

Individual Top Marks Indoors Only

Marks since: 01-Jul-03 Times until: 30-Jun-04

College of William and Mary [W&M]

Number of Top Times: All

	Mark	Convert	Rnd	Pl	Pts	Name	Age/Yr	
Men 55m Dash								
1	6.66		P	3	---	*I Stephen Cason	2/29/2004	GMU Winter Open
2	6.90		P	5	---	*I Justin Benabdallah	2/29/2004	GMU Winter Open
3	6.96		P	4	---	*I Noah Gabriel-Landis	2/29/2004	GMU Winter Open
Men 60m Dash								
1	7.16		P	38	---	*I Stephen Cason	2/13/2004	VT Challenge
2	7.26		F	22	---	*I Stephen Cason	1/23/2004	CNU Captain's Classic
3	7.27		P	7	---	*I Stephen Cason	1/31/2004	Patriot Games
4	7.44		F	32	---	*I Noah Gabriel-Landis	12/7/2003	CNU Lidlifter
5	7.47		F	34	---	*I Stephen Cason	12/7/2003	CNU Lidlifter
Men 200m Dash								
1	23.29		F	1	---	*I Justin Benabdallah	2/29/2004	GMU Winter Open
2	23.45		F	58	---	*I Justin Benabdallah	2/13/2004	VT Challenge
3	23.61		F	5	---	*I Justin Benabdallah	1/31/2004	Patriot Games
4	23.70		F	67	---	*I James Hipolit	2/13/2004	VT Challenge
5	23.81		F	2	---	*I James Hipolit	2/29/2004	GMU Winter Open
6	24.07		F	4	---	*I Stephen Cason	2/29/2004	GMU Winter Open
7	24.31		F	9	---	*I James Hipolit	1/31/2004	Patriot Games
8	24.41		F	22	---	*I Justin Benabdallah	1/23/2004	CNU Captain's Classic
9	24.58		F	24	---	*I Stephen Cason	1/23/2004	CNU Captain's Classic
10	24.73		F	10	---	*I Stephen Cason	1/31/2004	Patriot Games
11	26.82		F	23	---	*I Casey Morris	12/7/2003	CNU Lidlifter
Men 400m Dash								
1	51.94		F	6	---	*I James Hipolit	1/31/2004	Patriot Games
2	52.07		F	20	---	*I James Hipolit	12/7/2003	CNU Lidlifter
3	52.23		F	11	---	*I James Hipolit	1/23/2004	CNU Captain's Classic
4	55.30		F	26	---	*I Justin Benabdallah	1/23/2004	CNU Captain's Classic
Men 500m Dash								
1	1:08.03		F		---	*I James Hipolit	2/13/2004	VT Challenge
2	1:08.12		F	2	---	*I Steve Gillard	1/10/2004	Father Diamond Invitational
3	1:08.59		F	4	---	*I James Hipolit	2/29/2004	GMU Winter Open
Men 800m Run								
1	1:56.85		F	1	---	*I Matt Warco	1/31/2004	Patriot Games
2	1:58.40		F	4	---	*I Robert Pitts	2/29/2004	GMU Winter Open
3	1:59.12		F	5	---	*I Matt Wolak	1/31/2004	Patriot Games
4	1:59.17		F	6	---	*I Graham Kearney	1/31/2004	Patriot Games
5	1:59.77		F	17	---	*I Robert Pitts	2/7/2004	Carolina Classic
6	2:01.95		F	11	---	*I Steve Gillard	1/23/2004	CNU Captain's Classic
7	2:02.04		F	12	---	*I Robert Pitts	1/23/2004	CNU Captain's Classic
8	2:03.66		F	13	---	*I Steve Gillard	12/7/2003	CNU Lidlifter
9	2:03.85		F	29	---	*I Steve Gillard	2/7/2004	Carolina Classic
Men 1000m Run								
1	2:30.65		F	1	---	*I Matt Warco	2/29/2004	GMU Winter Open
2	2:30.82		F	2	---	*I Bill Tarantino	2/13/2004	VT Challenge
3	2:32.64		F	3	---	*I Bill Tarantino	2/29/2004	GMU Winter Open
4	2:33.98		F	8	---	*I Scott Ickes	2/13/2004	VT Challenge
5	2:34.73		F	7	---	*I Scott Ickes	1/10/2004	Father Diamond Invitational
6	2:37.38		F	12	---	*I Robert Pitts	2/13/2004	VT Challenge

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Men 1500m Run							
1	4:00.85		F	1	---	*I Bill Tarantino	12/7/2003 CNU Lidlifter
2	4:01.12		F	1	---	*I Bill Tarantino	1/23/2004 CNU Captain's Classic
3	4:02.29		F	2	---	*I Scott Ickes	12/7/2003 CNU Lidlifter
4	4:05.84		F	4	---	*I Paul Costello	1/23/2004 CNU Captain's Classic
5	4:06.51		F	5	---	*I Bill Patchak	1/23/2004 CNU Captain's Classic
6	4:07.65		F	6	---	*I Joel Parker	1/23/2004 CNU Captain's Classic
7	4:07.78		F	7	---	*I Charlie Hurt	1/23/2004 CNU Captain's Classic
8	4:09.37		F	8	---	*I Jon Healey	1/23/2004 CNU Captain's Classic
9	4:11.53		F	11	---	*I Scott Ickes	1/23/2004 CNU Captain's Classic
10	4:12.61		F	5	---	*I Robert Pitts	12/7/2003 CNU Lidlifter
Men 3000m Run							
1	8:24.71		F	1	---	*I Matt Keally	1/31/2004 Patriot Games
2	8:29.04		F	1	---	*I Jason Schoener	12/7/2003 CNU Lidlifter
3	8:35.95		F	1	---	*I Jason Schoener	1/23/2004 CNU Captain's Classic
4	8:43.98		F	2	---	*I Matt Wolak	12/7/2003 CNU Lidlifter
5	8:46.29		F	18	---	*I Jeff Hedley	2/13/2004 VT Challenge
6	8:51.13		F	20	---	*I Bill Tarantino	2/13/2004 VT Challenge
7	8:57.66		F	5	---	*I Pat Comstock	1/31/2004 Patriot Games
8	8:58.30		F	3	---	*I Steve Hoogland	2/29/2004 GMU Winter Open
9	8:59.54		F	5	---	*I Bill Tarantino	1/23/2004 CNU Captain's Classic
10	9:15.27		F	39	---	*I Bill Patchak	2/13/2004 VT Challenge
Men 5000m Run							
1	14:22.09		F	6	3	*I Jacob Frey	3/6/2004 IC4A Championships
2	14:25.27		F	8	1	*I Jason Schoener	3/6/2004 IC4A Championships
3	14:36.12		F	1	---	*I Jacob Frey	2/13/2004 VT Challenge
4	14:39.24		F	2	---	*I Matt Keally	2/13/2004 VT Challenge
5	14:48.46		F	4	---	*I Jason Schoener	2/13/2004 VT Challenge
6	14:52.89		F	5	---	*I Keith Bechtol	2/13/2004 VT Challenge
7	15:01.54		F	6	---	*I Charlie Hurt	2/13/2004 VT Challenge
8	15:14.85		F	7	---	*I Pat Comstock	2/13/2004 VT Challenge
9	15:29.24		F	13	---	*I Brian Doherty	2/13/2004 VT Challenge
10	15:34.33		F	5	---	*I Keith Bechtol	1/23/2004 CNU Captain's Classic
11	15:42.14		F	17	---	*I Steve Hoogland	2/13/2004 VT Challenge
Men 1 Mile Run							
1	4:15.84		F	6	---	*I Matt Wolak	2/13/2004 VT Challenge
2	4:16.53		F	2	---	*I Matt Wolak	2/29/2004 GMU Winter Open
3	4:20.16		F	4	---	*I Graham Kearney	2/29/2004 GMU Winter Open
4	4:21.28		F	5	---	*I Joel Parker	2/29/2004 GMU Winter Open
5	4:21.45		F	15	---	*I David Murphy	2/13/2004 VT Challenge
6	4:22.27		F	16	---	*I Joel Parker	2/13/2004 VT Challenge
7	4:23.81		F	4	---	*I Bill Tarantino	2/7/2004 Carolina Classic
8	4:26.32		F	11	---	*I Scott Ickes	2/7/2004 Carolina Classic
9	4:30.06		F	35	---	*I Paul Costello	2/13/2004 VT Challenge
10	4:32.37		F	8	---	*I Joel Parker	1/31/2004 Patriot Games
Men 60m Hurdles							
1	8.86		F	15	---	*I James Hipolit	1/23/2004 CNU Captain's Classic
2	9.09		P	38	---	*I James Hipolit	2/13/2004 VT Challenge
3	9.76		F	26	---	*I Aaron Spicer	1/23/2004 CNU Captain's Classic
4	9.79		F	5	---	*I Aaron Spicer	1/31/2004 Patriot Games
5	9.82		P	5	---	*I Aaron Spicer	1/31/2004 Patriot Games

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	Mark	Convert	Rnd	PI	Pts	Name	Age/Yr	
6	9.86			P	6	*I James Hipolit		1/31/2004 Patriot Games
Men Pole Vault								
1	13-06.00	4.11m	F	3	---	*I Justin Zamorski		1/23/2004 CNU Captain's Classic
2*	4.10m	13-05.25	F	4	---	*I Nathan Chubb		2/29/2004 GMU Winter Open
2*	4.10m	13-05.25	F	4	---	*I Aaron Spicer		2/29/2004 GMU Winter Open
4*	13-00.00	3.96m	F	4	---	*I Nathan Chubb		1/23/2004 CNU Captain's Classic
4*	13-00.00	3.96m	F	4	---	*I Aaron Spicer		2/8/2004 CNU Winter Frolic
4*	13-00.00	3.96m	F	6	---	*I Justin Zamorski		12/7/2003 CNU Lidlifter
4*	13-00.00	3.96m	F	4	---	*I Justin Zamorski		2/8/2004 CNU Winter Frolic
8	3.95m	12-11.50	F	8	---	*I Justin Zamorski		2/29/2004 GMU Winter Open
9	3.90m	12-09.50	F	3	---	*I Justin Zamorski		1/31/2004 Patriot Games
10*	12-06.00	3.81m	F	8	---	*I Charles Fritschner		12/7/2003 CNU Lidlifter
10*	12-06.00	3.81m	F	5	---	*I Aaron Spicer		1/23/2004 CNU Captain's Classic
12	3.75m	12-03.50	F	4	---	*I Nathan Chubb		1/31/2004 Patriot Games
Men Long Jump								
1	6.09m	19-11.75	F	6	---	*I Justin Benabdallah		1/31/2004 Patriot Games
2	19-10.00	6.04m	F	23	---	*I Justin Benabdallah		1/23/2004 CNU Captain's Classic
3	6.01m	19-08.75	F	5	---	*I Justin Benabdallah		2/29/2004 GMU Winter Open
4	19-05.00	5.91m	F	10	---	*I Noah Gabriel-Landis		12/7/2003 CNU Lidlifter
5	5.75m	18-10.50	F	7	---	*I Noah Gabriel-Landis		2/29/2004 GMU Winter Open
6	18-08.50	5.70m	F	27	---	*I Noah Gabriel-Landis		1/23/2004 CNU Captain's Classic
Men Shot Put								
1	16.17m	53-00.75	F	8	1	*I Chris Parsons		3/6/2004 IC4A Championships
2	15.74m	51-07.75	F	1	---	*I Chris Parsons		1/31/2004 Patriot Games
3	51-03.75	15.64m	F	2	---	*I Chris Parsons		1/23/2004 CNU Captain's Classic
4	15.51m	50-10.75	F	1	---	*I Chris Parsons		2/29/2004 GMU Winter Open
5	49-11.50	15.22m	F	2	---	*I Chris Parsons		2/8/2004 CNU Winter Frolic
6	14.91m	48-11.00	F	3	---	*I Nick Hecker-Thompson		2/29/2004 GMU Winter Open
7	48-04.00	14.73m	F	4	---	*I Nick Hecker-Thompson		2/8/2004 CNU Winter Frolic
8	48-00.00	14.63m	F	3	---	*I Nick Hecker-Thompson		12/7/2003 CNU Lidlifter
9	47-07.25	14.51m	F	6	---	*I Nick Hecker-Thompson		1/23/2004 CNU Captain's Classic
10	14.05m	46-01.25	F	6	---	*I Nick Hecker-Thompson		1/31/2004 Patriot Games