts	Name	Age/Yr	
14	15:09.48		F	9	---	*I Adam Tenerowicz	4/16/2004	Colonial Athletic Association Championships
15	15:11.11		F	3	---	*I Anthony Arena	3/19/2004	VCU Ram Invitational
16	15:19.20		F	6	---	*I Dan Nally	3/19/2004	VCU Ram Invitational
17	15:20.06		F	7	---	*I Jon Healey	3/19/2004	VCU Ram Invitational
18	15:23.18		F	13	---	*I Mike Dominguez	3/19/2004	VCU Ram Invitational
19	15:32.55		F	21	---	*I Matt Keally	5/8/2004	JMU Invitational
20	15:35.93		P	23	---	*I Jeff Hedley	6/10/2004	NCAA Championships
21	15:36.09		F	20	---	*I Chris Healey	3/19/2004	VCU Ram Invitational
22	15:42.27		F	23	---	*I Dan Nally	5/8/2004	JMU Invitational
23	15:47.27		F	16	---	*I Chris Healey	4/10/2004	Lou Onesty Invitational
24	15:50.81		F	11	---	*I Charlie Hurt	4/16/2004	Colonial Athletic Association Championships
25	15:55.51		F	24	---	*I Kyle Pawlaczyk	3/19/2004	VCU Ram Invitational
26	15:58.00		F	2	---	*I Thomas Antenucci	4/24/2004	CNU Invitational
27	16:17.58		F	20	---	*I Kyle Pawlaczyk	4/10/2004	Lou Onesty Invitational
Men 10000m Run								
1	29:58.13		F	1	10	*I Keith Bechtol	5/13/2004	IC4A Championships
2	30:14.64		F	3	6	*I Matt Keally	5/13/2004	IC4A Championships
3	30:19.96		F	8	---	*I Jason Schoener	4/22/2004	Penn Relay Carnival
4	30:25.95		F	7	2	*I Jason Schoener	5/13/2004	IC4A Championships
5	30:39.99		F	10	---	*I Adam Tenerowicz	5/13/2004	IC4A Championships
6	30:44.16		F	16	---	*I Pat Comstock	5/13/2004	IC4A Championships
7	30:46.77		F	1	---	*I Jason Schoener	4/2/2004	Duke Invitational
8	30:59.99		F	20	---	*I Steve Hoogland	5/13/2004	IC4A Championships
9	31:03.82		F	5	---	*I Adam Tenerowicz	4/2/2004	Duke Invitational
10	31:04.87		F	1	10	*I Matt Keally	4/16/2004	Colonial Athletic Association Championships
11	31:11.64		F	6	---	*I Charlie Hurt	4/2/2004	Duke Invitational
12	31:11.91		F	8	---	*I Pat Comstock	4/2/2004	Duke Invitational
13	31:14.82		F	2	8	*I Steve Hoogland	4/16/2004	Colonial Athletic Association Championships
14	31:24.33		F	2	---	*I Keith Bechtol	6/25/2004	USAT&F Junior Championships
15	31:44.28		F	14	---	*I Steve Hoogland	4/2/2004	Duke Invitational
16	31:45.99		F	19	---	*I Keith Bechtol	7/14/2004	IAAF World Junior Championships
17	32:07.02		F	6	3	*I Dan Nally	4/16/2004	Colonial Athletic Association Championships
Men 110m Hurdles								
1	15.89	+3.0	F	10	---	*I James Hipolit	4/16/2004	Colonial Athletic Association Championships
2	16.34	-1.5	F	19	---	*I James Hipolit	4/10/2004	Lou Onesty Invitational
3	19.54	+2.5	M		---	*I Aaron Spicer	5/13/2004	IC4A Championships
Men 400m Hurdles								
1	56.17		F	15	---	*I James Hipolit	4/10/2004	Lou Onesty Invitational
2	56.42		F	1	---	*I James Hipolit	3/28/2004	VCU Quad
3	56.47		F	3	---	*I James Hipolit	3/19/2004	VCU Ram Invitational
4	56.84		F	3	---	*I James Hipolit	4/4/2004	Liberty Invitational
5	58.38		F	10	---	*I James Hipolit	4/16/2004	Colonial Athletic Association Championships
Men 3000m StplCh								
1	9:32.24		F	3	---	*I Anthony Arena	4/10/2004	Lou Onesty Invitational
2	9:35.19		F	6	---	*I Mike Dominguez	5/8/2004	JMU Invitational
3	9:36.54		F	7	---	*I Anthony Arena	5/8/2004	JMU Invitational
4	9:36.83		F	5	---	*I Mike Dominguez	4/10/2004	Lou Onesty Invitational
5	9:37.03		F	2	---	*I Mike Dominguez	5/1/2004	Patriot Open Invitational
6	9:45.83		F	3	---	*I Anthony Arena	5/1/2004	Patriot Open Invitational
7	9:47.85		F	2	8	*I Mike Dominguez	4/16/2004	Colonial Athletic Association Championships
8	9:48.34		F	21	---	*I Anthony Arena	4/2/2004	Duke Invitational

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	Mark	Convert	Rnd	PI	Pts	Name	Age/Yr		
9	9:52.26		F	11	---	*I Jon Healey	4/10/2004	Lou Onesty Invitational	
10	9:52.84		F	3	6	*I Anthony Arena	4/16/2004	Colonial Athletic Association Championships	
11	9:54.34		F	24	---	*I Mike Dominguez	4/2/2004	Duke Invitational	
12	9:57.17		F	4	---	*I Jon Healey	5/1/2004	Patriot Open Invitational	
13	9:59.72		F	5	4	*I Jon Healey	4/16/2004	Colonial Athletic Association Championships	
14	10:10.67		F	32	---	*I Jon Healey	4/2/2004	Duke Invitational	
Men High Jump									
1	1.71m	5-07.25	M		---	*I Aaron Spicer	5/13/2004	IC4A Championships	
Men Pole Vault									
1	4.25m	13-11.25	F	4	4.5	*I Justin Zamorski	4/16/2004	Colonial Athletic Association Championships	
2	13-09.00	4.19m	F	6	---	*I Justin Zamorski	4/4/2004	Liberty Invitational	
3	13-06.00	4.11m	F	2	---	*I Justin Zamorski	4/24/2004	CNU Invitational	
4	4.10m	13-05.25	F	1	---	*I Aaron Spicer	3/28/2004	VCU Quad	
5	4.05m	13-03.50	M		---	*I Aaron Spicer	5/13/2004	IC4A Championships	
6	13-00.00	3.96m	F	3	---	*I Aaron Spicer	4/24/2004	CNU Invitational	
7*	3.95m	12-11.50	F	6	3	*I Nathan Chubb	4/16/2004	Colonial Athletic Association Championships	
7*	3.95m	12-11.50	F	2	---	*I Justin Zamorski	3/28/2004	VCU Quad	
7*	3.95m	12-11.50	F	5	---	*I Aaron Spicer	3/19/2004	VCU Ram Invitational	
10	12-06.00	3.81m	F	4	---	*I Charles Fritschner	4/24/2004	CNU Invitational	
11	3.80m	12-05.50	F	4	---	*I Charles Fritschner	3/28/2004	VCU Quad	
Men Long Jump									
1	6.57m	NWI 21-06.75	F	1	---	*I Noah Gabriel-Landis	4/4/2004	Liberty Invitational	
2	6.37m	NWI 20-10.75	F	11	---	*I Noah Gabriel-Landis	3/19/2004	VCU Ram Invitational	
3	6.31m	NWI 20-08.50	F	5	---	*I Noah Gabriel-Landis	3/28/2004	VCU Quad	
4	6.23m	NWI 20-05.25	M		---	*I Aaron Spicer	5/13/2004	IC4A Championships	
5	6.18m	+0.0 20-03.50	F	12	---	*I Noah Gabriel-Landis	4/16/2004	Colonial Athletic Association Championships	
6	6.15m	NWI 20-02.25	F	6	---	*I Justin Benabdallah	3/28/2004	VCU Quad	
7	5.99m	NWI 19-08.00	F	17	---	*I Justin Benabdallah	3/19/2004	VCU Ram Invitational	
Men Shot Put									
1	16.65m	54-07.50	F	1	10	*I Chris Parsons	4/16/2004	Colonial Athletic Association Championships	
2	16.57m	54-04.50	F	1	---	*I Aaron Mitchell	4/10/2004	Lou Onesty Invitational	
3	16.55m	54-03.75	F	2	8	*I Steve Huntzinger	4/16/2004	Colonial Athletic Association Championships	
4	16.23m	53-03.00	F	7	2	*I Steve Huntzinger	5/13/2004	IC4A Championships	
5	53-02.00	16.20m	F	1	---	*I Aaron Mitchell	4/4/2004	Liberty Invitational	
6	16.09m	52-09.50	F	3	6	*I Aaron Mitchell	4/16/2004	Colonial Athletic Association Championships	
7*	16.06m	52-08.25	F	1	---	*I Chris Parsons	3/28/2004	VCU Quad	
7*	16.06m	52-08.25	F	1	---	*I Chris Parsons	3/19/2004	VCU Ram Invitational	
9	16.02m	52-06.75	F	2	---	*I Steve Huntzinger	4/10/2004	Lou Onesty Invitational	
10	52-06.50	16.01m	F	2	---	*I Chris Parsons	4/4/2004	Liberty Invitational	
11	16.01m	52-06.50	F	2	---	*I Aaron Mitchell	3/28/2004	VCU Quad	
12	15.82m	51-11.00	F	3	---	*I Steve Huntzinger	3/28/2004	VCU Quad	
13	15.65m	51-04.25	F	1	---	*I Steve Huntzinger	5/1/2004	Patriot Open Invitational	
14	15.51m	50-10.75	F	3	---	*I Steve Huntzinger	3/19/2004	VCU Ram Invitational	
15	15.50m	50-10.25	F	4	---	*I Aaron Mitchell	3/19/2004	VCU Ram Invitational	
16	50-06.00	15.39m	F	5	---	*I Steve Huntzinger	4/4/2004	Liberty Invitational	
17	15.15m	49-08.50	F	16	---	*I Aaron Mitchell	5/13/2004	IC4A Championships	
18	15.00m	49-02.50	F	4	---	*I Nick Hecker-Thompson	4/10/2004	Lou Onesty Invitational	
19	14.92m	48-11.50	F	15	---	*I Aaron Mitchell	4/22/2004	Penn Relay Carnival	
20	14.89m	48-10.25	F	16	---	*I Steve Huntzinger	4/22/2004	Penn Relay Carnival	
21	14.88m	48-10.00	F	2	---	*I Nick Hecker-Thompson	5/1/2004	Patriot Open Invitational	
22	14.65m	48-00.75	F	6	3	*I Nick Hecker-Thompson	4/16/2004	Colonial Athletic Association Championships	

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23	47-11.50	14.61m	F	1	---	*I Nick Hecker-Thompson		4/24/2004	CNU Invitational
24	14.52m	47-07.75	F	5	---	*I Nick Hecker-Thompson		5/8/2004	JMU Invitational
25	14.42m	47-03.75	F	6	---	*I Nick Hecker-Thompson		3/19/2004	VCU Ram Invitational
26	14.32m	46-11.75	F	5	---	*I Nick Hecker-Thompson		3/28/2004	VCU Quad
27	46-00.00	14.02m	F	7	---	*I Nick Hecker-Thompson		4/4/2004	Liberty Invitational
28	10.56m	34-07.75	M		---	*I Aaron Spicer		5/13/2004	IC4A Championships
Men Discus									
1	47.75m	156-08	F	1	---	*I Steve Huntzinger		4/10/2004	Lou Onesty Invitational
2	47.69m	156-05	F	1	---	*I Steve Huntzinger		4/4/2004	Liberty Invitational
3	46.22m	151-08	F	2	---	*I Steve Huntzinger		5/1/2004	Patriot Open Invitational
4	45.72m	150-00	F	1	10	*I Steve Huntzinger		4/16/2004	Colonial Athletic Association Championships
5	44.47m	145-11	F	22	---	*I Steve Huntzinger		5/13/2004	IC4A Championships
6	43.74m	143-06	F	3	6	*I Chris Parsons		4/16/2004	Colonial Athletic Association Championships
7*	43.10m	141-05	F	4	---	*I Chris Parsons		4/4/2004	Liberty Invitational
7*	43.10m	141-05	F	2	---	*I Steve Huntzinger		3/19/2004	VCU Ram Invitational
9	42.94m	140-10	F	7	---	*I Nick Hecker-Thompson		4/10/2004	Lou Onesty Invitational
10	42.60m	139-09	F	5	4	*I Nick Hecker-Thompson		4/16/2004	Colonial Athletic Association Championships
11	41.80m	137-02	F	8	---	*I Nick Hecker-Thompson		5/1/2004	Patriot Open Invitational
12	41.73m	136-11	F	5	---	*I Nick Hecker-Thompson		3/19/2004	VCU Ram Invitational
13	41.50m	136-02	F	7	---	*I Nick Hecker-Thompson		4/4/2004	Liberty Invitational
14	40.99m	134-06	F	4	---	*I Nick Hecker-Thompson		5/8/2004	JMU Invitational
15	40.41m	132-07	F	7	---	*I Chris Parsons		3/19/2004	VCU Ram Invitational
16	130-01.00	39.64m	F	3	---	*I Nick Hecker-Thompson		4/24/2004	CNU Invitational
17	31.81m	104-04	M		---	*I Aaron Spicer		5/13/2004	IC4A Championships
Men Hammer									
1	56.36m	184-11	F	1	---	*I Chris Parsons		4/4/2004	Liberty Invitational
2	56.32m	184-09	F	1	10	*I Chris Parsons		4/16/2004	Colonial Athletic Association Championships
3	53.78m	176-05	F	2	---	*I Chris Parsons		3/19/2004	VCU Ram Invitational
4	53.12m	174-03	F	2	---	*I Chris Parsons		3/28/2004	VCU Quad
5	50.83m	166-09	F	4	---	*I Aaron Mitchell		4/4/2004	Liberty Invitational
6	48.86m	160-04	F	5	---	*I Aaron Mitchell		4/10/2004	Lou Onesty Invitational
7	48.79m	160-01	F	3	---	*I Aaron Mitchell		3/28/2004	VCU Quad
8	48.20m	158-02	F	7	2	*I Aaron Mitchell		4/16/2004	Colonial Athletic Association Championships
9	46.54m	152-08	F	4	---	*I Aaron Mitchell		3/19/2004	VCU Ram Invitational
Men Javelin									
1	64.45m	211-05	F	9	---	*I Andy Smith		5/28/2004	NCAA East Regional
2	63.84m	209-05	F	1	---	*I Andy Smith		4/4/2004	Liberty Invitational
3	63.34m	207-10	F	1	---	*I Andy Smith		5/8/2004	JMU Invitational
4	62.94m	206-06	F	1	10	*I Andy Smith		4/16/2004	Colonial Athletic Association Championships
5	62.55m	205-02	F	5	---	*I Andy Smith		4/22/2004	Penn Relay Carnival
6	62.28m	204-04	F	6	3	*I Andy Smith		5/13/2004	IC4A Championships
7	62.09m	203-08	F	1	---	*I Andy Smith		3/19/2004	VCU Ram Invitational
8	50.27m	164-11	M		---	*I Aaron Spicer		5/13/2004	IC4A Championships
9	46.75m	153-04	F	15	---	*I Aaron Spicer		3/19/2004	VCU Ram Invitational
Men Decathlon									
1	5893		F	1	10	*I Aaron Spicer		4/16/2004	Colonial Athletic Association Championships
2	5803		F	15	---	*I Aaron Spicer		5/13/2004	IC4A Championships
3	5745		F	3	---	*I Aaron Spicer		4/4/2004	Liberty Invitational