

WESTERN CAROLINA WOMEN'S SOCCER



FACT BOOK

Last Updated June, 2018

2001 SOCON REGULAR SEASON CHAMPIONS

Western Carolina 1, Appalachian State 0

October 28, 2001

Catamount Athletic Complex, Cullowhee, N.C.



Sophomore Jordan Howell scored the lone goal in the contest to lead Western Carolina women's soccer team to a 1-0 victory over Appalachian State on Sunday afternoon at Schrader Field.

The win, combined with a Furman victory over Georgia Southern earlier in the day, makes the Catamounts the top seed at the 2001 Southern Conference Championship, held Nov. 8-10 in Greenville, S.C., at Furman University. Western, who is only in its third year of having varsity women's soccer, has also locked up at least a share of the SoCon regular-season title, with several teams having league games left on their schedule.

Western finished the season 10-0 at home and 8-2 in the SoCon.

2005 SOCON TOURNAMENT CHAMPIONS

Western Carolina 1, Furman 0

November 6, 2005

Stone Stadium, Greenville, S.C.



Early in the second half, Western's Heather Dittmer took a Natalie Turgeon pass and headed the ball past Furman's keeper to lift the Catamounts to a 1-0 victory over the Paladins en route to winning the 2005 Southern Conference Championship Sunday afternoon at Furman's Stone Stadium. With the win, the Catamounts earn the conference's automatic bid and first ever trip to the NCAA College Cup Championships.

Western Carolina garnered the game-winning goal at the 47:43 mark when Turgeon found Dittmer just inside the six-yard box. Dittmer took advantage of the Turgeon cross, placing the ball in the back of the net with a header between the pipes after Furman's first-team All-SoCon goalkeeper Andie Hinshaw was caught out of position.

2008 SOCON TOURNAMENT CHAMPIONS

Western Carolina 2, UNCG 0 (2OT 2 PK)

November 9, 2008
Mt. Pleasant, S.C.



The Western Carolina women's soccer team battled 110 minutes of scoreless play before finishing off the top-seeded UNC Greensboro on penalty kicks, 2-0, to win the program's second Southern Conference Championship.

The win on PK's was the Catamounts second shootout victory in their last three matches.

WCU sophomore goal keeper Caitlin Williams, who was named tournament MVP, made four huge saves to keep UNC Greensboro off the board in shootout. The Liberty, N.C., native stonewalled four Spartan shooters, including league Player of the Year, Katelynn Donovan, to lift Western to the victory.

After 110 minutes of scoreless play, penalty kicks were needed to decide the winner for the championship.

AWARDS AND HONORS

SOCON ATHLETE OF THE WEEK

Megan McCallister, Oct. 18, 2017
Laura Greb, Oct. 24, 2012
Samantha Hodge, Oct. 5, 2011
Caitlin Williams, Sept. 30, 2009
Arlan Whittle, Sept. 24, 2008
Caitlin Williams, Oct. 8, 2008

SOCON ATHLETE OF THE MONTH

Caitlin Williams, Nov. 2008
Alesha Row, Nov. 2005

SOCON PLAYER OF THE WEEK

Natalia Icen, Sept. 5, 2017
Lauren Martin, Oct. 27, 2016
Jennifer Lauer, Sept. 25, 2012
Caitlin Williams, Oct. 27, 2009
Caitlin Williams, Sept. 30, 2008
Caitlin Williams, Sept. 18, 2007
Shannon Fowkes, Oct. 9, 2007
Shannon Fowkes, Oct. 10, 2006
Casey Davis, Aug. 30, 2005
Jordan Howell, Sept. 25, 2001
Natasha Moore, Sept. 4, 2002

AII-SOUTHERN CONFERENCE FIRST TEAM

Markie-Lynn Studnicky, 2012
Shanna Schmoker, 2008
Heather Dittmer, 2006
Jordan Howell, 2001
Jamie Pawlik, 2002
Mandi Tinsley, 2002

SECOND TEAM

Sayres McKenna, 2017
Megan McCallister, 2017
Kelly Pannell, 2015
Christina White, 2014
Kayla Beaudy, 2011
Arlan Whittle, 2008
Emily Pierce, 2005
Alesha Row, 2005
Stephanie Svoboda, 2004
Mandi Tinsley, 2001
Lauren Bramlett, 2001
Nardia Moore, 2001
Jamie Pawlik, 2001
Nardia Moore, 2000
Brandy Ossmann, 2000
Nardia Moore, 1999

AII-SOCON FRESHMAN TEAM

Maryanne Kilgore, 2017
Emily Threatt, 2016
Sayres McKenna, 2015
Chandler Arrowood, 2014
Markie-Lynn Studnicky, 2012
Kayla Beaudy, 2008

AII-SOCON TOURNAMENT TEAM

Sayres McKenna, 2017
Jacquelin Gnassi, 2017
Emily Threatt, 2017
Caitlin Williams, 2008
Jenny Matteson, 2008
Arlan Whittle, 2005, 2006, 2008
Mandi Tinsley, 2000, 2001
Shanna Schmoker, 2006, 2008
Alesha Row, 2005
Meghan Reilly, 2005
Casey Davis, 2005
Heather Dittmer, 2005
Jamie Pawlik, 2001
Nardia Moore, 2000, 2001

SOCON TOURNAMENT MOST OUTSTANDING

Caitlin Williams, 2008
Alesha Row, 2005

SOCON COACH OF THE YEAR

Debbie Hensley, 2001

SOCCER BUZZ

NATIONAL ELITE TEAM OF THE WEEK

Heather Dittmer, Nov. 10, 2005

SOCCER BUZZ ALL-NATIONAL TEAM FIRST YEAR PROGRAMS

Kelly Barker, 1999
Nardia Moore, 1999

SOCCER BUZZ ALL-NATIONAL FRESHMAN OF THE YEAR FIRST YEAR PROGRAMS

Nardia Moore, 1999

SOCCER BUZZ

ALL-SOUTHEAST REGION TEAM

Jordan Howell, 2nd Team, 2001
Nardia Moore, 2nd Team, 2001

NATIONAL STRENGTH & CONDITIONING ASSOCIATION OF AMERICA

Keevy Harris, 2005
Stephanie Svoboda, 2004

SCHRADER SCHOLARSHIP RECIPIENTS

Lauren Bramlett, 2002
Kyla Deon, 2001
Heather Dittmer, 2005
Natalie Turgeon, 2003, 2004

SOCON SCHOLARSHIP RECIPIENT

Emily Pierce, 2005 (David Knight)
Brittany Gendron, 2014 (David Knight)

COSIDA ACADEMIC ALL-DISTRICT III

Kyla Deon, 2nd Team, 2002
Emily Pierce, 2nd Team, 2003, 2005
Samantha Hodge, 1st Team, 2011, 20012

ALL-TIME JERSEY NUMBERS

- 0 -	Dittmer, Heather 2004-07	- 18 -	Harris, Megan 2004-05
Andrews, Erin 2007	Howell, Jordan 2000-03	Matteson, Jenny 2006-09	Pissott, Tami 2001
Dooley, Sara 2016	Webb, Taylor 2015-16	Sears, Brianna 2015-17	Sedgley, Kayla 2010-13
Jacobs, Katie 2008-12	- 9 -	White, Ellie 1999-00	
Martin, Lauren 2011-14	Bramlett, Lauren 2000-03	- 19 -	
- 00 -	Cooke, Kasey 2013-17	Kearns, Lexi 2010	Moore, Natasha 2002-05
Gnassi, Jacquelyn 2015-present	Davis, Molly 2010	Sanholtz, Renee 2017-present	Schomper, Rachael 2006-09
Lauer, Jennifer 2011-14	Ward, Savannah 2011-12	Sullivan, Kimberly 2011-05	
Ross, Lauren 2007	Whittle, Arlan 2005-08	- 20 -	
Row, Alesha 2003-06	- 10 -	Chambers, Megan 2002	Culp, Bailey 2004-07
Tinsley, Mandi 1999-02	Chambers, Meghan 2003-05	DeQueiroz, Cassie 2010	El-Shami, Layla 2017-present
Williams, Caitlin 2008-10	Cocknell, Christine 2011-14	Field, Carrie 2008	Hill, Mackenzie 2014
- 1 -	DeShelter, Katie 2006	Lay, Melissa 2011	Morton, Yasmin 1999-00
Fahey, Jessica 2005	McKenna, Sayres 2015-present	- 21 -	
Gill, Caitlin 2007-09	Oberholtzer, Kellie 2007-10	Anderson, Renee 2008-09	Atkinson, Lauren 2004-07
Martin, Lauren 2011-12	Rice, Sarah 1999-02	Cannon, Ashton 20016-present	Davis, Casey 2002
Temple, Sabrina 2009-10	- 11 -	Pawlik, Jamie 2001-02	Robinson, Sara 2011-15
Tinstman, Carly 2013-16	Barker, Kelly 1999-02	Weigel, Katie 2010	
Weaver, Tina 2000-03	Collins, Nikki 2006-09	- 22 -	
- 2 -	Davis, Casey 2003-05	Ducker, Mercedes 2013-16	McClagherty, Hannah 2017-present
Berry, Melissa 2004-07	Frankeny, Alexa 2014-present	Patton, Jaycee 2011	Pawlik, Jamie 2011-02
Deon, Kyla 1999-2002	Ober, Katelyn 2010	Svoboda, Stephanie 2003-05	Williams, Andrea 2007
Lynn, Emily 2008-11	Robinson, Sara 2012	- 23 -	
McCallister, Megan 2016-present	- 12 -	Joyner, Megan 2015-present	Schmoker, Shanna 2006-09
Rosu, Courtney 2012-15	Freeman, Elizabeth 2016-present	Sears, Brianna 2014	Gastesi, Alex 2010-13
- 3 -	Haywood, Emma 2017	Zipay, Emily 2017-present	- 24 -
Flanders, Megan 2011	Gendron, Brittany 2010-14	Deck, Jennifer 2003-04	Hakwins-Dabney, Tatiana 2016
Hill, Olivia 2016	Gulledge, Kelly 2006	Hughes, Heather 2005	Lombardo, Nikki 2006-09
Harris, Keevy 2003-06	Holder, Hillary 2008-09	Ross, Elizabeth 2010-11	Schwartz, Amanda 2012-15
Moore, Nardia 1999-02	Pierce, Emily 2002-05	- 25 -	
Nieto, Aimee 2007	Sanders, Rebecca 2001	Leland, Haven 2013-16	Pittman, Joy 2008
Pannell, Kelly 2012-15	Williams, Caitlin 2007	Robinson, Sara 2012	Wright, Mackenzie 2017-present
- 4 -		Yunger, Jennah 2007	
Daino, Leah 2004-07	- 13 -		
Dawsey, Jordan 2016-present	Budnick, Tara 2011-14		
Deon, Kristen 2000-03	Frazier, Eynde 2015-present		
Figliola, Morgan 2013-15	Jones, Tammy 2003-06		
Greb, Laura 2009-12	Hamilton, Erin 2007-10		
Rollins, Merritt 2008	- 14 -		
- 5 -	Bennefield, Brittany 2001-04		
Burns, Shannon 2015-17	Diano, Marianne 2006		
Cunningham, Bri 2006-09	Hodge, Samantha 2008-12		
Foresman, Morgan 1999-02	Mallon, Courtney 2007		
Kuhn, Leigh Ann 2010-11	Mellis, Anna Marie 2014-17		
Turgeon, Natalie 2002-05	- 15 -		
White, Christina 2011-14	Baruwa, Buki 2005-08		
- 6 -	Gerulis, Emily 2014-15		
Arrowood, Chandler 2014-15	Kaznowski, Christine 2011-13		
Cuevas, Brianna 2013	Mallow, Courtney 2007-09		
Kilgore, Maryanne 2017-present	White, Ellie 1999-00		
Lee, Taylor 2008-09	Wilson, Felicia 2000-03		
Ossman, Brandy 2000-01	- 16 -		
Munn, Rebekah 2004-07	Edwards, Angela 2010-11		
Salmons, Katie 2010-12	Fowkes, Shannon 2006-09		
Zipay, Emily 2016	Nicolini, Marie 2002-05		
- 7 -	Studnick, Markie-Lynn 2012-15		
Bradham, Caitlyn 2011-14	Threatt, Emily 2016-present		
Doherty, Meghan 1999-02	- 17 -		
Eichler, Liz 2007-11	Lee, Madison 2011-14		
Reilly, Meghan 2003-06	Kirkpatrick, Christel 1999-02		
Swartwout, Katie 2016-present	Koke, Katie 2006-09		
- 8 -	Pittman, Joy 2010		
Beauduy, Kayla 2008-11	Thomas, Kayla 2015-present		
Couch, Cami 2017-present			

ALL-TIME JERSEY NUMBERS

- 26 -

Carter, Lindsay 2009-12
Gulledge, Kelly 2006
Huhn, Ashley 2008
Owens, Amy 2014-16
Webb, Taylor 2013-16
Withoft, Brandi 2006

- 27 -

Estes, Kelly 2008
Freeman, Elizabeth **2017-present**
Halstrom, McKenzie 2011
Haywood, Emma 2016-present
Kaznowski, Christine 2010
Robertson, Sydney 2007
Salmons, Katie 2009
Wood, Taylor 2013-15

- 28 -

Collins, Jennifer 2011
Dixon, Mary 2014-17
Mardis, Stacey 1999-00

- 29 -

Arquijio, Megan 2011
Caudle, Sheridan 2013-14
Walker, Deyana 2014-17

- 30 -

Caudle, Sheridan 2015-16
Giradi, Kristin 2008
Kuhn, Leigh Ann 2011
Ward, Regan **2017-present**

- 31 -

Coke, Mackenzie 2011-14
Mallon, Courtney 2008-09
Pighini, Isabelle **2017-present**
Sink, Hannah 2015-16

- 32 -

Cunningham, Kerry 2008
Maloney, Shannon 2014-15
Moncrief, Kyla **2016-present**
Weigel, Katie 2011-13

- 33 -

Icen, Natalia 2017-present

- 98 -

Dooley, Sara 2015

- 99 -

Overman, Rebecca 2015